

2008 Ballston Spa Holiday Classic - 12/13/2008

Psych Sheet - Session 1

Event 1 Mixed 50 Yard Freestyle

| Name | Age | Team | Seed Time |
|-------------------------|-----|---------|-----------|
| 1 Ahern, Kevin J | M49 | ADMS-AD | 23.90 |
| 2 Mottola, Michael C | M22 | ADMS-AD | 24.00 |
| 3 Glogowski, Matthew T | M32 | ADMS-AD | 25.64 |
| 4 Nafus, Matthew E | M31 | ADMS-AD | 26.25 |
| 5 Grimmke, Willy F | M43 | ADMS-AD | 26.50 |
| 6 Al-Mashat, Hashim A | M33 | ADMS-AD | 26.95 |
| 7 Ford, Chris J | M48 | ADMS-AD | 28.00 |
| 8 Carvotta, Thomas L | M53 | ADMS-AD | 28.50 |
| 9 O'Shea, James M | M50 | ADMS-AD | 31.00 |
| 10 Sager, Richard A | M47 | NEM-NE | 31.54 |
| 11 Congdon, Jill T | W40 | ADMS-AD | 33.00 |
| 12 Campbell, Margaret B | W41 | NEM-NE | 34.25 |
| 13 Gelfand, Daniel B | M60 | ADMS-AD | 35.00 |
| 14 Cheriton, Lorna M | W60 | NEM-NE | 36.78 |
| 15 Gould, Albert F | M62 | UNAT-AD | 38.00 |
| 16 McGinty, Anthony | M50 | ADMS-AD | 39.00 |
| 17 Becker, Adrienne M | W61 | ADMS-AD | 41.31 |
| 18 Gould, Craig R | M63 | ADMS-AD | 42.00 |
| 19 Hecker, Jean M | W56 | ADMS-AD | 42.00 |
| 20 Coonrod, Joan M | W53 | ADMS-AD | 45.00 |
| 21 Brennan, Joseph | M63 | ADMS-AD | 45.00 |
| 22 Wittkowski, Wolfgang | M83 | NEM-NE | 51.00 |

Event 2 Mixed 200 Yard Butterfly

| Name | Age | Team | Seed Time |
|-------------------|-----|---------|-----------|
| 1 Koop, Douglas A | M67 | ADMS-AD | 3:49.84 |

Event 3 Mixed 25 Yard Backstroke

| Name | Age | Team | Seed Time |
|---------------|-----|---------|-----------|
| 1 Taber, Mike | M51 | ADMS-AD | 20.00 |

Event 4 Mixed 100 Yard Breaststroke

| Name | Age | Team | Seed Time |
|-----------------------|-----|---------|-----------|
| 1 Bibow, Joerg | M45 | ADMS-AD | 1:10.00 |
| 2 Flanagan, Jennifer | W30 | ADMS-AD | 1:11.71 |
| 3 Rixman, Michael B | M32 | ADMS-AD | 1:12.00 |
| 4 Washburn, Lynette A | W45 | ADMS-AD | 1:17.80 |
| 5 Becker, Jim | M63 | ADMS-AD | 1:27.28 |
| 6 Gelfand, Daniel B | M60 | ADMS-AD | 1:28.00 |
| 7 Gawrys, Kate | W23 | ADMS-AD | 1:45.00 |
| 8 Fitzgerald, Tom | M67 | ADMS-AD | 2:07.00 |
| 9 Hudson, Charles J | M71 | ADMS-AD | 2:44.70 |

