

**2005 Empire State Games - 7/30/05 to 7/31/05
Results**

Women 18-24 50 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Ingram, Diane	24	Unattached	31.99
2 Deanda, Nicole	19	Niagara Masters-NI	32.97
3 Coonrod, meghan	20	Adirondack District Masters Sw-AD	33.78

Women 18-24 100 SC Meter Freestyle

1 Ingram, Diane	24	Unattached	1:08.07
32.15	35.92		
2 Deanda, Nicole	19	Niagara Masters-NI	1:12.39
35.30	37.09		
3 Coonrod, meghan	20	Adirondack District Masters Sw-AD	1:16.15
35.64	40.51		

Women 18-24 200 SC Meter Freestyle

1 Deanda, Nicole	19	Niagara Masters-NI	2:36.18
37.62	41.05	40.61	36.90

Women 18-24 400 SC Meter Freestyle

1 Deanda, Nicole	19	Niagara Masters-NI	5:46.70
39.05	42.18	43.54	44.41
		44.56	45.50
		44.73	42.73

Women 18-24 50 SC Meter Breaststroke

1 Deanda, Nicole	19	Niagara Masters-NI	42.34
2 Coonrod, meghan	20	Adirondack District Masters Sw-AD	43.27

Women 18-24 100 SC Meter Breaststroke

1 Deanda, Nicole	19	Niagara Masters-NI	1:31.66
43.64	48.02		

Women 18-24 200 SC Meter Breaststroke

1 Coonrod, meghan	20	Adirondack District Masters Sw-AD	3:30.70
45.31	51.41	57.14	56.84

Women 18-24 50 SC Meter Butterfly

1 Ingram, Diane	24	Unattached	33.57
2 Coonrod, meghan	20	Adirondack District Masters Sw-AD	39.27

Women 18-24 100 SC Meter Butterfly

1 Ingram, Diane	24	Unattached	1:15.79
35.77	40.02		
2 Coonrod, meghan	20	Adirondack District Masters Sw-AD	1:29.53
39.28	50.25		

Women 18-24 100 SC Meter IM

1 Ingram, Diane	24	Unattached	1:18.23
37.41	40.82		
2 Deanda, Nicole	19	Niagara Masters-NI	1:22.70
38.01	44.69		

Women 18-24 200 SC Meter IM

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

1	Ingram, Diane	24	Unattached	2:50.84
	34.70 43.69 50.94 41.51			
2	Coonrod, meghan	20	Adirondack District Masters Sw-AD	3:10.22
	37.23 49.56 54.18 49.25			

Women 25-29 50 SC Meter Freestyle

1	Polumbo, Kate	26	Unattached	30.08
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(Women 25-29 50 SC Meter Freestyle)

2	Roedale, Rachel	28	Unattached	31.87
3	Schoonmaker, Maura	29	Metro Masters-MR	33.36
4	Waclawski, Tera	27	Unattached	34.24

Women 25-29 100 SC Meter Freestyle

1	Polumbo, Kate	26	Unattached	1:06.95
	32.21 34.74			
2	Roedale, Rachel	28	Unattached	1:10.03
	33.62 36.41			
3	Schoonmaker, Maura	29	Metro Masters-MR	1:10.43
	34.18 36.25			

Women 25-29 200 SC Meter Freestyle

1	Roedale, Rachel	28	Unattached	2:30.51
	35.38 38.33 38.11 38.69			
2	Schoonmaker, Maura	29	Metro Masters-MR	2:34.88
	35.89 39.07 40.13 39.79			
3	Waclawski, Tera	27	Unattached	2:50.71
	39.47 43.03 44.45 43.76			
---	Kimble, Kristi	28	Adirondack District Masters Sw-AD	DQ
---	Polumbo, Kate	26	Unattached	DQ

Women 25-29 400 SC Meter Freestyle

1	Schoonmaker, Maura	29	Metro Masters-MR	5:34.45
	37.25 40.40 42.09 43.20 43.31 43.50 43.13 41.57			
2	Waclawski, Tera	27	Unattached	6:05.89
	41.01 45.26 46.06 46.64 46.49 46.86 46.94 46.63			

Women 25-29 800 SC Meter Freestyle

1	Schoonmaker, Maura	29	Metro Masters-MR	11:04.16
	36.74 39.94 40.39 41.07 41.19 41.88 42.42 42.54			
	42.87 42.69 42.73 42.00 42.55 42.60 42.17 40.38			
2	Polumbo, Kate	26	Unattached	11:14.32
	36.13 39.77 41.31 41.65 41.93 43.04 43.29 43.32			
	43.58 44.18 44.25 42.77 43.40 42.96 42.59 40.15			
3	Waclawski, Tera	27	Unattached	12:15.75
	40.38 44.05 45.43 46.21 46.65 46.58 46.31 46.70			
	46.63 47.08 46.64 47.28 47.39 47.27 46.73 44.42			

Women 25-29 50 SC Meter Backstroke

1	Polumbo, Kate	26	Unattached	35.44
2	Schoonmaker, Maura	29	Metro Masters-MR	37.01
3	Kimble, Kristi	28	Adirondack District Masters Sw-AD	38.29

Women 25-29 100 SC Meter Backstroke

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

1	Pumbo, Kate	26	Unattached	1:17.44
	37.30 40.14			
2	Schoonmaker, Maura	29	Metro Masters-MR	1:17.71
	38.07 39.64			
3	Kimble, Kristi	28	Adirondack District Masters Sw-AD	1:24.96
	41.27 43.69			
4	Waclawski, Tera	27	Unattached	1:29.61
	43.60 46.01			

