

2007 Ballston Spa Holiday Classic - 12/8/07**Results - Session 1****Women 25-29 50 Yard Freestyle**

Name	Age	Team	Finals Time
1 Knight, Erin	27	Adirondack Masters-AD	28.02
2 Rixman, Kimberly V	29	Adirondack Masters-AD	30.10
3 Robson, Amanda	29	New England Masters Swim Club-N	32.32

Women 25-29 50 Yard Breaststroke

1 Nafus, Jennifer M	29	Adirondack Masters-AD	33.52
2 Robson, Amanda	29	New England Masters Swim Club-N	39.50
3 Meehan, Molly K	28	Adirondack Masters-AD	45.84

Women 25-29 100 Yard Breaststroke

1 Robson, Amanda	29	New England Masters Swim Club-N	1:25.50
40.20 45.30			
2 Rixman, Kimberly V	29	Adirondack Masters-AD	1:26.49
41.25 45.24			
3 Meehan, Molly K	28	Adirondack Masters-AD	1:38.64
46.50 52.14			

Women 25-29 200 Yard Breaststroke

1 Robson, Amanda	29	New England Masters Swim Club-N	3:14.09
43.34 49.63 50.81 50.31			
2 Meehan, Molly K	28	Adirondack Masters-AD	3:26.61
48.02 53.54 53.33 51.72			

Women 25-29 50 Yard Butterfly

1 Nafus, Jennifer M	29	Adirondack Masters-AD	32.53
2 Knight, Erin	27	Adirondack Masters-AD	33.77

Women 25-29 100 Yard Butterfly

1 Knight, Erin	27	Adirondack Masters-AD	1:11.63
32.95 38.68			

Women 25-29 100 Yard IM

1 Nafus, Jennifer M	29	Adirondack Masters-AD	1:08.97
32.60 36.37			
2 Robson, Amanda	29	New England Masters Swim Club-N	1:22.23
39.04 43.19			

Women 25-29 200 Yard IM

1 Knight, Erin	27	Adirondack Masters-AD	2:43.01
33.23 43.78 48.49 37.51			

Women 30-34 25 Yard Freestyle

1 Betit, Gabrielle	31	New England Masters Swim Club-N	14.83
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Women 30-34 50 Yard Freestyle

1 Nafus, Jenna L	30	Adirondack Masters-AD	29.94
2 Betit, Gabrielle	31	New England Masters Swim Club-N	31.49

Women 30-34 50 Yard Backstroke

2007 Ballston Spa Holiday Classic - 12/8/07**Results - Session 1**

1 Nafus, Jenna L	30 Adirondack Masters-AD	38.07
Women 30-34 25 Yard Butterfly		
1 Betit, Gabrielle	31 New England Masters Swim Club-N	16.00
Women 30-34 50 Yard Butterfly		
1 Betit, Gabrielle	31 New England Masters Swim Club-N	37.35
Women 30-34 100 Yard IM		
1 Nafus, Jenna L	30 Adirondack Masters-AD	1:19.76
36.94 42.82		
2 Betit, Gabrielle	31 New England Masters Swim Club-N	1:23.07
37.26 45.81		
Women 35-39 50 Yard Freestyle		
1 Congdon, Jill T	39 New England Masters Swim Club-N	33.79
Women 35-39 100 Yard Backstroke		
1 Bartle, Rebecca	38 Adirondack Masters-AD	1:17.68
37.07 40.61		
Women 35-39 50 Yard Breaststroke		
1 Congdon, Jill T	39 New England Masters Swim Club-N	42.93
Women 35-39 100 Yard Breaststroke		
1 Bartle, Rebecca	38 Adirondack Masters-AD	1:23.05
39.76 43.29		
Women 35-39 100 Yard Butterfly		
1 Bartle, Rebecca	38 Adirondack Masters-AD	1:22.04
38.16 43.88		
Women 35-39 100 Yard IM		
1 Congdon, Jill T	39 New England Masters Swim Club-N	1:26.48
40.61 45.87		
Women 40-44 25 Yard Freestyle		
1 Washburn, Lynette A	44 Adirondack Masters-AD	13.47
Women 40-44 50 Yard Freestyle		
1 Rogers, Julia	43 Adirondack Masters-AD	31.84
2 Campbell, Margaret	40 New England Masters Swim Club-N	34.51
3 Bibow, Claudia	40 Adirondack Masters-AD	38.43
Women 40-44 100 Yard Freestyle		
1 Rogers, Julia	43 Adirondack Masters-AD	1:11.24
34.34 36.90		
Women 40-44 500 Yard Freestyle		
1 Gigliotti, Therese M	44 Adirondack Masters-AD	7:09.40
38.18 42.32 43.29	43.88 44.03 44.31 44.24 43.32	
43.43 42.40		
Women 40-44 1000 Yard Freestyle		

