

East Area Family YMCA  
2008



# YMCA ONEIDA SHORES OPEN WATER SWIM

The East Area Family YMCA is proud to present its first Annual YMCA Oneida Shores Open Water Swim (YOSOWS). This swim will provide an opportunity for swimmers of all ages to challenge their physical and mental abilities while at the same time raise money for the East Area Family YMCA Partner with Youth Campaign. Contributions will be used to support the YMCA's Inclusion program, Y Kids Inc. Y Kids Inc. serves 150 kids a year where 36 are served at the East Area Family YMCA. We currently have over 20 children with developmental disabilities waiting for services.

The YMCA Oneida Shores Open Water Swim will be held on Saturday, June 14, 2008. Check in will begin at 7:30 am with a start time of 8:30 am. If we encounter poor or hazardous weather the YMCA may impose up to a 1 hour delay for the start of the event. In the event we need to cancel, we will use the alternate date on Sunday, June 15 starting at 8:30 am. This year's event will host three distances, a 1500 meter (Olympic Triathlon swim distance), 800 meter (Sprint Triathlon swim distance) and a Youth 200 Meter swim. Youth swimmers must be a USA registered swimmer. Order of start will be 1500 m, 800 m and then the Youth 200 m. Number of heats will be determined based on number of entries. There will be a separate heat for Master swimmers. Parents entering young swimmers please be advised that there will be lifeguards provided to provide proper safety standards for all swimmers.

Attached you will find a Registration Form. All registrations must be completed in full, signed, and submitted with your check.

Fees:

Early bird registration	\$30.00	Received by May 24 <sup>th</sup>
Registration	\$35.00	Received by June 12 <sup>th</sup>

***Your registration fee includes a short-sleeve T-shirt and color coded race cap!***

Please note \*\*T-shirts will be available for pick up after July 1<sup>st</sup> if we receive your registration form after May 25<sup>th</sup>. There will be **no registrations accepted after June 12!**

We will be posting additional information on our website starting April 7<sup>th</sup> 2008, this includes all race information, updates, and cancellations, including inclement weather decisions. If you have anyone one who would like to volunteer either on the beach or in the water with their boat, please call Mathew Engineri at 315-627-2025 x 217.

Once again, thank you for your interest in the YMCA Oneida Shores Open Water Swim and your support of the YMCA's mission of building strong kids, strong families, strong communities.

