

2009 Ballston Spa Holiday Classic - 12/12/2009
Results - Session 1

Women 18-24 25 Yard Freestyle

Name	Age	Team	Finals Time
1 Coonrod, Meghan E	24	Adirondack Masters-AD	15.59

Women 18-24 50 Yard Freestyle

1 Coonrod, Meghan E	24	Adirondack Masters-AD	32.55
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Women 18-24 25 Yard Breaststroke

1 Coonrod, Meghan E	24	Adirondack Masters-AD	18.25
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Women 18-24 50 Yard Breaststroke

1 Gawrys, Kate	24	Adirondack Masters-AD	45.58
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Women 18-24 100 Yard Breaststroke

1 Gawrys, Kate	24	Adirondack Masters-AD	1:37.29
46.22	51.07		

Women 18-24 25 Yard Butterfly

1 Coonrod, Meghan E	24	Adirondack Masters-AD	15.23
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Women 18-24 100 Yard IM

1 Coonrod, Meghan E	24	Adirondack Masters-AD	1:23.46
37.70	45.76		
2 Gawrys, Kate	24	Adirondack Masters-AD	1:40.57
49.89	50.68		

Women 25-29 50 Yard Freestyle

1 Carstens, Kate M	27	Adirondack Masters-AD	26.66
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Women 25-29 100 Yard Freestyle

1 Carstens, Kate M	27	Adirondack Masters-AD	58.15
27.84	30.31		

Women 30-34 50 Yard Freestyle

1 Goswami, Nicole S	31	New England Masters-NE	31.21
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Women 30-34 100 Yard Freestyle

1 Swan-Scott, Dennie L	34	Adirondack Masters-AD	1:02.99
30.21	32.78		
2 Rixman, Kimbery V	31	Adirondack Masters-AD	1:05.70
31.71	33.99		

Women 30-34 500 Yard Freestyle

1 Swan-Scott, Dennie L	34	Adirondack Masters-AD	6:02.76
32.38	36.00	36.19	36.87
36.47	35.94		37.34
			37.03
			37.31
			37.23

Women 30-34 1000 Yard Freestyle

1 Rixman, Kimbery V	31	Adirondack Masters-AD	13:36.75
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Women 30-34 50 Yard Backstroke

1 Goswami, Nicole S	31	New England Masters-NE	36.61
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Women 30-34 100 Yard Backstroke

1 Swan-Scott, Dennie L	34	Adirondack Masters-AD	1:14.18
36.13	38.05		

Women 30-34 25 Yard Butterfly

1 Goswami, Nicole S	31	New England Masters-NE	14.53
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2009 Ballston Spa Holiday Classic - 12/12/2009
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Women 30-34 50 Yard Butterfly

1 Goswami, Nicole S	31	New England Masters-NE	33.66
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Women 30-34 100 Yard IM

1 Goswami, Nicole S	31	New England Masters-NE	1:19.25
36.27	42.98		

Women 30-34 200 Yard IM

1 Rixman, Kimbery V	31	Adirondack Masters-AD	2:43.41
36.81	42.64	45.85	38.11

Women 35-39 100 Yard Freestyle

1 Fletcher, Alicia M	36	Adirondack Masters-AD	1:03.72
30.32	33.40		

Women 35-39 100 Yard Breaststroke

1 Fletcher, Alicia M	36	Adirondack Masters-AD	1:18.90
37.15	41.75		

Women 35-39 200 Yard IM

1 Fletcher, Alicia M	36	Adirondack Masters-AD	2:39.00
34.19	42.20	45.22	37.39

Women 40-44 25 Yard Freestyle

1 Campbell, Margaret B	42	New England Masters-NE	14.80
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Women 40-44 50 Yard Freestyle

1 Campbell, Margaret B	42	New England Masters-NE	32.91
2 Burhans, Jeanette I	44	New England Masters-NE	51.13

Women 40-44 50 Yard Backstroke

1 Burhans, Jeanette I	44	New England Masters-NE	1:02.53
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Women 40-44 25 Yard Breaststroke

1 Campbell, Margaret B	42	New England Masters-NE	21.23
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Women 40-44 50 Yard Breaststroke