2007 Ballston Spa Holiday Classic - 12/8/07**Results - Session 1**

1 Campbell, Margaret	40 New England Masters Swim Club-N	17:56.72
Women 40-44 50 Yard Backstroke		
1 Rogers, Julia	43 Adirondack Masters-AD	44.58
Women 40-44 25 Yard Breaststroke		
1 Washburn, Lynette A	44 Adirondack Masters-AD	16.13
Women 40-44 50 Yard Breaststroke		
1 Washburn, Lynette A	44 Adirondack Masters-AD	35.98
2 Campbell, Margaret	40 New England Masters Swim Club-N	44.66
3 Gigliotti, Therese M	44 Adirondack Masters-AD	44.81
4 Bibow, Claudia	40 Adirondack Masters-AD	47.32
Women 40-44 100 Yard Breaststroke		
1 Washburn, Lynette A	44 Adirondack Masters-AD	1:19.58
37.55 42.03		
2 Bibow, Claudia	40 Adirondack Masters-AD	1:45.33
47.88 57.45		
Women 40-44 50 Yard Butterfly		
1 Rogers, Julia	43 Adirondack Masters-AD	35.66
2 Gigliotti, Therese M	44 Adirondack Masters-AD	43.04
Women 40-44 100 Yard IM		
1 Rogers, Julia	43 Adirondack Masters-AD	1:24.47
39.62 44.85		
2 Gigliotti, Therese M	44 Adirondack Masters-AD	1:31.18
Women 45-49 25 Yard Freestyle		
1 Woods, Melissa	47 Adirondack Masters-AD	15.29
Women 45-49 50 Yard Freestyle		
1 Woods, Melissa	47 Adirondack Masters-AD	33.59
2 Williams, Dee E	45 Adirondack Masters-AD	35.08
Women 45-49 100 Yard Freestyle		
1 Byer, Karen S	47 Adirondack Masters-AD	1:08.88
33.28 35.60		
2 Woods, Melissa	47 Adirondack Masters-AD	1:13.11
35.01 38.10		
3 Williams, Dee E	45 Adirondack Masters-AD	1:21.65
37.95 43.70		
Women 45-49 200 Yard Freestyle		
1 Byer, Karen S	47 Adirondack Masters-AD	2:27.69
33.67 36.98 38.73	38.31	
2 Woods, Melissa	47 Adirondack Masters-AD	2:44.41
37.53 40.99 42.24	43.65	
3 Bird, Linda	48 New England Masters Swim Club-N	3:13.21
38.26 1:44.09 2.65	48.21	
Women 45-49 500 Yard Freestyle		
1 Byer, Karen S	47 Adirondack Masters-AD	6:30.96

2007 Ballston Spa Holiday Classic - 12/8/07**Results - Session 1**

34.59	37.64	39.32	39.56	39.77	39.87	39.74	41.39
40.10	38.98						

Women 45-49 50 Yard Backstroke

1	Byer, Karen S	47	Adirondack Masters-AD	41.77
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Women 45-49 50 Yard Breaststroke

1	Williams, Dee E	45	Adirondack Masters-AD	42.65
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Women 45-49 100 Yard Breaststroke

1	Williams, Dee E	45	Adirondack Masters-AD	1:36.07
	44.26	51.81		
2	Bird, Linda	48	New England Masters Swim Club-N	1:45.18
	48.56	56.62		

Women 45-49 25 Yard Butterfly

1	Bird, Linda	48	New England Masters Swim Club-N	19.27
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Women 45-49 100 Yard IM

1	Bird, Linda	48	New England Masters Swim Club-N	1:30.83
	41.05	49.78		

Women 50-54 25 Yard Freestyle

1	Tiffany, Gail	50	New England Masters Swim Club-N	22.28
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Women 50-54 50 Yard Freestyle