Women 25-29 200 SC Meter Backstroke

1	Schoonmaker, Maura	29	Metro Masters-MR	2:49.50
	39.93 42.40 44.08 43.09			

Women 25-29 50 SC Meter Butterfly

1	Waclawski, Tera	27	Unattached	39.24
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Women 25-29 100 SC Meter IM

1	Roedale, Rachel	28	Unattached	1:19.14
	36.48 42.66			
2	Pumbo, Kate	26	Unattached	1:19.81
	37.04 42.77			
3	Kimble, Kristi	28	Adirondack District Masters Sw-AD	1:32.99
	41.22 51.77			

Women 25-29 200 SC Meter IM

1	Roedale, Rachel	28	Unattached	2:49.65
	36.52 43.24 51.30 38.59			
2	Pumbo, Kate	26	Unattached	2:53.16
	37.21 41.44 52.60 41.91			

Women 30-34 50 SC Meter Freestyle

1	Kyff, Jennifer	32	Metro Masters-MR	31.32
2	Schwenker, Stacy	32	Unattached	32.43

Women 30-34 100 SC Meter Freestyle

1	Kyff, Jennifer	32	Metro Masters-MR	1:11.30
	34.24 37.06			
2	Schwenker, Stacy	32	Unattached	1:12.91
	34.70 38.21			

Women 30-34 1500 SC Meter Freestyle

1	Kyff, Jennifer	32	Metro Masters-MR	23:58.62
	39.53 43.83 45.69 48.03 48.28 48.20 47.85 48.56			
	47.97 47.88 47.94 48.80 48.61 49.00 49.08 49.38			
	51.38 49.77 49.22 48.63 48.81 49.02 49.10 48.35			
	48.33 49.33 49.23 49.31 48.42 41.09			

Women 30-34 50 SC Meter Backstroke

1	Schwenker, Stacy	32	Unattached	38.10
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Women 30-34 50 SC Meter Breaststroke

1	Schwenker, Stacy	32	Unattached	39.79
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Women 30-34 100 SC Meter Breaststroke

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1	Schwenker, Stacy	32	Unattached	1:28.91
	42.88 46.03			

Women 30-34 200 SC Meter Breaststroke

1	Schwenker, Stacy	32	Unattached	3:13.88
	44.28 49.01 50.77 49.82			

Women 30-34 100 SC Meter IM

1	Schwenker, Stacy	32	Unattached	1:22.04
	38.89 43.15			
2	Kyff, Jennifer	32	Metro Masters-MR	1:26.79
	39.48 47.31			

Women 35-39 50 SC Meter Freestyle

1	McCloe, Chris	39	Unattached	29.94
2	Nikolsk, Katie	37	Unattached	36.12

Women 35-39 100 SC Meter Freestyle

1	McCloe, Chris	39	Unattached	1:06.31
	31.52 34.79			
2	Warren, Lauren	39	Unattached	1:24.10
	39.59 44.51			
3	Hutchings, Lisa	37	Unattached	1:37.15
	45.92 51.23			

Women 35-39 200 SC Meter Freestyle

1	Woody, Dana	36	Niagara Masters-NI	2:18.25
	32.66 35.12 35.52 34.95			
2	Nikolsk, Katie	37	Unattached	2:51.10
	39.06 42.90 45.03 44.11			
3	Hutchings, Lisa	37	Unattached	3:21.81
	47.35 53.01 52.67 48.78			

Women 35-39 400 SC Meter Freestyle

1	Woody, Dana	36	Niagara Masters-NI	4:47.06
	33.74 36.14 36.19 36.49 36.36 36.23 36.25 35.66			
2	Hutchings, Lisa	37	Unattached	7:07.19
	48.97 54.48 54.52 54.07 54.21 54.55 54.88 51.51			

Women 35-39 800 SC Meter Freestyle

1	Honig, Christin	36	Unattached	11:11.85
	36.05 40.23 41.04 41.97 42.08 42.50 42.62 43.12			
	43.69 43.97 43.86 43.36 43.61 43.71 42.64 37.40			
2	Hutchings, Lisa	37	Unattached	14:22.59
	47.41 54.49 55.14 53.92 53.73 54.50 54.27 54.28			
	54.94 54.13 25.97 29.62 1:48.98 55.57 54.58 51.06			

Women 35-39 1500 SC Meter Freestyle

1	Woody, Dana	36	Niagara Masters-NI	18:29.50
	34.08 36.49 36.96 37.15 37.46 37.33 37.30 37.24			
	36.72 36.70 37.02 37.01 37.00 36.97 37.16 37.00			
	36.92 36.74 37.23 37.13 37.34 37.24 37.13 37.22			
	37.29 37.37 37.36 37.37 37.26 36.31			

2005 Empire State Games - 7/30/05 to 7/31/05**Results****Women 35-39 50 SC Meter Backstroke**

1	Honig, Christin	36	Unattached	35.98
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Women 35-39 200 SC Meter Backstroke