1 Burhans, Jeanette I	44	New England Masters-NE	1:09.34
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Women 40-44 25 Yard Butterfly

1 Campbell, Margaret B	42	New England Masters-NE	17.97
2 Burhans, Jeanette I	44	New England Masters-NE	30.27

Women 40-44 100 Yard IM

1 Burhans, Jeanette I	44	New England Masters-NE	2:15.73
1:04.70	1:11.03		

Women 45-49 50 Yard Freestyle

1 Byer, Karen S	49	Adirondack Masters-AD	30.88
2 Rodgers, Julia	45	Adirondack Masters-AD	31.59
3 Williams, Dee	47	Adirondack Masters-AD	34.99

Women 45-49 100 Yard Freestyle

1 Byer, Karen S	49	Adirondack Masters-AD	1:07.20
32.51	34.69		
2 Rodgers, Julia	45	Adirondack Masters-AD	1:08.56
32.80	35.76		
3 Woods, Melissa	49	Adirondack Masters-AD	1:12.31
35.11	37.20		

2009 Ballston Spa Holiday Classic - 12/12/2009**Results - Session 1****(Women 45-49 100 Yard Freestyle)**

4	Gigliotti, Therese M	46	Adirondack Masters-AD	1:14.55
	36.12 38.43			
5	Williams, Dee	47	Adirondack Masters-AD	1:20.78

Women 45-49 200 Yard Freestyle

1	Gigliotti, Therese M	46	Adirondack Masters-AD	2:41.60
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Women 45-49 25 Yard Backstroke

1	Woods, Melissa	49	Adirondack Masters-AD	20.66
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Women 45-49 100 Yard Backstroke

1	Rodgers, Julia	45	Adirondack Masters-AD	1:26.54
	42.47 44.07			
2	Woods, Melissa	49	Adirondack Masters-AD	1:36.43
	46.96 49.47			

Women 45-49 50 Yard Breaststroke

1	Williams, Dee	47	Adirondack Masters-AD	41.30
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Women 45-49 100 Yard Breaststroke

1	Washburn, Lynette A	46	Adirondack Masters-AD	1:18.47
	36.76 41.71			
2	Williams, Dee	47	Adirondack Masters-AD	1:35.58
	44.92 50.66			
3	Gigliotti, Therese M	46	Adirondack Masters-AD	1:40.33
	47.82 52.51			

Women 45-49 200 Yard Breaststroke

1	Washburn, Lynette A	46	Adirondack Masters-AD	2:52.31
	39.42 43.84 44.31 44.74			

Women 45-49 50 Yard Butterfly

1	Rodgers, Julia	45	Adirondack Masters-AD	34.36
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Women 45-49 100 Yard IM

1	Rodgers, Julia	45	Adirondack Masters-AD	1:22.01
	38.15 43.86			
2	Woods, Melissa	49	Adirondack Masters-AD	1:30.64
	43.80 46.84			
3	Gigliotti, Therese M	46	Adirondack Masters-AD	1:32.78
	48.02 44.76			
4	Williams, Dee	47	Adirondack Masters-AD	1:34.53
	46.93 47.60			

Women 50-54 50 Yard Freestyle

1	Coonrod, Joan M	54	Adirondack Masters-AD	42.85
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Women 50-54 200 Yard Freestyle

1	Roberts, Deborah A	51	Adirondack Masters-AD	2:43.42
	38.52 41.96 42.43 40.51			
2	Coonrod, Joan M	54	Adirondack Masters-AD	3:43.29
	49.39 57.87 1:00.08 55.95			

Women 50-54 500 Yard Freestyle

1	Durkin, Dorothy L	50	Metro Masters Swim Club-MR	7:57.30
	42.50 47.87 48.60 48.06 47.75 48.55 48.28 49.04			
	50.27 46.38			

2009 Ballston Spa Holiday Classic - 12/12/2009**Results - Session 1****(Women 50-54 500 Yard Freestyle)**

2	Coonrod, Joan M	54	Adirondack Masters-AD						9:56.40
	47.66	55.58	1:00.56	1:02.21	1:02.32	1:02.54	1:02.51	1:03.04	
	1:02.02	57.96							

