

2024 Spring Fling SCY Masters - 4/13/2024

Results - Spring Fling Masters

Event 1 Women 40-44 500 Yard Freestyle

1	LaPierre, Megan	42	UC03	7:23.25
	36.86	41.27	43.65	46.01
	46.20	46.71	46.82	46.21
	45.57	43.95		

Event 1 Women 55-59 500 Yard Freestyle

1	McCarty, Karen	55	UC03	7:42.82
	39.20	42.28	44.85	46.70
	47.45	48.20	48.82	48.73
	48.30	48.29		

Event 1 Men 25-29 500 Yard Freestyle

1	Sinnenberg, Nick	26	Adirondack Maste-3	5:32.82
	30.24	32.69	33.79	33.85
	34.37	34.32	33.29	33.70
	33.50	33.07		

Event 1 Men 30-34 500 Yard Freestyle

1	Wolin, Joshua	34	UC03	6:47.40
	37.06	40.33	42.03	41.56
	41.92	41.45	41.46	41.44
	41.18	38.97		

Event 1 Men 45-49 500 Yard Freestyle

1	Glogowski, Matthew	47	Adirondack Maste-3	6:20.68
	33.62	37.27	37.86	38.75
	38.44	38.87	39.26	39.09
	39.14	38.38		

Event 1 Men 55-59 500 Yard Freestyle

1	Emeka, Amon	55	Adirondack Maste-3	5:35.50
	31.13	33.58	34.27	34.47
	34.13	33.97	34.57	33.36
	33.46	32.56		

Event 1 Men 60-64 500 Yard Freestyle

1	Starace, Richard	60	Adirondack Maste-3	6:46.54
	37.03	39.76	41.26	41.45
	41.66	41.71	41.73	41.48
	40.59	39.87		

Event 1 Men 65-69 500 Yard Freestyle

1	Taetzsch, Michael	68	Adirondack Maste-3	6:45.29
	35.54	39.22	41.30	42.16
	42.31	41.56	41.56	42.12
	41.41	38.11		

Event 1 Men 80-84 500 Yard Freestyle

1	Koop, Douglas	82	Adirondack Maste-3	10:36.69
	57.41	1:02.15	1:03.85	1:05.12
	2:09.99	2:11.78	1:04.37	1:02.02

Event 2 Women 18-24 100 Yard IM

1	Dearing, Abbigale	24	Westfield YMCA W-2	1:29.88
	40.95	48.93		

Event 2 Women 25-29 100 Yard IM

1	Kane, Erin	27	Adirondack Maste-3	1:07.26
	30.73	36.53		
2	Davenport, Maggie	27	UC03	1:11.04
	33.54	37.50		

Event 2 Women 45-49 100 Yard IM

1	Roe-Dale, Rachel	46	Adirondack Maste-3	1:24.79
	40.53	44.26		

Event 2 Women 50-54 100 Yard IM

1	Insley, Kathleen	50	UC03	1:32.55
	43.22	49.33		

Event 2 Women 60-64 100 Yard IM

1	Byer, Karen	64	Adirondack Maste-3	1:26.74
	43.03	43.71		

Event 2 Men 30-34 100 Yard IM

1	Distler, Matthew	31	Nickel City Spla-4	1:00.15
	28.09	32.06		
2	Nichols, Tyler	30	UC03	1:02.00
	29.85	32.15		

Event 2 Men 40-44 100 Yard IM

1	Shanley, Rick	44	Connecticut Mast-5	1:10.60
	32.16	38.44		

Event 2 Men 50-54 100 Yard IM

1	Kennedy, Patrick	51	YMCA of Greenwic-5	1:11.90
	34.53	37.37		

Event 2 Men 60-64 100 Yard IM

1	Atkins, Steven	61	Adirondack Maste-3	1:11.08
	32.77	38.31		

Event 3 Women 25-29 50 Yard Freestyle

1	Davenport, Maggie	27	UC03	28.77
2	Robibero, Nicki	27	UC03	29.74

Event 3 Women 40-44 50 Yard Freestyle

1	LaPierre, Megan	42	UC03	32.92
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Event 3 Women 60-64 50 Yard Freestyle

