

**2010 Mohonasen Happy New Year Swim Meet - 1/9/2010**  
**Results - Session 1**

**Women 25-29 50 Yard Backstroke**

Name	Age	Team	Finals Time
1 Coonrod, Heather	26	Adirondack Masters-AD	38.09

**Women 25-29 100 Yard Backstroke**

1 Coonrod, Heather	26	Adirondack Masters-AD	1:29.92
42.04	47.88		

**Women 25-29 50 Yard Breaststroke**

1 Coonrod, Heather	26	Adirondack Masters-AD	47.03
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**Women 25-29 100 Yard Breaststroke**

1 Coonrod, Heather	26	Adirondack Masters-AD	1:52.60
49.41	1:03.19		

**Women 35-39 50 Yard Freestyle**

1 Fletcher, Alicia M	36	Adirondack Masters-AD	28.94
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**Women 35-39 100 Yard Breaststroke**

1 Fletcher, Alicia M	36	Adirondack Masters-AD	1:19.05
37.54	41.51		

**Women 35-39 50 Yard Butterfly**

1 Fletcher, Alicia M	36	Adirondack Masters-AD	32.78
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**Women 45-49 50 Yard Freestyle**

1 Williams, Dee	47	Adirondack Masters-AD	36.57
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**Women 45-49 100 Yard Freestyle**

1 Williams, Dee	47	Adirondack Masters-AD	1:22.98
39.66	43.32		

**Women 45-49 50 Yard Breaststroke**

1 Williams, Dee	47	Adirondack Masters-AD	42.82
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**Women 45-49 100 Yard Breaststroke**

1 Williams, Dee	47	Adirondack Masters-AD	1:37.79
44.47	53.32		

**Women 45-49 100 Yard IM**

1 Williams, Dee	47	Adirondack Masters-AD	1:35.20
46.26	48.94		

**Women 50-54 100 Yard Freestyle**

1 Coonrod, Joan M	54	Adirondack Masters-AD	1:37.13
44.87	52.26		

**Women 50-54 200 Yard Freestyle**

1 Coonrod, Joan M	54	Adirondack Masters-AD	3:38.87
47.38	54.24	59.29	57.96

**Women 50-54 50 Yard Breaststroke**

1 Coonrod, Joan M	54	Adirondack Masters-AD	1:03.09
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**Women 50-54 100 Yard IM**

1 Coonrod, Joan M	54	Adirondack Masters-AD	2:01.37
56.00	1:05.37		

**Women 75-79 50 Yard Freestyle**

1 Grimm, Florence H	79	Adirondack Masters-AD	1:21.31
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**2010 Mohonasen Happy New Year Swim Meet - 1/9/2010****Results - Session 1****Women 75-79 50 Yard Backstroke**

1	Grimm, Florence H	79	Adirondack Masters-AD	1:43.91
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**Women 75-79 50 Yard Breaststroke**

1	Grimm, Florence H	79	Adirondack Masters-AD	1:53.73
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**Men 18-24 50 Yard Freestyle**

1	Mottola, Michael C	23	Adirondack Masters-AD	23.45
2	Dergosits Jr., Emery	23	Adirondack Masters-AD	24.46

**Men 18-24 100 Yard Freestyle**

1	Mottola, Michael C	23	Adirondack Masters-AD	52.61
	25.08 27.53			
2	Asay, Cameron M	24	Adirondack Masters-AD	57.21
	27.46 29.75			
3	Dergosits Jr., Emery	23	Adirondack Masters-AD	57.77
	27.79 29.98			

**Men 18-24 100 Yard Butterfly**

1	Mottola, Michael C	23	Adirondack Masters-AD	59.68
	27.04 32.64			

**Men 18-24 100 Yard IM**

1	Dergosits Jr., Emery	23	Adirondack Masters-AD	1:05.56
	29.87 35.69			

**Men 18-24 200 Yard IM**

1	Mottola, Michael C	23	Adirondack Masters-AD	2:10.97
	26.49 35.06 37.99 31.43			
2	Asay, Cameron M	24	Adirondack Masters-AD	2:22.87
	30.14 36.93 43.28 32.52			

**Men 25-29 50 Yard Freestyle**

1	Dergosits, William	26	Adirondack Masters-AD	23.85
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**Men 25-29 100 Yard Freestyle**

1	Dergosits, William	26	Adirondack Masters-AD	56.45
	27.10 29.35			

**Men 30-34 500 Yard Freestyle**

1	Glogowski, Matthew T	33	Adirondack Masters-AD	5:46.20
	30.25 34.65 34.81 35.97 35.30 35.73 35.41 35.25			
	34.71 34.12			
2	Nafus, Matthew E	32	Adirondack Masters-AD	6:53.82
	33.77 38.04 40.60 42.63 43.04 42.31 43.21 44.38			
	44.67 41.17			

**Men 30-34 100 Yard Breaststroke**

1	Nafus, Matthew E	32	Adirondack Masters-AD	1:20.25
	36.21 44.04			

**Men 30-34 100 Yard Butterfly**

1	Glogowski, Matthew T	33	Adirondack Masters-AD	1:05.38
	29.29 36.09			

**Men 35-39 100 Yard Freestyle**

1	Fletcher, Kevin A	39	Adirondack Masters-AD	54.92
	26.66 28.26			

**2010 Mohonasen Happy New Year Swim Meet - 1/9/2010****Results - Session 1****Men 35-39 200 Yard Freestyle**

1 Fletcher, Kevin A	39 Adirondack Masters-AD	2:00.67
27.89 30.33 31.22 31.23		

**Men 35-39 100 Yard Backstroke**

1 Fletcher, Kevin A	39 Adirondack Masters-AD	1:12.36
35.86 36.50		

**Men 35-39 100 Yard IM**

1 Fletcher, Kevin A	39 Adirondack Masters-AD	1:07.22
32.06 35.16		

**Men 40-44 100 Yard Freestyle**

1 Frutschy, Kristopher	40 Adirondack Masters-AD	51.95
25.90 26.05		
2 Matz, William	42 Adirondack Masters-AD	57.02
26.84 30.18		