Event 5 Mixed 500 Yard Freestyle

| Name | Age | Team | Seed Time |
|-----------------------|-----|---------|-----------|
| 1 Al-Mashat, Hashim A | M33 | ADMS-AD | 5:59.21 |
| 2 Riordan, Joseph P | M49 | ADMS-AD | 6:02.00 |
| 3 Ford, Chris J | M48 | ADMS-AD | 6:07.00 |
| 4 Starace, Richard L | M45 | ADMS-AD | 6:23.00 |
| 5 Byer, Karen S | W48 | ADMS-AD | 6:30.00 |
| 6 Hammond, Steven T | M51 | ADMS-AD | 7:15.00 |
| 7 Clement, Peg L | W55 | ADMS-AD | 7:20.00 |
| 8 Wells, Valerie | W51 | ADMS-AD | 7:40.61 |
| 9 Merchant, Mathew T | M50 | ADMS-AD | 8:00.00 |
| 10 Koop, Douglas A | M67 | ADMS-AD | 8:29.63 |
| 11 Brennan, Joseph | M63 | ADMS-AD | 8:30.00 |

| | | | |
|-------------------------|-----|---------|----------|
| 12 Hecker, Jean M | W56 | ADMS-AD | 10:15.00 |
| 13 Gould, Craig R | M63 | ADMS-AD | 10:40.00 |
| 14 Wittkowski, Wolfgang | M83 | NEM-NE | 14:00.00 |

Event 6 Mixed 200 Yard Backstroke

| Name | Age | Team | Seed Time |
|------------------------|-----|---------|-----------|
| 1 Woods, Melissa | W48 | ADMS-AD | 3:15.00 |
| 2 Gawrys, Kate | W23 | ADMS-AD | 3:20.00 |
| 3 Wells, Valerie | W51 | ADMS-AD | 3:40.00 |
| 4 Wittkowski, Wolfgang | M83 | NEM-NE | 5:00.00 |
| 5 Gigliotti, Therese M | W45 | ADMS-AD | 7:14.79 |

Event 7 Mixed 100 Yard Butterfly

| Name | Age | Team | Seed Time |
|------------------------|-----|---------|-----------|
| 1 Mottola, Michael C | M22 | ADMS-AD | 59.00 |
| 2 Canty, Daniel | M40 | ADMS-AD | 1:00.00 |
| 3 Asay, Cameron M | M23 | ADMS-AD | 1:00.00 |
| 4 Glogowski, Matthew T | M32 | ADMS-AD | 1:04.00 |
| 5 Bibow, Joerg | M45 | ADMS-AD | 1:05.00 |
| 6 Grimmke, Willy F | M43 | ADMS-AD | 1:20.00 |
| 7 O'Shea, James M | M50 | ADMS-AD | 1:20.00 |
| 8 Becker, Jim | M63 | ADMS-AD | 1:22.36 |
| 9 Koop, Douglas A | M67 | ADMS-AD | 1:39.24 |

Event 8 Mixed 100 Yard IM

| Name | Age | Team | Seed Time |
|-----------------------|-----|---------|-----------|
| 1 Ford, Chris J | M48 | ADMS-AD | 1:12.00 |
| 2 Washburn, Lynette A | W45 | ADMS-AD | 1:13.00 |
| 3 Byer, Karen S | W48 | ADMS-AD | 1:19.00 |
| 4 Coonrod, Meghan E | W23 | ADMS-AD | 1:20.00 |
| 5 Brennan, Cailin C | W30 | UNAT-AD | 1:20.00 |
| 6 Starace, Richard L | M45 | ADMS-AD | 1:22.00 |
| 7 Dammerman, David | M39 | ADMS-AD | 1:23.60 |
| 8 Congdon, Jill T | W40 | ADMS-AD | 1:25.00 |
| 9 Clement, Peg L | W55 | ADMS-AD | 1:29.00 |
| 10 Cheriton, Lorna M | W60 | NEM-NE | 1:35.00 |
| 11 Fitzgerald, Tom | M67 | ADMS-AD | 1:55.00 |
| 12 Becker, Adrienne M | W61 | ADMS-AD | 1:56.51 |
| 13 Coonrod, Joan M | W53 | ADMS-AD | 1:56.69 |

Event 9 Mixed 25 Yard Freestyle

| Name | Age | Team | Seed Time |
|------------------------|-----|---------|-----------|
| 1 Taber, Mike | M51 | ADMS-AD | 13.00 |
| 2 Sager, Richard A | M47 | NEM-NE | 13.77 |
| 3 Campbell, Margaret B | W41 | NEM-NE | 19.00 |
| 4 Gould, Albert F | M62 | UNAT-AD | 19.00 |
| 5 Hecker, Jean M | W56 | ADMS-AD | 20.00 |