1	Hassan, Marianne	60	Adirondack Maste-3	31.73
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Event 3 Women 65-69 50 Yard Freestyle

1	Meany, Kathleen	67	Adirondack Maste-3	46.99
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Event 3 Men 25-29 50 Yard Freestyle

1	Litovsky, Leo	25	Adirondack Maste-3	24.27
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Event 3 Men 30-34 50 Yard Freestyle

1	Distler, Matthew	31	Nickel City Spla-4	23.64
2	Craska, Kyle	32	Adirondack Maste-3	26.37

Event 3 Men 40-44 50 Yard Freestyle

1	Donnaruma, Colin	43	Adirondack Maste-3	32.03
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Event 3 Men 45-49 50 Yard Freestyle

1	Andre, Kris	47	Adirondack Maste-3	23.82
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Event 3 Men 50-54 50 Yard Freestyle

1	LaBella, Vincent	53	UC03	27.97
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Event 3 Men 55-59 50 Yard Freestyle

1	Sparks, Chris	56	Westfield YMCA W-2	31.85
2	Shadlock, Steve	59	Adirondack Maste-3	33.26

Event 3 Men 60-64 50 Yard Freestyle

1	Ahern, Kevin	64	Adirondack Maste-3	27.44
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2024 Spring Fling SCY Masters - 4/13/2024

Results - Spring Fling Masters

Event 3 Men 65-69 50 Yard Freestyle

1	Greenberg, Russell	67	Connecticut Mast-5	30.56
2	Muenkel, Robert	65	Hudson Valley Do-6	38.36

Event 3 Men 70-74 50 Yard Freestyle

1	Kline, Roy	71	Adirondack Maste-3	29.95
2	RyanMann, Duncan	71	New England Mast-2	32.76

Event 4 Women 25-29 50 Yard Breaststroke

1	Robibero, Nicki	27	UC03	37.33
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Event 4 Women 50-54 50 Yard Breaststroke

1	Insley, Kathleen	50	UC03	47.92
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Event 4 Women 65-69 50 Yard Breaststroke

1	Meany, Kathleen	67	Adirondack Maste-3	59.55
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Event 4 Men 25-29 50 Yard Breaststroke

1	Serrano Laguna, Manuel	28	New England Mast-2	28.07
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Event 4 Men 50-54 50 Yard Breaststroke

1	Kennedy, Patrick	51	YMCA of Greenwic-5	31.29
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Event 4 Men 60-64 50 Yard Breaststroke

1	Seaton, Dale	60	Adirondack Maste-3	36.33
2	Johnson, Eric	60	New England Mast-2	37.96

Event 5 Women 18-24 100 Yard Backstroke

1	Dearing, Abbigale	24	Westfield YMCA W-2	1:36.79
	44.51	52.28		

Event 5 Women 45-49 100 Yard Backstroke

1	Roe-Dale, Rachel	46	Adirondack Maste-3	1:23.73
	42.13	41.60		

Event 5 Women 60-64 100 Yard Backstroke

1	Byer, Karen	64	Adirondack Maste-3	1:28.62
	44.61	44.01		

Event 5 Men 45-49 100 Yard Backstroke

1	Andre, Kris	47	Adirondack Maste-3	1:09.56
	33.37	36.19		

Event 5 Men 55-59 100 Yard Backstroke

1	Anthos, Ed	56	New England Mast-2	1:03.50
	30.87	32.63		
2	Dollard, Brian	59	Adirondack Maste-3	1:23.45
	41.31	42.14		
3	Sparks, Chris	56	Westfield YMCA W-2	1:26.11
	42.48	43.63		

