

2006 Ballston Spa Holiday Classic - 12/16/06**Results - Session 1****Women 25-29 25 Yard Freestyle**

Name	Age	Team	Finals Time
1 Vanaken, Meghan E	29	Adirondack Masters-AD	20.38

Women 25-29 25 Yard Backstroke

1 Vanaken, Meghan E	29	Adirondack Masters-AD	25.72
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Women 25-29 25 Yard Breaststroke

1 Vanaken, Meghan E	29	Adirondack Masters-AD	25.08
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Women 25-29 25 Yard Butterfly

1 Vanaken, Meghan E	29	Adirondack Masters-AD	27.37
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Women 25-29 100 Yard IM

1 Vanaken, Meghan E	29	Adirondack Masters-AD	1:55.33
56.94	58.39		

Women 40-44 50 Yard Freestyle

1 Williams, Dee E	44	Adirondack Masters-AD	32.67
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Women 40-44 100 Yard Freestyle

1 Williams, Dee E	44	Adirondack Masters-AD	1:17.06
36.58	40.48		

Women 40-44 50 Yard Breaststroke

1 Williams, Dee E	44	Adirondack Masters-AD	41.05
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Women 40-44 100 Yard IM

1 Williams, Dee E	44	Adirondack Masters-AD	1:31.02
44.22	46.80		

Women 45-49 50 Yard Freestyle

1 Byer, Karen S	46	Adirondack Masters-AD	31.18
2 Woods, Melissa	46	Adirondack Masters-AD	34.15

Women 45-49 100 Yard Freestyle

1 Byer, Karen S	46	Adirondack Masters-AD	1:07.66
32.80	34.86		
2 Woods, Melissa	46	Adirondack Masters-AD	1:18.07
37.51	40.56		

Women 45-49 200 Yard Freestyle

1 Byer, Karen S	46	Adirondack Masters-AD	2:26.91
33.89	36.49	38.40	38.13
2 Woods, Melissa	46	Adirondack Masters-AD	2:45.83
38.99	42.13	43.11	41.60
3 Bachman, Nancy J	49	Adirondack Masters-AD	3:13.05
42.95	49.37	1:40.73	

Women 45-49 500 Yard Freestyle

1 Bachman, Nancy J	49	Adirondack Masters-AD	8:40.97
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45.79 49.89 52.80 54.15 54.17 53.76 52.58
49.03

Women 45-49 50 Yard Backstroke

1 Woods, Melissa 46 Adirondack Masters-AD 45.05

Women 45-49 200 Yard Backstroke

1 Woods, Melissa 46 Adirondack Masters-AD 3:17.03

Women 45-49 100 Yard Breaststroke

1 Bachman, Nancy J 49 Adirondack Masters-AD 1:46.65
50.40 56.25

Women 45-49 25 Yard Butterfly

1 Bachman, Nancy J 49 Adirondack Masters-AD 19.97

Women 45-49 100 Yard IM

1 Byer, Karen S 46 Adirondack Masters-AD 1:20.04
39.25 40.79

Women 50-54 200 Yard Freestyle

1 Coonrod, Joan M 51 Adirondack Masters-AD 3:45.17
49.52 56.90 1:00.81 57.94

Women 50-54 50 Yard Backstroke

1 Coonrod, Joan M 51 Adirondack Masters-AD 59.50

Women 50-54 100 Yard Breaststroke

1 Coley, Anne Q 51 Adirondack Masters-AD 1:20.55
37.85 42.70
2 Coonrod, Joan M 51 Adirondack Masters-AD 2:08.44
1:00.06 1:08.38