1	Bachman, Nancy J	50	Adirondack Masters-AD	37.43
2	Coonrod, Joan M	52	Adirondack Masters-AD	42.97
3	Tiffany, Gail	50	New England Masters Swim Club-N	49.07

Women 50-54 500 Yard Freestyle

1	Coonrod, Joan M	52	Adirondack Masters-AD	10:03.96
	50.79	59.17	1:00.79	2:04.64
			1:03.02	1:01.57
			1:04.76	1:01.47
	1:07.79			

Women 50-54 1000 Yard Freestyle

1	Bachman, Nancy J	50	Adirondack Masters-AD	17:24.84
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Women 50-54 50 Yard Backstroke

1	Coonrod, Joan M	52	Adirondack Masters-AD	59.12
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Women 50-54 100 Yard Backstroke

1	Coonrod, Joan M	52	Adirondack Masters-AD	2:00.31
	58.05	1:02.26		

Women 50-54 25 Yard Breaststroke

1	Tiffany, Gail	50	New England Masters Swim Club-N	26.55
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Women 50-54 50 Yard Breaststroke

1	Bachman, Nancy J	50	Adirondack Masters-AD	48.11
2	Tiffany, Gail	50	New England Masters Swim Club-N	59.55

2007 Ballston Spa Holiday Classic - 12/8/07**Results - Session 1****Women 50-54 100 Yard Breaststroke**

1	Tiffany, Gail	50	New England Masters Swim Club-N	2:03.97
	57.95 1:06.02			

Women 50-54 50 Yard Butterfly

1	Bachman, Nancy J	50	Adirondack Masters-AD	47.52
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Women 50-54 100 Yard IM

1	Bachman, Nancy J	50	Adirondack Masters-AD	1:38.79
	47.72 51.07			

Women 55-59 25 Yard Freestyle

1	Cheriton, Lorna	59	New England Masters Swim Club-N	15.66
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Women 55-59 50 Yard Freestyle

1	Cheriton, Lorna	59	New England Masters Swim Club-N	38.99
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Women 55-59 50 Yard Backstroke

1	Cheriton, Lorna	59	New England Masters Swim Club-N	44.96
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Women 55-59 25 Yard Breaststroke

1	Cheriton, Lorna	59	New England Masters Swim Club-N	21.28
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Women 55-59 50 Yard Breaststroke

1	Cheriton, Lorna	59	New England Masters Swim Club-N	47.06
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Women 60-64 1650 Yard Freestyle

1	Svenson, Ann	62	DC Masters-PV	24:57.99
	44.46 44.80 45.39 45.61 46.02 46.15 45.94 46.51			
	45.69 45.94 45.40 45.95 45.51 45.74 45.64 46.13			
	45.71 45.54 45.36 45.89 45.34 45.35 45.64 45.76			
	45.27 45.27 45.28 44.64 44.51 44.84 45.10 44.80 42.81			

Women 60-64 200 Yard Backstroke

1	Svenson, Ann	62	DC Masters-PV	3:19.08
	49.47 51.54 51.45 46.62			

Women 60-64 50 Yard Butterfly

1	Svenson, Ann	62	DC Masters-PV	38.24
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Women 75-79 25 Yard Freestyle

1	Grimm, Florence H	77	Adirondack Masters-AD	33.30
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Women 75-79 50 Yard Freestyle

1	Grimm, Florence H	77	Adirondack Masters-AD	1:16.91
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Women 75-79 100 Yard Freestyle

1	Engstrom-Heg, Verna L	77	Adirondack Masters-AD	2:39.03
	1:18.56 1:20.47			

Women 75-79 500 Yard Freestyle

1	Engstrom-Heg, Verna L	77	Adirondack Masters-AD	13:57.57
	1:17.86 1:22.85 1:24.38 1:26.43 1:25.89 1:26.52 1:25.43 1:24.12			
	1:25.06 1:19.03			

2007 Ballston Spa Holiday Classic - 12/8/07**Results - Session 1****Women 75-79 1000 Yard Freestyle**

1	Engstrom-Heg, Verna L	77	Adirondack Masters-AD	27:29.54
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Women 75-79 50 Yard Backstroke

1	Grimm, Florence H	77	Adirondack Masters-AD	1:36.71
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Women 75-79 100 Yard Backstroke