Event 5 Men 65-69 100 Yard Backstroke

1	Muenkel, Robert	65	Hudson Valley Do-6	1:45.83
	48.26	57.57		

Event 5 Men 70-74 100 Yard Backstroke

1	RyanMann, Duncan	71	New England Mast-2	1:30.97
	46.09	44.88		

Event 6 Men 25-29 100 Yard Butterfly

1	Conway, Joseph	26	Adirondack Maste-3	1:00.63
	27.61	33.02		

Event 6 Men 35-39 100 Yard Butterfly

1	Barillas, Alex	35	UC03	59.76
	27.76	32.00		

Event 7 Mixed 25+ 200 Yard Freestyle Relay

1	Adirondack Maste-3	A		2:07.81
	1) Sinnenberg, Nick M26	2) Roe-Dale, Rachel W46		
	3) Woods, Melissa W63	4) Conway, Joseph M26		
	27.40	33.86	39.15	27.40

Event 7 Mixed 55+ 200 Yard Freestyle Relay

1	Adirondack Maste-3	A		1:55.69
	1) Taetzsch, Michael M68	2) Canty, Dan M56		
	3) Ahern, Kevin M64	4) Kirsch, Michael M58		
	32.39	27.70	27.04	28.56

Event 8 Mixed 45+ 400 Yard Medley Relay

1	Adirondack Maste-3	A		4:29.15
	1) Glogowski, Matthew M47	2) Emeka, Amon M55		
	3) Canty, Dan M56	4) Atkins, Steven M61		
	34.38	1:09.88	34.50	1:12.12
	31.09	1:05.14	29.74	1:02.01

Event 9 Women 18-24 50 Yard Butterfly

1	Dearing, Abbigale	24	Westfield YMCA W-2	41.26
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Event 9 Women 25-29 50 Yard Butterfly

1	Davenport, Maggie	27	UC03	32.60
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Event 9 Women 40-44 50 Yard Butterfly

1	LaPierre, Megan	42	UC03	40.51
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Event 9 Women 50-54 50 Yard Butterfly

1	Insley, Kathleen	50	UC03	42.14
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Event 9 Men 30-34 50 Yard Butterfly

1	Craska, Kyle	32	Adirondack Maste-3	28.72
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Event 9 Men 40-44 50 Yard Butterfly

1	Shanley, Rick	44	Connecticut Mast-5	29.22
2	Donnaruma, Colin	43	Adirondack Maste-3	36.42

Event 9 Men 45-49 50 Yard Butterfly

1	Andre, Kris	47	Adirondack Maste-3	33.61
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Event 9 Men 50-54 50 Yard Butterfly

1	LaBella, Vincent	53	UC03	30.35
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Event 9 Men 60-64 50 Yard Butterfly

1	Johnson, Eric	60	New England Mast-2	31.09
2	Atkins, Steven	61	Adirondack Maste-3	31.36
3	Ahern, Kevin	64	Adirondack Maste-3	31.65

Event 9 Men 65-69 50 Yard Butterfly

1	Greenberg, Russell	67	Connecticut Mast-5	33.00
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Event 9 Men 70-74 50 Yard Butterfly

1	Kline, Roy	71	Adirondack Maste-3	36.63
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Event 10 Women 25-29 100 Yard Breaststroke

1	Kane, Erin	27	Adirondack Maste-3	1:16.32
	35.97	40.35		
2	Robibero, Nicki	27	UC03	1:20.78
	38.20	42.58		

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Event 10 Women 40-44 100 Yard Breaststroke

1	Diggory, Parker	41	UC03	1:33.04
	43.31	49.73		

Event 10 Men 25-29 100 Yard Breaststroke

1	Serrano Laguna, Manuel	28	New England Mast-2	1:01.82
	29.09	32.73		
2	Litovsky, Leo	25	Adirondack Maste-3	1:10.70
	33.06	37.64		
3	Conway, Joseph	26	Adirondack Maste-3	1:11.39
	32.93	38.46		