1	Woody, Dana	36	Niagara Masters-NI	2:35.18
	37.24	39.36	39.67	38.91

Women 35-39 50 SC Meter Breaststroke

1	Honig, Christin	36	Unattached	41.32
2	Nikolsk, Katie	37	Unattached	43.79

Women 35-39 100 SC Meter Breaststroke

1	Nikolsk, Katie	37	Unattached	1:35.36
	46.32	49.04		
2	Judd-Paternost, Deborah	38	Unattached	1:55.48
	56.45	59.03		

Women 35-39 200 SC Meter Breaststroke

1	Judd-Paternost, Deborah	38	Unattached	4:03.26
	56.97	1:01.13	1:03.05	1:02.11

Women 35-39 50 SC Meter Butterfly

1	Woody, Dana	36	Niagara Masters-NI	33.70
2	Honig, Christin	36	Unattached	34.68
3	McCloe, Chris	39	Unattached	35.29

Women 35-39 100 SC Meter Butterfly

1	Woody, Dana	36	Niagara Masters-NI	1:14.21
	36.08	38.13		
2	Honig, Christin	36	Unattached	1:21.21
	38.91	42.30		

Women 35-39 200 SC Meter Butterfly

1	Woody, Dana	36	Niagara Masters-NI	2:45.22
	38.57	42.15	42.85	41.65

Women 35-39 100 SC Meter IM

1	Woody, Dana	36	Niagara Masters-NI	1:15.81
	36.27	39.54		
2	Honig, Christin	36	Unattached	1:17.31
	35.92	41.39		
3	McCloe, Chris	39	Unattached	1:19.66
	37.56	42.10		
4	Hutchings, Lisa	37	Unattached	1:56.26
	56.70	59.56		

Women 35-39 200 SC Meter IM

1	Woody, Dana	36	Niagara Masters-NI	2:39.87
	36.43	40.50	48.23	34.71
2	Honig, Christin	36	Unattached	2:47.93
	36.17	43.21	49.16	39.39
---	Hutchings, Lisa	37	Unattached	DQ
	55.50	59.97	1:05.22	50.81

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Results

Women 35-39 400 SC Meter IM

1	Woody, Dana	36	Niagara Masters-NI						5:41.24
	38.22	43.66	43.37	43.57	48.97	49.91	36.20	37.34	
2	Honig, Christin	36	Unattached						6:10.58
	37.88	43.66	47.52	47.64	52.63	53.45	44.73	43.07	

Women 40-44 50 SC Meter Freestyle

1	Straus, Miriam	43	Unattached						32.85
2	Kuchinski, Lora	44	Unattached						35.90
3	Cole, Marie	43	DutchessBlues Masters						38.39

Women 40-44 100 SC Meter Freestyle

1	Straus, Miriam	43	Unattached						1:14.09
	35.44	38.65							
2	Cole, Marie	43	DutchessBlues Masters						1:20.85
	38.77	42.08							
3	Mattson, Christin	44	Unattached						1:40.82
	47.20	53.62							

Women 40-44 200 SC Meter Freestyle

1	Straus, Miriam	43	Unattached						2:53.66
	39.19	44.11	45.99	44.37					
2	Cole, Marie	43	DutchessBlues Masters						3:00.22
	40.92	45.99	48.29	45.02					

Women 40-44 800 SC Meter Freestyle

1	Straus, Miriam	43	Unattached						12:55.53
	41.86	46.38	48.96	49.39	49.61	49.80	49.99	49.95	
	49.85	49.82	49.88	49.64	48.91	48.79	47.38	45.32	
2	Cole, Marie	43	DutchessBlues Masters						13:30.57
	46.42	50.50	52.42	52.11	51.78	52.03	51.76	51.65	
	51.56	50.67	50.96	50.40	50.11	49.63	50.49	48.08	

Women 40-44 50 SC Meter Backstroke

1	Kuchinski, Lora	44	Unattached						41.65
2	Cole, Marie	43	DutchessBlues Masters						50.35

Women 40-44 50 SC Meter Breaststroke

1	Kuchinski, Lora	44	Unattached						43.46
2	Mattson, Christin	44	Unattached						55.86

Women 40-44 100 SC Meter Breaststroke

1	Kuchinski, Lora	44	Unattached						1:36.50
	44.83	51.67							
2	Mattson, Christin	44	Unattached						2:03.72
	59.00	1:04.72							

Women 40-44 200 SC Meter Breaststroke

1	Mattson, Christin	44	Unattached						4:42.68
	1:06.01	1:10.82	1:15.51	1:10.34					

Women 40-44 50 SC Meter Butterfly

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

1	Straus, Miriam	43	Unattached	44.48
2	Cole, Marie	43	DutchessBlues Masters	45.91

Women 40-44 100 SC Meter IM

1	Kuchinski, Lora	44	Unattached	1:28.60
	40.81 47.79			
2	Straus, Miriam	43	Unattached	1:38.55
	47.83 50.72			
3	Cole, Marie	43	DutchessBlues Masters	1:39.58
	48.11 51.47			

Women 40-44 200 SC Meter IM

1	Cole, Marie	43	DutchessBlues Masters	3:36.65
	47.30	44.86		

Women 45-49 50 SC Meter Freestyle

1	Ryan, Theresa	46	Unattached	34.24
2	Pickering, Janice	47	Unattached	39.25
3	Bachman, Nancy	48	Adirondack District Masters Sw-AD	40.43
4	McNeil, Anne	45	Unattached	41.78

Women 45-49 100 SC Meter Freestyle

1	Ryan, Theresa	46	Unattached	1:15.19
	36.08 39.11			

(Women 45-49 100 SC Meter Freestyle)

2	Leclair, Michelle	47	Unattached	1:23.22
	40.40 42.82			
3	Mugno, Cheryl	47	Unattached	1:24.61
	40.02 44.59			
4	Pickering, Janice	47	Unattached	1:25.36
	40.02 45.34			
5	Bachman, Nancy	48	Adirondack District Masters Sw-AD	1:34.07
	45.27 48.80			
6	Peet, Julie	46	Metro Masters-MR	1:35.77
	46.04 49.73			

