

Masters Workout
at the
Bethlehem Area YMCA

Sundays 8:30 - 10:00 AM
&
Wednesdays 6:30 PM - 8:00 PM

Workouts for fitness swimmers, open water swimmers
(triathletes) and competitive swimmers.

The BAY, as it is referred to, is located at
900 Delaware Ave. in Delmar
approximately 1/2 mile after the
Bethlehem High School
Contact: Mike Taber
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