Women 50-54 50 Yard Butterfly

1 Coley, Anne Q 51 Adirondack Masters-AD 37.49

Women 50-54 100 Yard IM

1 Coonrod, Joan M 51 Adirondack Masters-AD 1:57.62
56.89 1:00.73

Women 50-54 400 Yard IM

1 Coley, Anne Q 51 Adirondack Masters-AD 5:51.57

Women 75-79 50 Yard Freestyle

1 Grimm, Florence H 76 Adirondack Masters-AD 1:23.13

Women 75-79 100 Yard Freestyle

1 Grimm, Florence H 76 Adirondack Masters-AD 3:00.52
1:24.21 1:36.31

Women 75-79 25 Yard Backstroke

1 Grimm, Florence H 76 Adirondack Masters-AD 42.08

Women 75-79 50 Yard Breaststroke

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1 Grimm, Florence H	76 Adirondack Masters-AD	1:40.44
Men 25-29 50 Yard Freestyle		
1 Macleod II, Robert A	26 Adirondack Masters-AD	27.97
Men 25-29 50 Yard Backstroke		
1 Macleod II, Robert A	26 Adirondack Masters-AD	35.56
Men 25-29 25 Yard Butterfly		
1 Macleod II, Robert A	26 Adirondack Masters-AD	12.51
Men 25-29 50 Yard Butterfly		
1 Macleod II, Robert A	26 Adirondack Masters-AD	28.67
Men 25-29 100 Yard IM		
1 Macleod II, Robert A	26 Adirondack Masters-AD	1:14.88
33.96 40.92		
Men 30-34 100 Yard Freestyle		
1 Glogowski, Matt T	30 Adirondack Masters-AD	1:00.72
28.57 32.15		
Men 30-34 100 Yard Backstroke		
1 Glogowski, Matt T	30 Adirondack Masters-AD	1:12.21
34.96 37.25		
Men 30-34 100 Yard Breaststroke		
1 Glogowski, Matt T	30 Adirondack Masters-AD	1:21.36
38.22 43.14		
Men 30-34 50 Yard Butterfly		
1 Glogowski, Matt T	30 Adirondack Masters-AD	28.82
Men 30-34 100 Yard IM		
1 Glogowski, Matt T	30 Adirondack Masters-AD	1:07.47
29.65 37.82		
Men 35-39 25 Yard Freestyle		
1 Frutschy, Kris J	37 Adirondack Masters-AD	10.91
Men 35-39 50 Yard Freestyle		
1 McAvoy, Craig F	36 Adirondack Masters-AD	29.78
Men 35-39 100 Yard Freestyle		
1 Frutschy, Kris J	37 Adirondack Masters-AD	53.89
27.05 26.84		
2 McAvoy, Craig F	36 Adirondack Masters-AD	1:11.83
33.23 38.60		
Men 35-39 100 Yard Backstroke		
1 McAvoy, Craig F	36 Adirondack Masters-AD	1:21.67
39.48 42.19		
Men 35-39 100 Yard IM		
1 McAvoy, Craig F	36 Adirondack Masters-AD	1:31.96