Women 45-49 200 SC Meter Freestyle

1	Ryan, Theresa	46	Unattached	2:53.79
	38.61 42.91 46.22 46.05			
2	Dowling, Gail	48	DutchessBlues Masters	3:13.38
	44.26 49.17 51.54 48.41			
3	Bachman, Nancy	48	Adirondack District Masters Sw-AD	3:24.87
	47.17 52.28 54.66 50.76			
---	Pickering, Janice	47	Unattached	DQ

Women 45-49 400 SC Meter Freestyle

1	Crouse, Kim	49	Adirondack District Masters Sw-AD	6:48.34
	50.45 52.24 52.01 51.88 51.56 51.26 50.80 48.14			

Women 45-49 800 SC Meter Freestyle

1	Skomra, Kim	45	Unattached	12:29.45
	39.10 43.05 44.15 45.67 46.40 47.30 48.40 49.14			
	48.38 49.17 48.98 49.26 48.69 48.73 47.38 45.65			

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

2	Pickering, Janice			47	Unattached					13:22.21
	44.41	49.52	50.77	50.55	51.68	51.61	51.32	51.65		
	50.72	50.04	50.96	51.32	51.00	50.16	50.30	46.20		
3	Crouse, Kim			49	Adirondack District Masters Sw-AD					13:56.77
	51.75	53.51	54.46	53.85	53.35	53.49	53.14	52.39		
	52.48	52.08	51.99	51.80	52.14	51.40	50.25	48.69		
4	Dowling, Gail			48	DutchessBlues Masters					14:10.04
	46.17	51.54	52.80	53.08	53.93	55.01	54.28	54.50		
	54.61	54.07	54.26	54.47	54.04	54.32	53.32	49.64		
5	Bachman, Nancy			48	Adirondack District Masters Sw-AD					14:54.37
	48.70	52.10	55.75	55.77	56.82	57.35	56.98	57.38		
	57.88	58.45	57.68	56.86	56.04	57.28	56.21	53.12		
6	Peet, Julie			46	Metro Masters-MR					15:07.72
	50.05	56.05	57.32	57.58	56.35	56.55	57.05	57.67		
	58.00	56.95	57.74	58.12	58.45	57.12	58.10	54.62		

Women 45-49 50 SC Meter Backstroke

1	Croce, Barbara			45	Unattached					37.33
2	Dowling, Gail			48	DutchessBlues Masters					44.05
3	Leclair, Michelle			47	Unattached					45.26
4	Mugno, Cherl			47	Unattached					47.93
5	Ryan, Theresa			46	Unattached					48.05
6	McNeil, Anne			45	Unattached					50.82

Women 45-49 100 SC Meter Backstroke

1	Croce, Barbara			45	Unattached					1:24.07
	40.34	43.73								
2	Dowling, Gail			48	DutchessBlues Masters					1:37.56
	48.15	49.41								
3	McNeil, Anne			45	Unattached					2:01.41
	59.39	1:02.02								

Women 45-49 200 SC Meter Backstroke

1	Dowling, Gail			48	DutchessBlues Masters					3:39.71
	52.31	55.19	1:52.21							
2	McNeil, Anne			45	Unattached					3:58.50
	53.88	1:01.78	1:02.41	1:00.43						

Women 45-49 50 SC Meter Breaststroke

1	Crouse, Kim			49	Adirondack District Masters Sw-AD					46.61
2	Ryan, Theresa			46	Unattached					48.67
3	Pickering, Janice			47	Unattached					51.59

Women 45-49 100 SC Meter Breaststroke

1	Crouse, Kim			49	Adirondack District Masters Sw-AD					1:45.23
	50.69	54.54								

Women 45-49 200 SC Meter Breaststroke

1	Crouse, Kim			49	Adirondack District Masters Sw-AD					3:53.20
	53.23	59.62	1:01.56	58.79						
2	Bachman, Nancy			48	Adirondack District Masters Sw-AD					4:10.98
	57.24	1:05.53	1:06.24	1:01.97						

2005 Empire State Games - 7/30/05 to 7/31/05**Results****Women 45-49 50 SC Meter Butterfly**

1	Peet, Julie	46	Metro Masters-MR	50.16
2	McNeil, Anne	45	Unattached	56.03

Women 45-49 100 SC Meter Butterfly

1	Peet, Julie	46	Metro Masters-MR	2:03.69
	54.44		1:09.25	

Women 45-49 200 SC Meter Butterfly

1	Crouse, Kim	49	Adirondack District Masters Sw-AD	4:08.39
	59.46		1:05.04 1:05.28	58.61

Women 45-49 100 SC Meter IM

1	Ryan, Theresa	46	Unattached	1:33.79
	44.89		48.90	
2	Dowling, Gail	48	DutchessBlues Masters	1:35.87
	44.81		51.06	
3	Mugno, Cheryl	47	Unattached	1:40.93
	45.95		54.98	
4	Pickering, Janice	47	Unattached	1:41.95
	47.09		54.86	
5	Bachman, Nancy	48	Adirondack District Masters Sw-AD	1:48.35
	52.32		56.03	
6	Peet, Julie	46	Metro Masters-MR	1:55.35
	53.84		1:01.51	

Women 45-49 200 SC Meter IM

1	Croce, Barbara	45	Unattached	3:11.59
	41.68		43.72 1:01.36	44.83
2	Dowling, Gail	48	DutchessBlues Masters	3:32.98
	44.05		54.36 1:04.86	49.71
3	Crouse, Kim	49	Adirondack District Masters Sw-AD	3:43.09
	51.20		1:01.61 59.80	50.48
4	Peet, Julie	46	Metro Masters-MR	4:07.65
	52.94		1:03.18 1:15.99	55.54