Women 50-54 25 Yard Breaststroke

1	Coonrod, Joan M	54	Adirondack Masters-AD						27.09
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Women 50-54 100 Yard Breaststroke

1	Roberts, Deborah A	51	Adirondack Masters-AD						1:34.78
	45.48	49.30							

Women 50-54 100 Yard IM

1	Durkin, Dorothy L	50	Metro Masters Swim Club-MR						1:42.07
	48.06	54.01							

2	Coonrod, Joan M	54	Adirondack Masters-AD						2:04.97
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Women 50-54 200 Yard IM

1	Durkin, Dorothy L	50	Metro Masters Swim Club-MR						3:32.36
	47.96	56.11	1:02.48	45.81					

Women 70-74 500 Yard Freestyle

1	Griffin, Joan	71	Adirondack Masters-AD						9:38.12
	50.59	55.80	58.39	59.07	58.68	58.92	59.83	59.76	
	59.50	57.58							

Women 70-74 50 Yard Backstroke

1	Griffin, Joan	71	Adirondack Masters-AD						50.27
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Women 70-74 100 Yard Backstroke

1	Griffin, Joan	71	Adirondack Masters-AD						1:46.92
	53.34	53.58							

Women 70-74 50 Yard Breaststroke

1	Griffin, Joan	71	Adirondack Masters-AD						1:05.17
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Women 75-79 25 Yard Freestyle

1	Grimm, Florence H	79	Adirondack Masters-AD						31.95
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Women 75-79 50 Yard Freestyle

1	Grimm, Florence H	79	Adirondack Masters-AD						1:19.01
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2	Engstrom-Heg, Verna	79	Adirondack Masters-AD						1:20.30
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Women 75-79 100 Yard Freestyle

1	Engstrom-Heg, Verna	79	Adirondack Masters-AD						2:59.30
	1:37.00	1:22.30							

Women 75-79 25 Yard Backstroke

1	Grimm, Florence H	79	Adirondack Masters-AD						45.93
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Women 75-79 50 Yard Backstroke

1	Grimm, Florence H	79	Adirondack Masters-AD						1:46.06
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Women 75-79 100 Yard Backstroke

1	Engstrom-Heg, Verna	79	Adirondack Masters-AD						3:39.71
	1:49.17	1:50.54							

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Women 75-79 200 Yard Backstroke

1 Engstrom-Heg, Verna 79 Adirondack Masters-AD 8:08.11
 2:02.00 2:21.00 1:58.00 1:47.11

Women 75-79 50 Yard Breaststroke

1 Grimm, Florence H 79 Adirondack Masters-AD 1:56.29

Men 18-24 50 Yard Freestyle

1 Mottola, Michael C 23 Adirondack Masters-AD 23.30
 2 Kailas, Aesa 22 Adirondack Masters-AD 25.31

Men 18-24 100 Yard Freestyle

1 Mottola, Michael C 23 Adirondack Masters-AD 51.33
 24.54 26.79

Men 18-24 50 Yard Breaststroke

1 Kailas, Aesa 22 Adirondack Masters-AD 32.61

Men 18-24 50 Yard Butterfly

1 Mottola, Michael C 23 Adirondack Masters-AD 25.14
 2 Kailas, Aesa 22 Adirondack Masters-AD 27.79

Men 18-24 100 Yard Butterfly

1 Mottola, Michael C 23 Adirondack Masters-AD 56.51
 26.20 30.31
 2 Asay, Cameron M 24 Adirondack Masters-AD 1:03.04
 28.75 34.29

Men 18-24 400 Yard IM

1 Asay, Cameron M 24 Adirondack Masters-AD 5:29.37
 33.79 41.10 43.12 43.59 47.20 46.78 37.26 36.53

Men 25-29 50 Yard Breaststroke

1 Mahar, Robert 25 Adirondack Masters-AD 31.33

Men 25-29 100 Yard Breaststroke

1 Mahar, Robert 25 Adirondack Masters-AD 1:08.53
 32.31 36.22

Men 25-29 100 Yard IM

1 Mahar, Robert 25 Adirondack Masters-AD 1:04.50

Men 30-34 50 Yard Freestyle

1 Nafus, Matthew E 32 Adirondack Masters-AD 26.36

Men 30-34 100 Yard Freestyle

1 Glogowski, Matthew T 33 Adirondack Masters-AD 55.65
 26.36 29.29
 2 Nafus, Matthew E 32 Adirondack Masters-AD 1:01.64
 28.19 33.45