1	Engstrom-Heg, Verna L	77	Adirondack Masters-AD	3:10.31
	1:31.31	1:39.00		

Women 75-79 50 Yard Breaststroke

1	Grimm, Florence H	77	Adirondack Masters-AD	1:46.10
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Men 18-24 25 Yard Breaststroke

1	Kinney, Robert	18	New England Masters Swim Club-N	14.58
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Men 18-24 50 Yard Breaststroke

1	Kinney, Robert	18	New England Masters Swim Club-N	32.18
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Men 18-24 100 Yard Breaststroke

1	Kinney, Robert	18	New England Masters Swim Club-N	1:11.21
	33.13	38.08		

Men 18-24 50 Yard Butterfly

1	Kinney, Robert	18	New England Masters Swim Club-N	31.12
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Men 18-24 100 Yard IM

1	Kinney, Robert	18	New England Masters Swim Club-N	1:04.78
	30.93	33.85		

Men 30-34 50 Yard Freestyle

1	Glogowski, Matthew	31	Adirondack Masters-AD	24.92
2	Nafus, Matthew E	30	Adirondack Masters-AD	27.03

Men 30-34 100 Yard Freestyle

1	Glogowski, Matthew	31	Adirondack Masters-AD	58.16
	27.78	30.38		
2	Rixman, Michael B	31	Adirondack Masters-AD	1:09.02
	31.63	37.39		

Men 30-34 1000 Yard Freestyle

1	Glogowski, Matthew	31	Adirondack Masters-AD	12:53.10				
	32.58	35.99	37.74	39.10	38.40	38.58	38.47	38.92
	39.25	38.99	38.88	49.10	30.72	39.73	39.77	39.72
	39.55	39.43	39.40	38.78				

Men 30-34 25 Yard Backstroke

1	Neal, James E	33	Niagara Masters-NI	15.85
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Men 30-34 50 Yard Backstroke

1	Nafus, Matthew E	30	Adirondack Masters-AD	35.03
2	Neal, James E	33	Niagara Masters-NI	35.28

2007 Ballston Spa Holiday Classic - 12/8/07**Results - Session 1****Men 30-34 50 Yard Breaststroke**

1 Rixman, Michael B	31 Adirondack Masters-AD	33.26
2 Nafus, Matthew E	30 Adirondack Masters-AD	35.50

Men 30-34 100 Yard Breaststroke

1 Coleman, Bill 32.06 36.20	32 Adirondack Masters-AD	1:08.26
2 Nafus, Matthew E 38.77 43.21	30 Adirondack Masters-AD	1:21.98

Men 30-34 25 Yard Butterfly

1 Neal, James E	33 Niagara Masters-NI	12.90
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Men 30-34 50 Yard Butterfly

1 Neal, James E	33 Niagara Masters-NI	29.11
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Men 30-34 100 Yard IM

1 Coleman, Bill 29.12 32.47	32 Adirondack Masters-AD	1:01.59
2 Glogowski, Matthew 28.39 33.88	31 Adirondack Masters-AD	1:02.27
3 Neal, James E 31.93 39.69	33 Niagara Masters-NI	1:11.62

Men 30-34 200 Yard IM

1 Coleman, Bill 30.74 39.34 40.95	32 Adirondack Masters-AD 32.80	2:23.83
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Men 35-39 50 Yard Freestyle

1 Canty, Daniel	39 Adirondack Masters-AD	25.33
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Men 35-39 50 Yard Butterfly

1 Canty, Daniel	39 Adirondack Masters-AD	26.74
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Men 40-44 50 Yard Freestyle

1 Turecky, Martin	41 Adirondack Masters-AD	26.37
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Men 40-44 100 Yard Freestyle

1 Turecky, Martin 29.34 30.45	41 Adirondack Masters-AD	59.79
2 Starace, Rich L 30.95 33.78	44 Adirondack Masters-AD	1:04.73

Men 40-44 500 Yard Freestyle

1 Starace, Rich L 34.50 37.25 38.72 37.89 37.95	44 Adirondack Masters-AD 39.04 38.82 39.02 38.20 38.35	6:19.74
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Men 40-44 1650 Yard Freestyle

1 Barra, David J	42 Adirondack Masters-AD	20:05.15
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2007 Ballston Spa Holiday Classic - 12/8/07**Results - Session 1**