Women 45-49 400 SC Meter IM

1	Crouse, Kim	49	Adirondack District Masters Sw-AD	7:51.70
	56.77		1:02.53 1:04.01 1:02.88 1:01.04 1:00.91 52.70 50.86	

Women 50-54 50 SC Meter Freestyle

1	Davis, Kathleen	51	Metro Masters-MR	32.46
2	Burger, Gail	50	Unattached	33.36
3	Austin, Suzzane	50	Cortland Masters	42.03
4	Coonrod, Joan	51	Adirondack District Masters Sw-AD	47.10

Women 50-54 100 SC Meter Freestyle

1	Belva, Carol	50	Unattached	1:21.31
	40.50		40.81	
2	Phillips, Margaret	52	Adirondack District Masters Sw-AD	1:33.99
	46.14		47.85	
3	Austin, Suzzane	50	Cortland Masters	1:42.48
	44.51		57.97	

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

4 Coonrod, Joan 51 Adirondack District Masters Sw-AD 1:49.62
49.32 1:00.30

Women 50-54 200 SC Meter Freestyle

1 Belva, Carol 50 Unattached 2:53.43
39.69 44.04 45.74 43.96
2 Rivers, Kathryn 54 Unattached 4:04.03
51.60 1:00.41 1:04.87 1:07.15
3 Coonrod, Joan 51 Adirondack District Masters Sw-AD 4:18.68
55.25 1:02.44 1:13.99 1:07.00

Women 50-54 400 SC Meter Freestyle

1 Belva, Carol 50 Unattached 5:58.13
41.63 45.52 45.32 46.15 45.27 46.27 45.46 42.51
2 Davis, Kathleen 51 Metro Masters-MR 6:18.83
41.69 46.75 49.48 49.64 49.26 48.63 48.72 44.66
3 Phillips, Margaret 52 Adirondack District Masters Sw-AD 6:58.96
47.67 51.74 53.16 53.64 53.40 53.69 53.62 52.04

Women 50-54 800 SC Meter Freestyle

1 Belva, Carol 50 Unattached 12:14.26
41.04 45.02 45.86 46.51 46.65 46.54 46.88 46.99
46.55 46.04 46.16 46.97 46.24 46.75 46.20 43.86
2 Davis, Kathleen 51 Metro Masters-MR 12:28.77
40.83 46.27 47.23 46.69 46.54 47.20 47.81 47.86
47.84 47.02 47.75 47.94 46.94 47.76 46.81 46.28

Women 50-54 50 SC Meter Backstroke

1 Burger, Gail 50 Unattached 38.51

(Women 50-54 50 SC Meter Backstroke)

2 Austin, Suzzane 50 Cortland Masters 52.67

Women 50-54 100 SC Meter Backstroke

1 Burger, Gail 50 Unattached 1:25.39
41.71 43.68
2 Davis, Kathleen 51 Metro Masters-MR 1:30.74
43.58 47.16

Women 50-54 200 SC Meter Backstroke

1 Burger, Gail 50 Unattached 3:02.51
42.43 46.16 47.83 46.09

Women 50-54 50 SC Meter Breaststroke

1 Austin, Suzzane 50 Cortland Masters 55.43

Women 50-54 100 SC Meter Breaststroke

1 Austin, Suzzane 50 Cortland Masters 2:02.44
58.65 1:03.79
2 Mcguire, Katherin 52 Unattached 2:31.92
1:10.95 1:20.97

Women 50-54 200 SC Meter Breaststroke

1 Phillips, Margaret 52 Adirondack District Masters Sw-AD 4:13.08
57.86 1:04.66 1:05.88 1:04.68

2005 Empire State Games - 7/30/05 to 7/31/05
Results

Women 50-54 50 SC Meter Butterfly

1	Burger, Gail	50	Unattached							37.25
2	Austin, Suzzane	50	Cortland Masters							55.48

Women 50-54 100 SC Meter Butterfly

1	Davis, Kathleen	51	Metro Masters-MR							1:30.84
	41.26	49.58								

Women 50-54 200 SC Meter Butterfly

1	Davis, Kathleen	51	Metro Masters-MR							3:29.05
	40.42	52.95	58.10	57.58						

Women 50-54 100 SC Meter IM

1	Burger, Gail	50	Unattached							1:26.42
	40.19	46.23								
2	Austin, Suzzane	50	Cortland Masters							1:53.40
	54.53	58.87								

Women 50-54 200 SC Meter IM

1	Davis, Kathleen	51	Metro Masters-MR							3:10.23
	39.42	49.82	56.52	44.47						
2	Belva, Carol	50	Unattached							3:26.63
	47.13	55.74	59.96	43.80						
3	Rivers, Kathryn	54	Unattached							4:41.83
	59.80	1:20.98	1:15.30	1:05.75						

Women 50-54 400 SC Meter IM

1	Davis, Kathleen	51	Metro Masters-MR							6:56.30
	41.31	52.62	1:49.42	58.99	48.22	47.50				
2	Belva, Carol	50	Unattached							7:17.55
	48.00	57.93	58.33	58.33	59.89	1:00.15	49.05	45.87		

Women 55-59 50 SC Meter Freestyle

1	Oshea, Deborah	58	Niagara Masters-NI							41.54
2	Helm, Barbara	55	Unattached							44.17
3	Dennehy, Marianne	55	Unattached							48.43

Women 55-59 100 SC Meter Freestyle

1	Helm, Barbara	55	Unattached							1:37.17
	45.96	51.21								
2	Oshea, Deborah	58	Niagara Masters-NI							1:37.91
	44.97	52.94								