**Men 40-44 50 Yard Breaststroke**

1 Matz, William	42 Adirondack Masters-AD	30.81
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**Men 40-44 100 Yard Breaststroke**

1 Matz, William	42 Adirondack Masters-AD	1:07.10
31.70 35.40		

**Men 40-44 200 Yard Breaststroke**

1 Matz, William	42 Adirondack Masters-AD	2:28.02
33.26 36.92 38.82 39.02		

**Men 40-44 200 Yard IM**

1 Matz, William	42 Adirondack Masters-AD	2:16.28
29.14 36.59 38.33 32.22		

**Men 45-49 50 Yard Freestyle**

1 Piccirillo, Robert J	45 Adirondack Masters-AD	36.03
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**Men 45-49 100 Yard Freestyle**

1 Alpern, Matthew	46 Adirondack Masters-AD	1:00.84
29.77 31.07		
2 Piccirillo, Robert J	45 Adirondack Masters-AD	1:33.31
43.10 50.21		

**Men 45-49 200 Yard Freestyle**

1 Alpern, Matthew	46 Adirondack Masters-AD	2:15.46
31.46 33.98 34.98 35.04		

**Men 45-49 500 Yard Freestyle**

1 Atkins, Steven L	46 Adirondack Masters-AD	5:43.60
31.66 34.43 35.42 35.50 35.00 35.47 34.62 34.83 34.39 32.28		

**Men 45-49 100 Yard Breaststroke**

1 Atkins, Steven L	46 Adirondack Masters-AD	1:19.30
37.32 41.98		

**Men 45-49 50 Yard Butterfly**

1 Piccirillo, Robert J	45 Adirondack Masters-AD	51.93
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**2010 Mohonasen Happy New Year Swim Meet - 1/9/2010****Results - Session 1****Men 45-49 100 Yard Butterfly**

1 Atkins, Steven L	46 Adirondack Masters-AD	1:03.05
29.66 33.39		

**Men 45-49 100 Yard IM**

1 Alpern, Matthew	46 Adirondack Masters-AD	1:14.19
34.89 39.30		

**Men 45-49 200 Yard IM**

1 Atkins, Steven L	46 Adirondack Masters-AD	2:23.40
29.57 38.62 43.79	31.42	

**Men 50-54 50 Yard Freestyle**

1 Wall, Dan	54 Adirondack Masters-AD	24.55
2 Mottola, Bill	52 Adirondack Masters-AD	31.66
3 Dergosits Sr., Emery J	51 Adirondack Masters-AD	34.36
--- Carvotta, Thomas L	54 Adirondack Masters-AD	DQ

**Men 50-54 100 Yard Freestyle**

1 Wall, Dan	54 Adirondack Masters-AD	53.91
25.76 28.15		
2 Dergosits Sr., Emery J	51 Adirondack Masters-AD	1:33.87
40.11 53.76		

**Men 50-54 200 Yard Freestyle**

1 Wall, Dan	54 Adirondack Masters-AD	2:01.15
27.88 30.76 30.81	31.70	

**Men 50-54 50 Yard Breaststroke**

1 Carvotta, Thomas L	54 Adirondack Masters-AD	32.16
2 Mottola, Bill	52 Adirondack Masters-AD	39.97

**Men 50-54 50 Yard Butterfly**

1 Wall, Dan	54 Adirondack Masters-AD	27.48
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**Men 55-59 50 Yard Freestyle**

1 Packard, Dennis	55 Adirondack Masters-AD	27.77
2 Dickson, Todd H	56 Adirondack Masters-AD	34.04

**Men 55-59 100 Yard Freestyle**

1 Dickson, Todd H	56 Adirondack Masters-AD	1:11.61
33.85 37.76		

**Men 55-59 50 Yard Backstroke**

1 Packard, Dennis	55 Adirondack Masters-AD	32.38
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**Mixed 18+ 200 Yard Freestyle Relay**

1 Adirondack Masters-AD	B	1:47.20
1) Glogowski, Matthew T M33	2) Asay, Cameron M M24	3) Nafus, Matthew E M32
26.01 25.84 28.32	27.03	4) Mottola, Michael C M23
2 Adirondack Masters-AD	A	2:00.78
1) Piccirillo, Robert J M45	2) Dergosits Jr., Emery M23	3) Dergosits Sr., Emery J M51
24.24 33.79 37.53	25.22	4) Dergosits, William M26

**Mixed 18+ 200 Yard Medley Relay**

1 Adirondack Masters-AD	A	1:58.31
1) Glogowski, Matthew T M33	2) Nafus, Matthew E M32	3) Mottola, Michael C M23
29.68 37.16 25.64	25.83	4) Asay, Cameron M M24

**2010 Mohonasen Happy New Year Swim Meet - 1/9/2010**

**Results - Session 1**

**(Mixed 18+ 200 Yard Medley Relay)**

2 Adirondack Masters-AD

B

2:32.04

1) Piccirillo, Robert J M45

2) Mottola, Bill M52

3) Dergosits, William M26

4) Dergosits Jr., Emery M23