33.21	36.17	36.61	37.50	37.23	36.90	37.29	36.87	
36.60	36.78	36.86	37.08	37.46	36.78	36.85	37.31	
36.90	36.62	36.09	36.57	36.65	36.39	36.36	36.69	
36.47	36.65	36.24	36.10	35.96	36.25	36.53	36.68	34.50

Men 40-44 50 Yard Breaststroke

1 Bibow, Joerg 44 Adirondack Masters-AD 32.06

Men 40-44 100 Yard Breaststroke

1 Bibow, Joerg 44 Adirondack Masters-AD 1:10.52
33.00 37.52
2 Turecky, Martin 41 Adirondack Masters-AD 1:16.97
36.61 40.36

Men 40-44 50 Yard Butterfly

1 Starace, Rich L 44 Adirondack Masters-AD 31.94

Men 40-44 100 Yard Butterfly

1 Bibow, Joerg 44 Adirondack Masters-AD 1:04.36
29.58 34.78

Men 40-44 200 Yard Butterfly

1 Barra, David J 42 Adirondack Masters-AD 2:32.82
34.39 38.65 42.00 37.78

Men 40-44 100 Yard IM

1 Turecky, Martin 41 Adirondack Masters-AD 1:08.44
33.34 35.10
2 Starace, Rich L 44 Adirondack Masters-AD 1:17.42
35.85 41.57

Men 40-44 200 Yard IM

1 Bibow, Joerg 44 Adirondack Masters-AD 2:24.37
29.45 40.72 40.35 33.85

Men 40-44 400 Yard IM

1 Barra, David J 42 Adirondack Masters-AD 5:19.55
31.96 37.83 42.10 40.84 46.77 47.12 37.73 35.20

Men 45-49 25 Yard Freestyle

1 Ahern, Kevin J 48 Adirondack Masters-AD 10.98
2 Sager, Richard A 46 New England Masters Swim Club-N 13.77

Men 45-49 50 Yard Freestyle

1 Ahern, Kevin J 48 Adirondack Masters-AD 24.22
2 O'Shea, James M 49 Adirondack Masters-AD 31.29
3 Sager, Richard A 46 New England Masters Swim Club-N 32.63