Women 55-59 200 SC Meter Freestyle

1	Helm, Barbara	55	Unattached							3:35.20
	50.84	54.88	55.27	54.21						

Women 55-59 800 SC Meter Freestyle

1	Helm, Barbara	55	Unattached							15:19.67
	53.13	57.57	59.46	1:00.66	58.94	58.81	58.89	58.43		
	58.26	57.99	57.45	57.78	57.48	56.77	56.07	51.98		

2005 Empire State Games - 7/30/05 to 7/31/05**Results****Women 55-59 50 SC Meter Backstroke**

1	Dennehy, Marianne	55	Unattached	59.41
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Women 55-59 50 SC Meter Breaststroke

1	Oshea, Deborah	58	Niagara Masters-NI	58.58
2	Dennehy, Marianne	55	Unattached	59.97
3	Helm, Barbara	55	Unattached	1:07.05
4	Krinsky, Renee	56	Unattached	1:07.21

Women 55-59 100 SC Meter Breaststroke

1	Dennehy, Marianne	55	Unattached	2:15.68
	1:04.87	1:10.81		
2	Krinsky, Renee	56	Unattached	2:29.54
	1:11.85	1:17.69		

Women 60-64 50 SC Meter Freestyle

1	James, Nancy	64	Unattached	46.30
---	Svenson, Ann	60	DC Masters-PV	DQ

Women 60-64 200 SC Meter Freestyle

1	Williams, Janice	62	Unattached	3:46.86
	53.68	59.26	59.31	54.61

Women 60-64 800 SC Meter Freestyle

1	Williams, Janice	62	Unattached	15:37.36
	53.67	1:01.31	1:00.40	1:00.67
	57.44	58.93	58.47	58.05
			58.15	58.13
				57.93
				54.56

Women 60-64 1500 SC Meter Freestyle

1	Svenson, Ann	60	DC Masters-PV	24:38.72
	47.59	48.82	49.81	49.49
	49.45	49.86	48.87	49.52
	49.47	49.83	50.13	49.48
	49.75	49.78	49.38	49.37
			48.35	47.38
			49.30	49.17
			49.02	49.19
			49.32	49.13
			49.60	49.34

Women 60-64 100 SC Meter Backstroke

1	Williams, Janice	62	Unattached	2:08.57
	1:03.17	1:05.40		

Women 60-64 200 SC Meter Backstroke

1	Williams, Janice	62	Unattached	4:29.66
	1:05.27	1:10.87	1:09.63	1:03.89

Women 60-64 50 SC Meter Breaststroke

---	James, Nancy	64	Unattached	DQ
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Women 60-64 100 SC Meter Breaststroke

1	James, Nancy	64	Unattached	1:54.99
	54.71	1:00.28		
2	Williams, Janice	62	Unattached	2:12.02
	1:03.76	1:08.26		

Women 60-64 200 SC Meter Breaststroke

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

1 Williams, Janice 62 Unattached 4:45.16
 1:06.53 1:15.13 1:14.26 1:09.24

Women 60-64 50 SC Meter Butterfly

1 Svenson, Ann 60 DC Masters-PV 43.62

Women 60-64 100 SC Meter Butterfly

--- Svenson, Ann 60 DC Masters-PV DQ

Women 60-64 200 SC Meter Butterfly

1 Svenson, Ann 60 DC Masters-PV 4:12.95
 59.84 1:07.48 1:07.36 58.27

Women 60-64 100 SC Meter IM

1 Svenson, Ann 60 DC Masters-PV 1:41.38
 48.27 53.11
 2 Williams, Janice 62 Unattached 2:00.63
 1:00.50 1:00.13

Women 60-64 400 SC Meter IM

1 Svenson, Ann 60 DC Masters-PV 7:46.83
 54.04 59.93 1:02.93 1:00.40 1:04.94 1:03.28 52.05 49.26

Women 65-69 200 SC Meter Freestyle

1 Griffin, Joan 68 Unattached 4:02.55
 57.64 1:00.56 1:02.81 1:01.54

Women 65-69 400 SC Meter Freestyle

1 Griffin, Joan 68 Unattached 8:29.19
 57.89 1:02.52 1:04.38 1:04.83 1:05.34 1:06.29 1:05.35 1:02.59

Women 65-69 200 SC Meter Backstroke

1 Griffin, Joan 68 Unattached 4:17.39
 2:08.46

Women 70-74 50 SC Meter Freestyle

1 Brown, Elizabeth 70 Unattached 50.13

Women 70-74 100 SC Meter Freestyle

1 Gaschke, Lida 73 Metro Masters-MR 1:39.50
 47.36 52.14
 2 Brown, Elizabeth 70 Unattached 1:50.24
 52.80 57.44

Women 70-74 200 SC Meter Freestyle

1 Brown, Elizabeth 70 Unattached 3:53.49
 54.86 58.61 1:01.23 58.79

Women 70-74 400 SC Meter Freestyle

1 Brown, Elizabeth 70 Unattached 8:28.13
 57.44 1:02.43 1:07.22 1:04.87 1:08.28 1:02.23 1:06.39 59.27

Women 70-74 800 SC Meter Freestyle

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

1	Gaschke, Lida		73	Metro Masters-MR					15:10.19
	51.87	56.63	57.31	58.22	57.61	56.98	57.82	57.06	
	57.58	58.00	59.99	56.42	56.66	56.61	56.24	55.19	

Women 70-74 200 SC Meter Backstroke

1	Gaschke, Lida		73	Metro Masters-MR					4:16.88
	1:02.28	1:06.24	1:06.29	1:02.07					

Women 70-74 100 SC Meter IM

1	Gaschke, Lida		73	Metro Masters-MR					1:54.11
	55.96	58.15							

Women 75-79 50 SC Meter Freestyle

1	Grimm, Florence		75	Adirondack District Masters Sw-AD					1:20.46
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Women 75-79 100 SC Meter Freestyle