Event 10 Mixed 200 Yard Medley Relay

| Team | Relay | Seed Time | |
|-------------------------|-------|-----------------------|-----|
| 1 ADMS-AD | X18 A | 2:01.63 | |
| 1) Glogowski, Matthew T | M32 | 2) Rixman, Michael B | M32 |
| 3) Asay, Cameron M | M23 | 4) Nafus, Matthew E | M31 |
| 2 ADMS-AD | X18 Z | 2:01.64 | |
| 1) Chrispell, Miranda | W25 | 2) Flanagan, Jennifer | W30 |
| 3) Canty, Daniel | M40 | 4) Mottola, Michael C | M22 |

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Event 11 Mixed 200 Yard Breaststroke

| Name | Age | Team | Seed Time |
|---------------------|-----|---------|-----------|
| 1 Hudson, Charles J | M71 | ADMS-AD | 5:57.00 |

Event 12 Mixed 200 Yard IM

| Name | Age | Team | Seed Time |
|--------------------|-----|---------|-----------|
| 1 Asay, Cameron M | M23 | ADMS-AD | 2:15.00 |
| 2 Canty, Daniel | M40 | ADMS-AD | 2:20.00 |
| 3 Bibow, Joerg | M45 | ADMS-AD | 2:20.00 |
| 4 Grimmke, Willy F | M43 | ADMS-AD | 2:35.00 |
| 5 Dammerman, David | M39 | ADMS-AD | 2:53.20 |
| 6 Taber, Mike | M51 | ADMS-AD | 3:00.00 |
| 7 Becker, Jim | M63 | ADMS-AD | 3:06.68 |

Event 13 Mixed 50 Yard Butterfly

| Name | Age | Team | Seed Time |
|------------------------|-----|---------|-----------|
| 1 Mottola, Michael C | M22 | ADMS-AD | 26.00 |
| 2 Ahern, Kevin J | M49 | ADMS-AD | 27.90 |
| 3 Coonrod, Meghan E | W23 | ADMS-AD | 32.00 |
| 4 Nafus, Matthew E | M31 | ADMS-AD | 32.00 |
| 5 Brennan, Cailin C | W30 | UNAT-AD | 32.00 |
| 6 Flanagan, Jennifer | W30 | ADMS-AD | 32.13 |
| 7 Sager, Richard A | M47 | NEM-NE | 33.97 |
| 8 Rixman, Michael B | M32 | ADMS-AD | 35.00 |
| 9 Campbell, Margaret B | W41 | NEM-NE | 42.12 |

Event 14 Mixed 200 Yard Freestyle

| Name | Age | Team | Seed Time |
|-------------------------|-----|---------|-----------|
| 1 Al-Mashat, Hashim A | M33 | ADMS-AD | 2:04.01 |
| 2 Ford, Chris J | M48 | ADMS-AD | 2:12.00 |
| 3 Riordan, Joseph P | M49 | ADMS-AD | 2:17.00 |
| 4 Starace, Richard L | M45 | ADMS-AD | 2:23.00 |
| 5 Dammerman, David | M39 | ADMS-AD | 2:23.00 |
| 6 Washburn, Lynette A | W45 | ADMS-AD | 2:25.00 |
| 7 Byer, Karen S | W48 | ADMS-AD | 2:26.00 |
| 8 O'Shea, James M | M50 | ADMS-AD | 2:29.00 |
| 9 Woods, Melissa | W48 | ADMS-AD | 2:40.00 |
| 10 Gigliotti, Therese M | W45 | ADMS-AD | 2:44.84 |
| 11 Wells, Valerie | W51 | ADMS-AD | 2:50.00 |
| 12 Becker, Adrienne M | W61 | ADMS-AD | 3:28.14 |
| 13 Brennan, Joseph | M63 | ADMS-AD | 3:30.00 |