Men 45-49 200 Yard Freestyle

1 O'Shea, James M 49 Adirondack Masters-AD 2:30.67

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34.43 38.55 39.32 38.37

Men 45-49 1000 Yard Freestyle

1 O'Shea, James M 49 Adirondack Masters-AD 13:57.91

34.96 40.62 42.18 42.73 43.02 42.95 42.69 42.75

42.57 41.93 42.06 42.34 42.45 42.48 42.25 42.21

42.58 43.33 42.09 39.72

Men 45-49 50 Yard Breaststroke

1 Ahern, Kevin J 48 Adirondack Masters-AD 33.42

Men 45-49 25 Yard Butterfly

1 Ahern, Kevin J 48 Adirondack Masters-AD 12.17

2 Sager, Richard A 46 New England Masters Swim Club-N 14.74

Men 45-49 50 Yard Butterfly

1 Sager, Richard A 46 New England Masters Swim Club-N 34.21

Men 45-49 100 Yard Butterfly

1 O'Shea, James M 49 Adirondack Masters-AD 1:21.18

36.10 45.08

Men 45-49 100 Yard IM

1 Sager, Richard A 46 New England Masters Swim Club-N 1:30.40

41.93 48.47

Men 50-54 50 Yard Freestyle

1 McCue, Lawrence E 53 Unattached-AD 31.03

Men 50-54 200 Yard Freestyle

1 Hammond, Steven T 50 Adirondack Masters-AD 2:41.47

35.48 41.11 42.59 42.29

Men 50-54 1000 Yard Freestyle

1 Taber, Mike D 50 Adirondack Masters-AD 15:03.23

37.49 44.30 45.39 46.33 46.68 46.15 47.21 46.37

45.49 45.08 45.81 46.40 46.57 45.38 45.43 45.08

45.13 44.95 45.56 42.43

Men 50-54 50 Yard Backstroke

1 McCue, Lawrence E 53 Unattached-AD 40.59

Men 50-54 25 Yard Breaststroke

1 Carvotta, Thomas L 52 Adirondack Masters-AD 15.92

Men 50-54 50 Yard Breaststroke

1 Carvotta, Thomas L 52 Adirondack Masters-AD 35.76

2 Hammond, Steven T 50 Adirondack Masters-AD 41.15

Men 50-54 100 Yard Breaststroke

1 Taber, Mike D 50 Adirondack Masters-AD 1:25.81

39.95 45.86

2 Hammond, Steven T 50 Adirondack Masters-AD 1:27.07

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40.99 46.08

Men 50-54 100 Yard IM

1	Hammond, Steven T	50	Adirondack Masters-AD	1:20.35
	38.12 42.23			
2	McCue, Lawrence E	53	Unattached-AD	1:34.23
	40.34 53.89			

Men 50-54 200 Yard IM

1	Taber, Mike D	50	Adirondack Masters-AD	2:58.03
	35.42 50.83 48.74		43.04	
2	Hammond, Steven T	50	Adirondack Masters-AD	3:03.75
	40.09 49.00 53.16		41.50	

Men 55-59 1650 Yard Freestyle

1	Laughlin, Terry	56	Adirondack Masters-AD	21:12.78
	35.87 38.52 39.42		39.41 39.56 39.47 39.17 39.02	
	38.92 38.84 38.82		38.51 38.47 38.43 38.32 38.26	
	38.28 38.51 38.54		38.45 39.14 38.72 38.99 38.70	
	38.74 38.80 38.76		38.58 38.53 38.12 38.01 37.84	37.06

Men 55-59 200 Yard Butterfly

1	Laughlin, Terry	56	Adirondack Masters-AD	3:07.54
	42.12 47.96 48.96		48.50	

Men 55-59 400 Yard IM

1	Laughlin, Terry	56	Adirondack Masters-AD	5:57.40
	43.21 49.22 48.06		46.31 48.81 48.44 37.10 36.25	

Men 60-64 500 Yard Freestyle

1	Gould, Craig R	62	Adirondack Masters-AD	10:48.74
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Men 60-64 1000 Yard Freestyle

1	Gould, Craig R	62	Adirondack Masters-AD	21:33.09
	54.37 1:02.17 1:05.20		1:06.83 1:07.41 1:08.75 1:09.00 1:47.27	
	35.49 1:07.88 1:10.41		59.22 10.93 1:09.89 1:20.18 1:04.07	
	1:09.24 1:10.75 1:10.33		1:03.70	

Men 60-64 1650 Yard Freestyle

1	Naple, John	60	Adirondack Masters-AD	32:41.11
	57.00 56.00 52.49		1:04.51 1:06.00 47.06 1:00.58 59.07	
	1:07.29 1:12.00 51.00		54.91 1:04.09 54.11 59.68 1:00.03	
	1:00.22 1:00.28 1:00.51		59.81 1:03.37 1:34.99 25.39 59.92	
	59.72 1:05.97 59.00		53.66 59.59 1:41.75 16.19 59.32	55.60

Men 60-64 100 Yard Backstroke

1	Naple, John	60	Adirondack Masters-AD	1:39.25
	48.10 51.15			

Men 60-64 200 Yard Backstroke

1	Naple, John	60	Adirondack Masters-AD	3:37.04
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Men 60-64 100 Yard Breaststroke

1	Becker, Jim	62	Adirondack Masters-AD	1:29.47
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42.32 47.15

Men 60-64 100 Yard Butterfly

1 Becker, Jim	62 Adirondack Masters-AD	1:24.01
40.05 43.96		

Men 60-64 200 Yard Butterfly

1 Naple, John	60 Adirondack Masters-AD	4:37.27
56.40 1:09.10 1:15.38 1:16.39		

Men 60-64 400 Yard IM

1 Becker, Jim	62 Adirondack Masters-AD	7:04.28
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Men 65-69 50 Yard Freestyle

1 Fitzgerald, Tom	66 Adirondack Masters-AD	37.19
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Men 65-69 100 Yard Freestyle

1 Fitzgerald, Tom	66 Adirondack Masters-AD	1:24.39
40.52 43.87		

Men 65-69 1650 Yard Freestyle

1 Koop, Douglas A	66 Adirondack Masters-AD	26:37.55
41.88 47.29 48.46 48.46 47.95 48.58 48.93 49.14		
49.04 48.79 48.96 49.13 49.61 48.80 49.08 48.61		
48.72 48.64 48.73 48.73 48.46 48.79 48.40 49.13		
48.45 48.79 48.80 48.79 48.83 48.56 48.51 48.26 46.25		