1	Dagostino, Irene		78	Niagara Masters-NI					2:28.14
	1:11.90	1:16.24							

Women 75-79 200 SC Meter Freestyle

1	Dagostino, Irene		78	Niagara Masters-NI					4:48.60
	1:07.61	1:15.85	1:14.52	1:10.62					

Women 75-79 400 SC Meter Freestyle

1	Dagostino, Irene		78	Niagara Masters-NI					10:07.25
	1:10.29	1:17.98	1:20.55	1:17.40	1:17.42	1:15.67	1:14.39	1:13.55	

Women 75-79 800 SC Meter Freestyle

1	Dagostino, Irene		78	Niagara Masters-NI					19:32.54
	1:08.53	1:15.58	1:16.11	1:14.76	1:13.40	1:13.93	1:14.81	1:14.09	
	1:14.72	1:13.55	1:12.80	1:12.83	1:12.80	1:12.81	1:11.69	1:10.13	

Women 75-79 50 SC Meter Backstroke

1	Kysor, Stefanena		77	Unattached					1:01.70
2	Grant, Cynthia		76	Unattached					1:22.43
3	Grimm, Florence		75	Adirondack District Masters Sw-AD					1:49.71

Women 75-79 100 SC Meter Backstroke

1	Kysor, Stefanena		77	Unattached					2:17.45
	1:07.38	1:10.07							

Women 75-79 200 SC Meter Backstroke

1	Kysor, Stefanena		77	Unattached					4:43.69
	1:09.11	1:09.94	1:14.41	1:10.23					
---	Eberle, Barbara		77	Unattached					DQ

Women 75-79 50 SC Meter Breaststroke

1	Kysor, Stefanena		77	Unattached					1:09.91
2	Grimm, Florence		75	Adirondack District Masters Sw-AD					1:58.01
---	Grant, Cynthia		76	Unattached					DQ
---	Eberle, Barbara		77	Unattached					DQ

Women 75-79 100 SC Meter Breaststroke

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

1 Kysor, Stefanena 77 Unattached 2:47.94
1:21.94 1:26.00

Women 75-79 50 SC Meter Butterfly

1 Dagostino, Irene 78 Niagara Masters-NI 1:29.61

Women 75-79 100 SC Meter IM

1 Kysor, Stefanena 77 Unattached 2:25.38
1:09.38 1:16.00

Women 75-79 200 SC Meter IM

1 Dagostino, Irene 78 Niagara Masters-NI 5:33.72
1:28.41 1:18.97 1:34.62 1:11.72

Men 18-24 50 SC Meter Freestyle

1 Engelhard, Arthur 20 Unattached 25.96

Men 18-24 100 SC Meter Freestyle

1 Engelhard, Arthur 20 Unattached 57.99
27.47 30.52

Men 18-24 200 SC Meter Freestyle

1 Engelhard, Arthur 20 Unattached 2:11.92
29.89 33.16 34.26 34.61

Men 18-24 1500 SC Meter Freestyle

1 Barry, Michael 19 DutchessBlues Masters 24:12.00
40.75 45.74 47.07 49.13 49.40 48.45 49.87 49.47
49.17 49.22 50.05 48.77 49.42 49.33 49.81 48.54
49.00 47.72 48.99 48.74 49.31 48.80 48.94 49.07
46.98 49.02 47.80 48.37 48.44 46.63

Men 18-24 50 SC Meter Backstroke

1 Engelhard, Arthur 20 Unattached 30.12

Men 18-24 100 SC Meter Backstroke

1 Engelhard, Arthur 20 Unattached 1:06.01
32.24 33.77

Men 18-24 100 SC Meter IM

1 Engelhard, Arthur 20 Unattached 1:08.38
30.20 38.18

Men 25-29 50 SC Meter Freestyle

1 Castronovo, Emilio 25 Unattached 26.48
2 Macleod, Robert 25 Adirondack District Masters Sw-AD 30.19

Men 25-29 100 SC Meter Freestyle

1 Castronovo, Emilio 25 Unattached 59.47
27.63 31.84
2 Macleod, Robert 25 Adirondack District Masters Sw-AD 1:09.04
32.38 36.66

Men 25-29 200 SC Meter Freestyle

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

1	Castronovo, Emilio	25	Unattached						2:10.77
	28.79	33.47	34.08	34.43					
2	Wasser, Brent	27	Unattached						2:22.86
	31.85	35.94	38.34	36.73					
3	Macleod, Robert	25	Adirondack District Masters Sw-AD						2:39.62
	33.45	40.01	43.67	42.49					

Men 25-29 400 SC Meter Freestyle

1	Castronovo, Emilio	25	Unattached						4:54.79
	33.15	36.48	38.12	38.99	37.12	37.91	37.59	35.43	

Men 25-29 1500 SC Meter Freestyle

1	Castronovo, Emilio	25	Unattached						20:20.28
	32.55	35.52	38.25	39.86	39.45	40.41	40.70	41.29	
	40.76	41.41	41.35	40.15	40.58	41.07	40.80	41.51	
	42.53	42.33	41.92	41.86	41.59	42.34	42.29	42.54	
	41.30	41.49	42.19	41.19	41.35	39.70			