Men 30-34 100 Yard Backstroke

1 Glogowski, Matthew T 33 Adirondack Masters-AD 1:03.48
 31.06 32.42

Men 30-34 100 Yard IM

1 Glogowski, Matthew T 33 Adirondack Masters-AD 1:04.11
 28.79 35.32

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Results - Session 1

Men 40-44 50 Yard Freestyle

1 Grimmke, Willy F	44 Adirondack Masters-AD	25.90
2 Turecky, Martin	43 Adirondack Masters-AD	26.37

Men 40-44 100 Yard Freestyle

1 Grimmke, Willy F	44 Adirondack Masters-AD	57.41
27.38 30.03		
2 Turecky, Martin	43 Adirondack Masters-AD	59.79
29.44 30.35		

Men 40-44 200 Yard Freestyle

1 Grimmke, Willy F	44 Adirondack Masters-AD	2:16.04
31.92 34.16 35.13	34.83	

Men 40-44 500 Yard Freestyle

1 Dammerman, David	40 Adirondack Masters-AD	5:39.16
29.14 32.60 33.52	34.19 34.57 35.01 35.18 35.49	
35.29 34.17		

Men 40-44 100 Yard Backstroke

1 Klipp, Jondavid	43 Fish Masters-MR	1:13.07
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Men 40-44 100 Yard Breaststroke

1 Grimmke, Willy F	44 Adirondack Masters-AD	1:13.90
35.52 38.38		
2 Turecky, Martin	43 Adirondack Masters-AD	1:15.54
36.25 39.29		

Men 40-44 200 Yard Breaststroke

1 Grimmke, Willy F	44 Adirondack Masters-AD	2:48.49
38.81 43.43 43.11	43.14	

Men 40-44 50 Yard Butterfly

1 Turecky, Martin	43 Adirondack Masters-AD	29.65
2 Klipp, Jondavid	43 Fish Masters-MR	32.43

Men 40-44 100 Yard Butterfly

1 Klipp, Jondavid	43 Fish Masters-MR	1:13.42
34.86 38.56		

Men 40-44 200 Yard IM

1 Dammerman, David	40 Adirondack Masters-AD	2:20.05
28.80 35.86 40.91	34.48	

Men 40-44 400 Yard IM

1 Dammerman, David	40 Adirondack Masters-AD	5:23.32
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Men 45-49 100 Yard Freestyle

1 Starace, Richard L	46 Adirondack Masters-AD	1:03.29
30.46 32.83		

Men 45-49 200 Yard Freestyle

1 Starace, Richard L	46 Adirondack Masters-AD	2:17.54
32.23 34.58 35.85	34.88	

Men 45-49 500 Yard Freestyle

1 Starace, Richard L	46 Adirondack Masters-AD	6:06.25
33.68 36.54 37.49	37.55 37.30 37.33 37.23 36.89	
36.66 35.58		

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Men 45-49 1650 Yard Freestyle

1 Atkins, Steven L	46 Adirondack Masters-AD	19:44.14
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Men 45-49 200 Yard Breaststroke

1 Atkins, Steven L	46 Adirondack Masters-AD	2:45.90
39.00 42.34 42.56	42.00	

Men 45-49 25 Yard Butterfly

1 Starace, Richard L	46 Adirondack Masters-AD	14.27
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Men 45-49 200 Yard IM

1 Atkins, Steven L	46 Adirondack Masters-AD	2:20.85
29.75 37.42 42.99	30.69	

Men 50-54 25 Yard Freestyle

1 Carvotta, Thomas L	54 Adirondack Masters-AD	12.17
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Men 50-54 50 Yard Freestyle

1 Wall, Dan	54 Adirondack Masters-AD	24.84
2 Carvotta, Thomas L	54 Adirondack Masters-AD	26.76

Men 50-54 100 Yard Freestyle

1 Wall, Dan	54 Adirondack Masters-AD	53.53
25.91 27.62		
2 Riordan, Joseph P	50 Adirondack Masters-AD	56.38
27.31 29.07		
3 O'Shea, James M	51 Adirondack Masters-AD	1:10.17
33.52 36.65		
4 Taber, Mike	52 Adirondack Masters-AD	1:11.37
31.46 39.91		