Men 65-69 50 Yard Breaststroke

1 Fitzgerald, Tom	66 Adirondack Masters-AD	1:04.02
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Men 65-69 200 Yard Butterfly

1 Koop, Douglas A	66 Adirondack Masters-AD	3:26.27
45.45 51.50 55.00 54.32		

Men 65-69 100 Yard IM

1 Fitzgerald, Tom	66 Adirondack Masters-AD	1:53.15
54.85 58.30		

Men 65-69 200 Yard IM

1 Fitzgerald, Tom	66 Adirondack Masters-AD	4:15.89
55.86 1:07.27 1:19.02 53.74		

Men 65-69 400 Yard IM

1 Koop, Douglas A	66 Adirondack Masters-AD	7:36.18
46.27 53.44 1:54.86 58.81 58.63 50.50 48.55 25.12		

Men 70-74 50 Yard Freestyle

1 Blance, Bill F	70 Adirondack Masters-AD	47.08
2 Simpson, Pickett T	72 Adirondack Masters-AD	52.82

Men 70-74 100 Yard Freestyle

1 Blance, Bill F	70 Adirondack Masters-AD	1:42.57
48.27 54.30		
2 Simpson, Pickett T	72 Adirondack Masters-AD	2:03.87

2007 Ballston Spa Holiday Classic - 12/8/07**Results - Session 1**

1:13.00 50.87

Men 70-74 25 Yard Backstroke

1 Blance, Bill F 70 Adirondack Masters-AD 28.10

Men 70-74 50 Yard Breaststroke

1 Simpson, Pickett T 72 Adirondack Masters-AD 1:08.58

Men 70-74 100 Yard IM1 Simpson, Pickett T 72 Adirondack Masters-AD 2:24.76
1:13.39 1:11.37**Men 75-79 50 Yard Freestyle**

1 Foley, Walter T 76 Niagara Masters-NI 43.95

Men 75-79 50 Yard Breaststroke

1 Foley, Walter T 76 Niagara Masters-NI 55.10

Men 75-79 100 Yard IM1 Foley, Walter T 76 Niagara Masters-NI 2:18.92
1:07.75 1:11.17**Mixed 800 Yard Freestyle Relay**

1 Adirondack Masters-AD	A	9:33.21
1) Nafus, Jennifer M 29	2) Nafus, Matthew E 30	3) Rixman, Michael B 31
32.09 1:08.80 1:45.93	2:21.31 33.42 1:12.14	1:54.22 2:35.92
33.08 1:10.81 1:49.89	2:28.75 29.75 1:02.78	1:35.32 2:07.23
2 Adirondack Masters-AD	B	9:34.09
1) Woods, Melissa 47	2) Byer, Karen S 47	3) Coleman, Bill 32
33.06 1:09.45 1:46.25	2:22.54 35.03 1:15.47	1:56.69 2:36.39
33.09 1:10.75 1:49.95	2:28.45 30.52 1:03.59	1:36.01 2:06.71

400 Yard Medley Relay

1 Adirondack Masters-AD	A	4:22.49
1) Glogowski, Matthew 31	2) Nafus, Matthew E 30	3) Canty, Daniel 39
30.73 1:04.29 35.56	1:18.13 27.24 59.81	28.21 1:00.26
2 Adirondack Masters-AD	C	4:52.03
1) Rixman, Kimberly V 29	2) Nafus, Jennifer M 29	3) Knight, Erin 27
38.10 1:19.50 34.99	1:15.08 32.26 1:10.40	31.92 1:07.05
3 Adirondack Masters-AD	B	4:56.15
1) Rogers, Julia 43	2) Coleman, Bill 32	3) Starace, Rich L 44
41.05 1:23.72 33.39	1:12.56 31.91 1:09.97	32.54 1:09.90
4 Adirondack Masters-AD	D	6:08.25
1) Coonrod, Joan M 52	2) Williams, Dee E 45	3) Ahern, Kevin J 48
57.71 2:00.74 47.50	1:41.24 29.68 1:04.16	38.87 1:22.11