Event 15 Mixed 100 Yard Backstroke

| Name | Age | Team | Seed Time |
|------------------------|-----|---------|-----------|
| 1 Glogowski, Matthew T | M32 | ADMS-AD | 1:05.00 |
| 2 Chrispell, Miranda | W25 | ADMS-AD | 1:15.00 |
| 3 McGinty, Anthony | M50 | ADMS-AD | 1:50.00 |
| 4 Fitzgerald, Tom | M67 | ADMS-AD | 2:03.00 |
| 5 Wittkowski, Wolfgang | M83 | NEM-NE | 2:10.00 |

Event 16 Mixed 50 Yard Breaststroke

| Name | Age | Team | Seed Time |
|----------------------|-----|---------|-----------|
| 1 Ahern, Kevin J | M49 | ADMS-AD | 32.50 |
| 2 Nafus, Matthew E | M31 | ADMS-AD | 34.71 |
| 3 Carvotta, Thomas L | M53 | ADMS-AD | 35.50 |
| 4 Becker, Jim | M63 | ADMS-AD | 38.87 |
| 5 Taber, Mike | M51 | ADMS-AD | 40.00 |
| 6 Gelfand, Daniel B | M60 | ADMS-AD | 42.00 |

| | | | |
|-------------------------|-----|---------|---------|
| 7 Gawrys, Kate | W23 | ADMS-AD | 43.00 |
| 8 Campbell, Margaret B | W41 | NEM-NE | 44.21 |
| 9 Congdon, Jill T | W40 | ADMS-AD | 44.50 |
| 10 Cheriton, Lorna M | W60 | NEM-NE | 45.21 |
| 11 Gould, Albert F | M62 | UNAT-AD | 46.00 |
| 12 Gigliotti, Therese M | W45 | ADMS-AD | 46.47 |
| 13 Hecker, Jean M | W56 | ADMS-AD | 50.00 |
| 14 Merchant, Mathew T | M50 | ADMS-AD | 55.00 |
| 15 Hudson, Charles J | M71 | ADMS-AD | 1:04.00 |

Event 17 Mixed 25 Yard Butterfly

| Name | Age | Team | Seed Time |
|---------------------|-----|---------|-----------|
| 1 Sager, Richard A | M47 | NEM-NE | 14.74 |
| 2 Brennan, Cailin C | W30 | UNAT-AD | 15.00 |
| 3 Coonrod, Meghan E | W23 | ADMS-AD | 16.00 |
| 4 Coonrod, Joan M | W53 | ADMS-AD | 20.00 |

Event 18 Mixed 200 Yard Freestyle Relay

| Team | Relay | Seed Time |
|-----------|-----------------------------|---------------------------|
| 1 ADMS-AD | X18 A | 1:45.00 |
| | 1) Rixman, Michael B M32 | 2) Asay, Cameron M M23 |
| | 3) Glogowski, Matthew T M32 | 4) Nafus, Matthew E M31 |
| 2 ADMS-AD | X18 Z | 1:45.01 |
| | 1) Chrispell, Miranda W25 | 2) Flanagan, Jennifer W30 |
| | 3) Canty, Daniel M40 | 4) Mottola, Michael C M22 |

Event 19 Mixed 400 Yard IM

| Name | Age | Team | Seed Time |
|-----------------------|-----|---------|-----------|
| 1 Al-Mashat, Hashim A | M33 | ADMS-AD | 5:10.09 |
| 2 Ford, Chris J | M48 | ADMS-AD | 5:38.00 |
| 3 Koop, Douglas A | M67 | ADMS-AD | 7:36.05 |