Men 50-54 200 Yard Freestyle

1 Wall, Dan	54 Adirondack Masters-AD	2:02.66
28.73 31.54 31.32	31.07	
2 O'Shea, James M	51 Adirondack Masters-AD	2:33.79
35.41 39.17 40.07	39.14	

Men 50-54 500 Yard Freestyle

1 Riordan, Joseph P	50 Adirondack Masters-AD	5:52.03
33.05 35.34 35.84	36.14 36.91 36.27 35.33 35.50	
34.22 33.43		

Men 50-54 1000 Yard Freestyle

1 O'Shea, James M	51 Adirondack Masters-AD	13:50.31
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Men 50-54 25 Yard Breaststroke

1 Carvotta, Thomas L	54 Adirondack Masters-AD	14.74
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Men 50-54 50 Yard Breaststroke

1 Carvotta, Thomas L	54 Adirondack Masters-AD	33.17
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Men 50-54 100 Yard Breaststroke

1 Wall, Dan	54 Adirondack Masters-AD	1:07.89
32.14 35.75		
2 Taber, Mike	52 Adirondack Masters-AD	1:33.09
43.20 49.89		

2009 Ballston Spa Holiday Classic - 12/12/2009**Results - Session 1****Men 50-54 100 Yard Butterfly**

1 O'Shea, James M	51 Adirondack Masters-AD	1:20.76
35.86 44.90		

Men 50-54 100 Yard IM

1 Taber, Mike	52 Adirondack Masters-AD	1:22.20
37.87 44.33		

Men 50-54 200 Yard IM

1 Riordan, Joseph P	50 Adirondack Masters-AD	2:35.94
33.18 43.04 47.32	32.40	

Men 55-59 50 Yard Freestyle

1 Packard, Dennis	55 Adirondack Masters-AD	27.73
2 Hobbs, Gary W	59 Adirondack Masters-AD	29.73
3 Dickson, Todd H	56 Adirondack Masters-AD	31.65

Men 55-59 100 Yard Freestyle

1 Hobbs, Gary W	59 Adirondack Masters-AD	1:06.74
32.93 33.81		
2 Dickson, Todd H	56 Adirondack Masters-AD	1:11.88
1:11.88		

Men 55-59 200 Yard Freestyle

1 Hobbs, Gary W	59 Adirondack Masters-AD	2:28.64
34.29 37.71 38.93	37.71	

Men 55-59 500 Yard Freestyle

1 Hobbs, Gary W	59 Adirondack Masters-AD	6:37.17
37.68 28.11 51.02	33.79 21.42 1:01.13 46.76 48.09	
41.00 28.17		
2 Dickson, Todd H	56 Adirondack Masters-AD	8:01.44
39.50 40.58 48.51	45.41 44.94 51.13 50.86 54.08	
20.35 1:26.08		

Men 55-59 50 Yard Backstroke

1 Packard, Dennis	55 Adirondack Masters-AD	33.51
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Men 55-59 100 Yard Backstroke

1 Packard, Dennis	55 Adirondack Masters-AD	1:14.53
36.19 38.34		

Men 60-64 50 Yard Freestyle

1 Singer, Robert	60 Adirondack Masters-AD	34.89
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Men 60-64 100 Yard Freestyle

1 Singer, Robert	60 Adirondack Masters-AD	1:18.68
38.11 40.57		

Men 65-69 25 Yard Freestyle

1 Mosny, Daniel	67 Adirondack Masters-AD	15.16
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Men 65-69 50 Yard Freestyle

1 Mosny, Daniel	67 Adirondack Masters-AD	35.41
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Men 65-69 100 Yard Freestyle

1 Mosny, Daniel	67 Adirondack Masters-AD	1:33.33
41.40 51.93		

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Men 65-69 500 Yard Freestyle

1	Koop, Douglas A	68	Adirondack Masters-AD						8:34.97
	43.25 47.67 50.15	48.67	50.09	51.11	1:38.77	51.33			
	49.52 24.41								