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39.11 52.85

Men 40-44 50 Yard Freestyle

1 Pharo, Anthony 40 Adirondack Masters-AD 33.76

Men 40-44 100 Yard Freestyle

1 Hall, Matthew 43 Adirondack Masters-AD 59.37

28.64 30.73

2 Pharo, Anthony 40 Adirondack Masters-AD 1:19.88

38.14 41.74

Men 40-44 500 Yard Freestyle

1 Hall, Matthew 43 Adirondack Masters-AD 5:56.48

31.54 34.88 35.60

36.80 35.78

36.04 36.02 36.34 36.57 36.91

Men 40-44 100 Yard Butterfly

1 Hall, Matthew 43 Adirondack Masters-AD 1:05.78

30.19 35.59

Men 40-44 200 Yard IM

1 Hall, Matthew 43 Adirondack Masters-AD 2:30.49

30.43 41.03 43.80

35.23

Men 45-49 500 Yard Freestyle

1 Taber, Mike D 49 Adirondack Masters-AD 7:10.44

36.90 42.75 44.13

42.83 41.87

44.05 44.55 44.33 43.71 45.32

Men 45-49 100 Yard Breaststroke

1 Taber, Mike D 49 Adirondack Masters-AD 1:27.30

40.71 46.59

Men 45-49 25 Yard Butterfly

1 Taber, Mike D 49 Adirondack Masters-AD 13.77

Men 45-49 200 Yard IM

1 Taber, Mike D 49 Adirondack Masters-AD 2:52.65

34.94 49.24 1:28.47

Men 50-54 50 Yard Freestyle

1 Fochios, Dean T 52 Adirondack Masters-AD 25.49

Men 50-54 100 Yard Freestyle

1 Fochios, Dean T 52 Adirondack Masters-AD 55.98

27.27 28.71

Men 50-54 200 Yard Freestyle

1 Fochios, Dean T 52 Adirondack Masters-AD 2:03.21

28.41 30.96 31.68

32.16

Men 50-54 500 Yard Freestyle

1 Fochios, Dean T 52 Adirondack Masters-AD 6:09.12

31.13 34.54 35.71

38.93 38.76

36.96 37.80 38.09 38.64 38.56

2006 Ballston Spa Holiday Classic - 12/16/06**Results - Session 1****Men 55-59 500 Yard Freestyle**

1	Naple, John	59	Adirondack Masters-AD					9:01.61
	52.00	51.00	1:45.07	55.52	56.76	55.73	59.11	
	55.89	50.53						

Men 55-59 100 Yard Backstroke

1	Naple, John	59	Adirondack Masters-AD					1:41.45
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Men 55-59 200 Yard Butterfly

1	Naple, John	59	Adirondack Masters-AD					4:21.56
	53.96	1:04.95	1:09.83	1:12.82				

Men 65-69 50 Yard Freestyle

1	Fitzgerald, Tom	65	Adirondack Masters-AD					37.64
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Men 65-69 100 Yard Freestyle

1	Fitzgerald, Tom	65	Adirondack Masters-AD					1:27.89
	41.65	46.24						

Men 65-69 500 Yard Freestyle

1	Koop, Douglas A	65	Adirondack Masters-AD					7:35.96
	39.48	43.70	46.33	46.81	46.64	47.04	46.97	47.20
	46.59	45.20						

Men 65-69 50 Yard Backstroke

1	Fitzgerald, Tom	65	Adirondack Masters-AD					58.83
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Men 65-69 50 Yard Breaststroke

1	Fitzgerald, Tom	65	Adirondack Masters-AD					1:03.03
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Men 65-69 200 Yard Butterfly

1	Koop, Douglas A	65	Adirondack Masters-AD					3:14.49
	41.12	48.66	51.17	53.54				

Men 65-69 100 Yard IM

1	Fitzgerald, Tom	65	Adirondack Masters-AD					1:52.94
	53.72	59.22						

Men 65-69 400 Yard IM

1	Koop, Douglas A	65	Adirondack Masters-AD					6:45.69
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Men 70-74 100 Yard IM

1	Simpson, Pickett T	71	Adirondack Masters-AD					2:23.31
	1:08.86	1:14.45						

Men 75-79 25 Yard Freestyle

1	Foley, Walter T	75	Adirondack Masters-AD					17.28
2	Quinn, Patrick J	75	Adirondack Masters-AD					19.63

Men 75-79 50 Yard Freestyle

1	Foley, Walter T	75	Adirondack Masters-AD					40.61
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Men 75-79 500 Yard Freestyle

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1 Quinn, Patrick J	75 Adirondack Masters-AD	10:20.62
52.07 1:01.24 1:02.43 1:04.13 1:03.56 1:04.41 1:03.24 1:03.77		
1:02.88 1:02.89		
Men 75-79 25 Yard Backstroke		
1 Foley, Walter T	75 Adirondack Masters-AD	24.50
2 Quinn, Patrick J	75 Adirondack Masters-AD	27.78
Men 75-79 25 Yard Breaststroke		
1 Quinn, Patrick J	75 Adirondack Masters-AD	21.05
2 Foley, Walter T	75 Adirondack Masters-AD	21.91
Men 75-79 25 Yard Butterfly		
1 Foley, Walter T	75 Adirondack Masters-AD	22.35
Men 80-84 25 Yard Freestyle		
1 Wittkowski, Wolfgang	81 Adirondack Masters-AD	20.58
Men 80-84 25 Yard Backstroke		
1 Wittkowski, Wolfgang	81 Adirondack Masters-AD	25.51
Men 80-84 50 Yard Backstroke		
1 Wittkowski, Wolfgang	81 Adirondack Masters-AD	57.23
Men 80-84 100 Yard Backstroke		
1 Wittkowski, Wolfgang	81 Adirondack Masters-AD	2:11.90
1:04.75 1:07.15		