Event 10 Men 30-34 100 Yard Breaststroke

1	Nichols, Tyler	30	UC03	1:08.41
	32.37	36.04		
2	Distler, Matthew	31	Nickel City Spla-4	1:10.13
	32.93	37.20		
3	Wolin, Joshua	34	UC03	1:27.40
	41.88	45.52		

Event 10 Men 35-39 100 Yard Breaststroke

1	Barillas, Alex	35	UC03	1:07.91
	32.92	34.99		

Event 10 Men 40-44 100 Yard Breaststroke

1	Shanley, Rick	44	Connecticut Mast-5	1:25.11
	39.96	45.15		

Event 10 Men 55-59 100 Yard Breaststroke

1	Kirsch, Michael	58	Adirondack Maste-3	1:15.89
	36.38	39.51		
2	Dollard, Brian	59	Adirondack Maste-3	1:26.09
	41.75	44.34		
3	Shadlock, Steve	59	Adirondack Maste-3	1:35.92
	44.92	51.00		

Event 10 Men 60-64 100 Yard Breaststroke

1	Seaton, Dale	60	Adirondack Maste-3	1:20.84
	39.52	41.32		

Event 10 Men 65-69 100 Yard Breaststroke

1	Muenkel, Robert	65	Hudson Valley Do-6	1:58.69
	53.93	1:04.76		

Event 11 Women 25-29 400 Yard IM

1	Brown, Abigail	29	Adirondack Maste-3	5:10.50
	31.77	35.54	41.87	40.14
	42.81	43.62	38.13	36.62

Event 11 Men 55-59 400 Yard IM

1	Canty, Dan	56	Adirondack Maste-3	5:12.99
	32.14	35.64	42.06	41.13
	46.81	47.11	34.74	33.36

Event 12 Mixed 55+ 400 Yard Freestyle Relay

1	Adirondack Maste-3	A		4:58.55
	1) Byer, Karen W64	2) Starace, Richard M60		
	3) Woods, Melissa W63	4) Ahern, Kevin M64		
	35.17	1:12.45	37.07	1:16.55
	17.63	41.40	44.45	1:48.15

Event 13 Women 18-24 200 Yard IM

1	Dearing, Abbigale	24	Westfield YMCA W-2	3:26.87
	45.05	52.40	58.43	50.99

Event 13 Women 60-64 200 Yard IM

1	Hassan, Marianne	60	Adirondack Maste-3	2:57.35
	36.89	44.39	54.19	41.88

Event 13 Men 30-34 200 Yard IM

1	Distler, Matthew	31	Nickel City Spla-4	2:14.49
	29.05	34.77	39.60	31.07
2	Craska, Kyle	32	Adirondack Maste-3	2:36.43
	29.78	39.06	49.45	38.14

Event 13 Men 40-44 200 Yard IM

1	Shanley, Rick	44	Connecticut Mast-5	2:43.05
	32.64	41.59	50.87	37.95

Event 13 Men 45-49 200 Yard IM

1	Glogowski, Matthew	47	Adirondack Maste-3	2:37.30
	34.57	39.38	47.17	36.18

Event 13 Men 55-59 200 Yard IM

1	Kirsch, Michael	58	Adirondack Maste-3	2:40.55
	34.88	46.09	42.30	37.28

Event 13 Men 60-64 200 Yard IM

1	Atkins, Steven	61	Adirondack Maste-3	2:33.89
	33.29	39.89	47.44	33.27
2	Starace, Richard	60	Adirondack Maste-3	3:11.09
	45.18	50.16	55.92	39.83

Event 13 Men 70-74 200 Yard IM

1	Kline, Roy	71	Adirondack Maste-3	2:58.33
	39.78	47.58	52.71	38.26

Event 14 Women 25-29 50 Yard Backstroke

1	Davenport, Maggie	27	UC03	34.23
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Event 14 Women 45-49 50 Yard Backstroke