Men 65-69 1650 Yard Freestyle

1	Koop, Douglas A	68	Adirondack Masters-AD						28:47.60
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Men 65-69 25 Yard Backstroke

1	Mosny, Daniel	67	Adirondack Masters-AD						20.26
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Men 65-69 50 Yard Backstroke

1	Mosny, Daniel	67	Adirondack Masters-AD						56.97
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Men 65-69 100 Yard Butterfly

1	Koop, Douglas A	68	Adirondack Masters-AD						1:39.43
	53.00 46.43								

Men 65-69 200 Yard Butterfly

1	Koop, Douglas A	68	Adirondack Masters-AD						3:32.92
	46.78 54.63 55.84	55.67							

Men 65-69 400 Yard IM

1	Koop, Douglas A	68	Adirondack Masters-AD						7:38.76
	50.53 59.16 59.32	59.42	1:02.20	1:02.59	53.70	51.84			

Men 70-74 25 Yard Freestyle

1	Hurley, John T	72	Adirondack Masters-AD						25.74
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Men 70-74 50 Yard Freestyle

1	Blance, Bill	72	Adirondack Masters-AD						44.05
2	Hurley, John T	72	Adirondack Masters-AD						59.48

Men 70-74 100 Yard Freestyle

1	Blance, Bill	72	Adirondack Masters-AD						1:40.72
	48.76 51.96								
2	Hurley, John T	72	Adirondack Masters-AD						2:23.05
	1:05.21 1:17.84								

Men 70-74 200 Yard Freestyle

1	Blance, Bill	72	Adirondack Masters-AD						3:59.11
	52.59 57.98 1:02.24	1:06.30							

Men 70-74 25 Yard Backstroke

1	Blance, Bill	72	Adirondack Masters-AD						24.28
2	Hurley, John T	72	Adirondack Masters-AD						39.22

Men 70-74 25 Yard Butterfly

---	Blance, Bill	72	Adirondack Masters-AD						DQ
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Mixed 18+ 200 Yard Freestyle Relay

1	Adirondack Masters-AD	A							1:39.31
	1) Glogowski, Matthew T M33	2) Nafus, Matthew E M32	3) Asay, Cameron M M24	4) Mottola, Michael C M23					
	25.45 25.96 25.12	22.78							
2	Adirondack Masters-AD	C							1:51.68
	1) Dammerman, David M40	2) Grimmke, Willy F M44	3) Starace, Richard L M46	4) Woods, Melissa W49					
	26.21 25.01 32.29	28.17							

2009 Ballston Spa Holiday Classic - 12/12/2009**Results - Session 1****(Mixed 18+ 200 Yard Freestyle Relay)**

3 Adirondack Masters-AD	D		1:53.19
1) Carstens, Kate M W27	2) Riordan, Joseph P M50	3) Rodgers, Julia W45	4) Byer, Karen S W49
26.20 25.47 31.10	30.42		
4 Adirondack Masters-AD	B		2:04.40
1) Swan-Scott, Dennie L W34	2) Roberts, Deborah A W51	3) Mahar, Robert M25	4) Singer, Robert M60
39.00 28.00 31.69	25.71		

Mixed 18+ 200 Yard Medley Relay

1 Adirondack Masters-AD	A		1:54.74
1) Glogowski, Matthew T M33	2) Nafus, Matthew E M32	3) Mottola, Michael C M23	4) Asay, Cameron M M24
30.30 34.33 25.03	25.08		
2 Adirondack Masters-AD	D		1:56.60
1) Carstens, Kate M W27	2) Grimmke, Willy F M44	3) Dammerman, David M40	4) Riordan, Joseph P M50
31.27 33.04 26.54	25.75		
3 Adirondack Masters-AD	B		2:23.18
1) Swan-Scott, Dennie L W34	2) Roberts, Deborah A W51	3) Mahar, Robert M25	4) Singer, Robert M60
35.48 43.10 29.37	35.23		
4 Adirondack Masters-AD	C		2:29.84
1) Woods, Melissa W49	2) Byer, Karen S W49	3) Starace, Richard L M46	4) Rodgers, Julia W45