Event 20 Mixed 100 Yard Freestyle

| Name | Age | Team | Seed Time |
|-------------------------|-----|---------|-----------|
| 1 Bibow, Joerg | M45 | ADMS-AD | 55.00 |
| 2 Mottola, Michael C | M22 | ADMS-AD | 55.00 |
| 3 Canty, Daniel | M40 | ADMS-AD | 57.00 |
| 4 Flanagan, Jennifer | W30 | ADMS-AD | 57.74 |
| 5 Riordan, Joseph P | M49 | ADMS-AD | 1:00.00 |
| 6 Starace, Richard L | M45 | ADMS-AD | 1:07.00 |
| 7 Byer, Karen S | W48 | ADMS-AD | 1:08.00 |
| 8 O'Shea, James M | M50 | ADMS-AD | 1:08.00 |
| 9 Brennan, Cailin C | W30 | UNAT-AD | 1:08.00 |
| 10 Woods, Melissa | W48 | ADMS-AD | 1:15.00 |
| 11 Gigliotti, Therese M | W45 | ADMS-AD | 1:15.25 |
| 12 Campbell, Margaret B | W41 | NEM-NE | 1:17.31 |
| 13 Gelfand, Daniel B | M60 | ADMS-AD | 1:18.00 |
| 14 McGinty, Anthony | M50 | ADMS-AD | 1:24.00 |
| 15 Merchant, Mathew T | M50 | ADMS-AD | 1:25.00 |
| 16 Clement, Peg L | W55 | ADMS-AD | 1:25.00 |
| 17 Gould, Albert F | M62 | UNAT-AD | 1:25.00 |
| 18 Fitzgerald, Tom | M67 | ADMS-AD | 1:26.00 |
| 19 Brennan, Joseph | M63 | ADMS-AD | 1:35.00 |

Event 21 Mixed 50 Yard Backstroke

| Name | Age | Team | Seed Time |
|----------------------|-----|---------|-----------|
| 1 Nafus, Matthew E | M31 | ADMS-AD | 33.76 |
| 2 Chrispell, Miranda | W25 | ADMS-AD | 36.00 |
| 3 Gawrys, Kate | W23 | ADMS-AD | 41.00 |

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Event 21 ... (Mixed 50 Yard Backstroke)

| | Name | Age | Team | Seed Time | |
|---|----------------------|------------|-------------|------------------|-------|
| 4 | Cheriton, Lorna M | W60 | NEM-NE | 42.91 | _____ |
| 5 | Becker, Adrienne M | W61 | ADMS-AD | 52.55 | _____ |
| 6 | Wittkowski, Wolfgang | M83 | NEM-NE | 55.00 | _____ |

Event 22 Mixed 25 Yard Breaststroke

| | Name | Age | Team | Seed Time | |
|---|--------------------|------------|-------------|------------------|-------|
| 1 | Carvotta, Thomas L | M53 | ADMS-AD | 16.00 | _____ |
| 2 | Gawrys, Kate | W23 | ADMS-AD | 18.00 | _____ |
| 3 | Coonrod, Meghan E | W23 | ADMS-AD | 19.00 | _____ |
| 4 | Gould, Albert F | M62 | UNAT-AD | 20.00 | _____ |
| 5 | Hudson, Charles J | M71 | ADMS-AD | 21.00 | _____ |
| 6 | Hecker, Jean M | W56 | ADMS-AD | 22.00 | _____ |

Event 23 Mixed 1000 Yard Freestyle

| | Name | Age | Team | Seed Time | |
|---|---------------------|------------|-------------|------------------|-------|
| 1 | Al-Mashat, Hashim A | M33 | ADMS-AD | 12:30.11 | _____ |
| 2 | Taber, Mike | M51 | ADMS-AD | 15:00.00 | _____ |
| 3 | Brennan, Joseph | M63 | ADMS-AD | 17:30.00 | _____ |
| 4 | Coonrod, Joan M | W53 | ADMS-AD | 20:25.46 | _____ |

Event 24 Mixed 1650 Yard Freestyle

| | Name | Age | Team | Seed Time | |
|---|-------------------|------------|-------------|------------------|-------|
| 1 | Dammerman, David | M39 | ADMS-AD | 22:33.00 | _____ |
| 2 | Coonrod, Meghan E | W23 | ADMS-AD | 23:31.79 | _____ |
| 3 | Koop, Douglas A | M67 | ADMS-AD | 28:46.06 | _____ |
| 4 | Gelfand, Daniel B | M60 | ADMS-AD | 32:00.00 | _____ |