1	Roe-Dale, Rachel	46	Adirondack Maste-3	39.27
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Event 14 Women 60-64 50 Yard Backstroke

1	Woods, Melissa	63	Adirondack Maste-3	51.69
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Event 14 Men 45-49 50 Yard Backstroke

1	Andre, Kris	47	Adirondack Maste-3	27.92
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Event 14 Men 55-59 50 Yard Backstroke

1	Sparks, Chris	56	Westfield YMCA W-2	36.26
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Event 14 Men 65-69 50 Yard Backstroke

1	Muenkel, Robert	65	Hudson Valley Do-6	46.88
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Event 14 Men 70-74 50 Yard Backstroke

1	RyanMann, Duncan	71	New England Mast-2	39.12
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Event 15 Women 18-24 200 Yard Freestyle

1	Dearing, Abbigale	24	Westfield YMCA W-2	3:13.40
	43.02	49.46	50.98	49.94

Event 15 Women 25-29 200 Yard Freestyle

1	Kane, Erin	27	Adirondack Maste-3	2:15.59
	30.68	34.74	35.52	34.65

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Event 15 Women 55-59 200 Yard Freestyle

1	McCarty, Karen	55	UC03	2:48.98
	36.58	42.29	44.68	45.43

Event 15 Women 60-64 200 Yard Freestyle

1	Byer, Karen	64	Adirondack Maste-3	2:34.62
	36.59	38.80	39.95	39.28

Event 15 Women 65-69 200 Yard Freestyle

1	Meany, Kathleen	67	Adirondack Maste-3	3:57.69
	55.95	58.90	1:01.57	1:01.27

Event 15 Men 30-34 200 Yard Freestyle

1	Nichols, Tyler	30	UC03	2:05.44
	28.89	31.74	32.37	32.44
2	Wolin, Joshua	34	UC03	2:26.76
	33.03	36.45	39.11	38.17

Event 15 Men 50-54 200 Yard Freestyle

1	LaBella, Vincent	53	UC03	2:16.48
	31.17	33.94	36.30	35.07

Event 15 Men 60-64 200 Yard Freestyle

1	Starace, Richard	60	Adirondack Maste-3	2:33.87
	35.90	39.09	39.67	39.21

Event 15 Men 65-69 200 Yard Freestyle

1	Taetzsch, Michael	68	Adirondack Maste-3	2:32.52
	35.08	38.78	40.34	38.32

Event 15 Men 80-84 200 Yard Freestyle

1	Koop, Douglas	82	Adirondack Maste-3	3:52.02
	54.00			55.79

Event 16 Women 25-29 200 Yard Breaststroke

1	Robibero, Nicki	27	UC03	2:56.94
	39.94	46.02	46.35	44.63

Event 16 Men 25-29 200 Yard Breaststroke

1	Serrano Laguna, Manuel	28	New England Mast-2	2:19.95
	31.08	35.03	37.34	36.50

Event 16 Men 50-54 200 Yard Breaststroke

1	Kennedy, Patrick	51	YMCA of Greenwic-5	2:33.70
	35.42	38.96	39.64	39.68

Event 16 Men 55-59 200 Yard Breaststroke

1	Emeka, Amon	55	Adirondack Maste-3	2:36.29
	36.04	40.06	39.90	40.29
2	Kirsch, Michael	58	Adirondack Maste-3	2:56.55
	38.89	43.99	47.04	46.63

Event 16 Men 60-64 200 Yard Breaststroke

1	Atkins, Steven	61	Adirondack Maste-3	3:00.01
	42.82	45.78	45.89	45.52
2	Seaton, Dale	60	Adirondack Maste-3	3:03.90
	41.86	47.45	49.02	45.57
3	Johnson, Eric	60	New England Mast-2	3:05.03
	42.49	47.18	48.11	47.25

Event 17 Mixed 25+ 200 Yard Medley Relay

1	Adirondack Maste-3	A	1:59.70
	1) Sinnenberg, Nick M26	2) Litovsky, Leo M25	
	3) Conway, Joseph M26	4) Russell, Tim M34	
	32.22	30.23	28.69
			28.56

Event 17 Mixed 45+ 200 Yard Medley Relay

1	Adirondack Maste-3	A	2:16.13
	1) Roe-Dale, Rachel W46	2) Emeka, Amon M55	
	3) Glogowski, Matthew M47	4) Byer, Karen W64	
	39.55	32.80	31.12
			32.66

Event 18 Women 45-49 200 Yard Backstroke

1	Roe-Dale, Rachel	46	Adirondack Maste-3	2:57.70
	42.88	44.27	45.97	44.58

Event 18 Women 60-64 200 Yard Backstroke

1	Hassan, Marianne	60	Adirondack Maste-3	3:01.91
	44.50	44.38	46.37	46.66

Event 18 Men 30-34 200 Yard Backstroke

1	Distler, Matthew	31	Nickel City Spla-4	2:16.54
	32.20	34.87	35.38	34.09

Event 19 Women 25-29 200 Yard Butterfly

1	Brown, Abigail	29	Adirondack Maste-3	2:20.21
	31.89	35.42	36.78	36.12

Event 19 Men 55-59 200 Yard Butterfly

1	Canty, Dan	56	Adirondack Maste-3	2:24.65
	32.51	35.96	37.66	38.52

Event 20 Women 18-24 100 Yard Freestyle

1	Dearing, Abbigale	24	Westfield YMCA W-2	1:22.62
	38.29	44.33		

Event 20 Women 25-29 100 Yard Freestyle

1	Kane, Erin	27	Adirondack Maste-3	1:00.40
	28.91	31.49		
2	Davenport, Maggie	27	UC03	1:03.03
	30.41	32.62		

Event 20 Women 40-44 100 Yard Freestyle

1	LaPierre, Megan	42	UC03	1:15.00
	35.34	39.66		

Event 20 Women 50-54 100 Yard Freestyle

1	Insley, Kathleen	50	UC03	1:21.93
	38.03	43.90		

Event 20 Women 55-59 100 Yard Freestyle

1	McCarty, Karen	55	UC03	1:15.36
	36.06	39.30		

Event 20 Women 60-64 100 Yard Freestyle

1	Byer, Karen	64	Adirondack Maste-3	1:11.56
	34.72	36.84		
2	Woods, Melissa	63	Adirondack Maste-3	1:25.23
	41.89	43.34		

Event 20 Women 65-69 100 Yard Freestyle

1	Meany, Kathleen	67	Adirondack Maste-3	1:46.63
	50.07	56.56		

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Results - Spring Fling Masters

Event 20 Men 25-29 100 Yard Freestyle

1	Serrano Laguna, Manuel	28	New England Mast-2	51.14
	25.04	26.10		
2	Litovsky, Leo	25	Adirondack Maste-3	56.75
	26.99	29.76		

Event 20 Men 30-34 100 Yard Freestyle

1	Craska, Kyle	32	Adirondack Maste-3	58.94
	27.96	30.98		

Event 20 Men 40-44 100 Yard Freestyle

1	Shanley, Rick	44	Connecticut Mast-5	1:01.60
	29.63	31.97		
2	Donnaruma, Colin	43	Adirondack Maste-3	1:10.56
	33.66	36.90		

Event 20 Men 45-49 100 Yard Freestyle

1	Andre, Kris	47	Adirondack Maste-3	55.89
	26.34	29.55		

Event 20 Men 50-54 100 Yard Freestyle

1	LaBella, Vincent	53	UC03	1:00.86
	29.82	31.04		

Event 20 Men 55-59 100 Yard Freestyle

1	Dollard, Brian	59	Adirondack Maste-3	1:09.39
	32.51	36.88		
2	Shadlock, Steve	59	Adirondack Maste-3	1:15.99
	34.90	41.09		

Event 20 Men 65-69 100 Yard Freestyle

1	Greenberg, Russell	67	Connecticut Mast-5	1:07.17
	32.22	34.95		
2	Taetzsch, Michael	68	Adirondack Maste-3	1:09.50
	34.22	35.28		
3	Muenkel, Robert	65	Hudson Valley Do-6	1:25.32
	41.14	44.18		

Event 20 Men 70-74 100 Yard Freestyle

1	RyanMann, Duncan	71	New England Mast-2	1:15.70
	37.23	38.47		

Event 21 Mixed 45+ 800 Yard Freestyle Relay

1	Adirondack Maste-3	A	9:20.40
	1) Atkins, Steven M61	2) Glogowski, Matthew M47	
	3) Canty, Dan M56	4) Kirsch, Michael M58	
	34.65	1:10.16	1:45.54
	31.67	1:07.74	1:44.86
	30.38	1:04.42	1:39.40
	31.57	1:07.02	1:45.62
			2:19.16
			2:21.86
			2:13.69
			2:25.69

Event 21 Mixed 55+ 800 Yard Freestyle Relay

1	Adirondack Maste-3	A	10:53.63
	1) Byer, Karen W64	2) Taetzsch, Michael M68	
	3) Woods, Melissa W63	4) Starace, Richard M60	
	36.51	1:16.52	1:57.37
	35.22	1:13.80	1:54.85
	15.52	42.08	1:28.22
	47.09	1:23.74	2:05.05
			2:37.99
			2:32.65
			2:15.93
			3:27.06

Event 22 Men 80-84 1000 Yard Freestyle

1	Koop, Douglas	82	Adirondack Maste-3	21:43.27
	1:02.16	3:18.95	2:13.52	1:06.18
	3:17.45	1:05.71	1:06.58	1:06.22
	1:05.06	1:04.58	5:16.86	

Event 23 Men 25-29 1650 Yard Freestyle

1	Sinnenberg, Nick	26	Adirondack Maste-3	18:59.12
	31.66	34.08	35.42	36.08
	35.72	34.71	35.45	36.17
	35.41	34.64	34.16	34.65
	35.02	34.52	34.60	34.72
	34.64	34.45	34.60	34.57
	34.46	34.37	34.55	34.59
	34.52	34.51	34.36	34.18
	34.39	33.78	33.80	33.76
				32.58

Event 23 Men 30-34 1650 Yard Freestyle

1	Russell, Tim	34	Adirondack Maste-3	19:56.11
	33.01	35.36	35.61	35.86
	35.97	36.01	36.24	36.31
	36.34	36.20	36.32	36.13
	36.16	36.35	36.25	36.33
	36.35	36.34	36.19	36.48
	36.45	36.50	36.55	36.92
	37.24	36.84	36.88	36.79
	37.13	36.41	36.72	36.32
				35.55
2	Szmul, Anthony	31	Adirondack Maste-3	20:49.96
	31.47	34.22	35.85	36.80
	36.44	36.97	37.95	38.52
	38.39	38.25	38.27	38.73
	39.01	38.08	38.81	38.35
	38.13	38.70	39.03	39.82
	38.90	38.66	38.72	38.63
	39.47	38.93	39.86	39.42
	38.53	38.19	37.01	37.24
				34.61

Event 23 Men 55-59 1650 Yard Freestyle

1	Canty, Dan	56	Adirondack Maste-3	20:26.74
	32.30	34.74	35.55	36.68
	35.92	36.80	36.85	36.75
	37.25	37.71	37.73	37.18
	37.35	37.86	37.66	37.78
	38.43	36.72	35.64	38.95
	38.12	38.10	38.23	37.91
	38.05	38.24	37.79	37.45
	36.78	38.72	38.29	36.53
				36.68