Men 25-29 50 SC Meter Backstroke

1	Wasser, Brent	27	Unattached						32.38
2	Macleod, Robert	25	Adirondack District Masters Sw-AD						37.74

Men 25-29 100 SC Meter Backstroke

1	Wasser, Brent	27	Unattached						1:10.26
	34.26	36.00							

Men 25-29 200 SC Meter Backstroke

1	Wasser, Brent	27	Unattached						2:32.80
	34.97	37.93	40.36	39.54					

Men 25-29 50 SC Meter Breaststroke

1	Macleod, Robert	25	Adirondack District Masters Sw-AD						38.33
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Men 25-29 100 SC Meter Breaststroke

1	Wasser, Brent	27	Unattached						1:19.72
	37.74	41.98							
2	Macleod, Robert	25	Adirondack District Masters Sw-AD						1:26.80
	41.22	45.58							

Men 25-29 50 SC Meter Butterfly

1	Castronovo, Emilio	25	Unattached						29.58
2	Macleod, Robert	25	Adirondack District Masters Sw-AD						33.12

Men 25-29 100 SC Meter IM

1	Wasser, Brent	27	Unattached						1:11.79
	33.15	38.64							
2	Macleod, Robert	25	Adirondack District Masters Sw-AD						1:19.80
	36.41	43.39							

Men 25-29 200 SC Meter IM

1	Wasser, Brent	27	Unattached						2:39.42
	30.78	38.99	50.04	39.61					
2	Macleod, Robert	25	Adirondack District Masters Sw-AD						2:54.80
	33.83	48.67	50.35	41.95					

2005 Empire State Games - 7/30/05 to 7/31/05
Results

Men 25-29 400 SC Meter IM

1 Wasser, Brent	27 Unattached	5:27.74
33.45 41.31 42.81 41.10 45.77 46.88 40.03 36.39		

Men 30-34 50 SC Meter Freestyle

1 Hardin, Philip	30 Unattached	24.45
2 Churins, Jonathan	30 Unattached	26.23

Men 30-34 100 SC Meter Freestyle

1 Hardin, Philip	30 Unattached	55.24
25.42 29.82		

Men 30-34 200 SC Meter Freestyle

1 Hardin, Philip	30 Unattached	2:08.98
30.15 33.30 32.66 32.87		
2 Stoner, Ed	32 Adirondack District Masters Sw-AD	2:13.99
31.00 34.13 34.65 34.21		

Men 30-34 400 SC Meter Freestyle

1 Stoner, Ed	32 Adirondack District Masters Sw-AD	4:46.14
33.13 36.12 36.93 36.78 36.63 36.66 35.70 34.19		

Men 30-34 1500 SC Meter Freestyle

1 Stoner, Ed	32 Adirondack District Masters Sw-AD	19:06.19
33.51 37.10 37.30 37.40 37.72 37.74 38.13 37.85		
38.08 38.22 38.23 38.31 38.57 38.27 38.38 38.68		
38.42 38.77 38.84 38.80 38.80 38.64 39.05 39.01		
39.13 39.36 39.07 38.90 38.23 37.68		

Men 30-34 100 SC Meter Backstroke

1 Stoner, Ed	32 Adirondack District Masters Sw-AD	1:14.86
36.69 38.17		

Men 30-34 200 SC Meter Backstroke

1 Stoner, Ed	32 Adirondack District Masters Sw-AD	2:37.23
37.53 39.85 40.29 39.56		

Men 30-34 50 SC Meter Breaststroke

1 Hardin, Philip	30 Unattached	30.79
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Men 30-34 100 SC Meter Breaststroke

1 Hardin, Philip	30 Unattached	1:09.67
33.49 36.18		

Men 30-34 50 SC Meter Butterfly

1 Hardin, Philip	30 Unattached	27.01
2 Churins, Jonathan	30 Unattached	28.42

Men 30-34 100 SC Meter Butterfly

1 Churins, Jonathan	30 Unattached	1:04.90
30.25 34.65		

Men 30-34 100 SC Meter IM

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

1	Hardin, Philip	30	Unattached							1:03.49
	30.14 33.35									
2	Churins, Jonathan	30	Unattached							1:06.08
	29.73 36.35									

Men 30-34 200 SC Meter IM

1	Churins, Jonathan	30	Unattached							2:25.16
	29.10 35.58 43.07 37.41									

Men 30-34 400 SC Meter IM

1	Churins, Jonathan	30	Unattached							5:26.33
	31.67 37.50 40.96 39.89 48.08 50.10 40.43 37.70									
2	Stoner, Ed	32	Adirondack District Masters Sw-AD							5:36.36
	37.26 43.86 43.78 41.95 48.93 48.87 36.15 35.56									

Men 35-39 50 SC Meter Freestyle

1	Mccloe, Bill	39	Unattached							30.40
2	Dwyer, Edward	38	Niagara Masters-NI							30.46
3	Blevens, Lincoln	38	DutchessBlues Masters							32.21

Men 35-39 100 SC Meter Freestyle

1	Mccloe, Bill	39	Unattached							1:07.87
	31.68 36.19									
2	Thomas., Jr., Donald	39	Unattached							1:11.18
	32.92 38.26									
3	Murray, Jay	36	Metro Masters-MR							1:11.91
	34.72 37.19									

Men 35-39 200 SC Meter Freestyle

1	Murray, Jay	36	Metro Masters-MR							2:42.16
	36.61 39.88 42.73 42.94									
2	Blevens, Lincoln	38	DutchessBlues Masters							3:00.54
	38.99 44.85 51.21 45.49									

Men 35-39 400 SC Meter Freestyle

1	Murray, Jay	36	Metro Masters-MR							5:53.45
	38.70 42.58 44.42 45.51 46.40 46.77 46.18 42.89									

Men 35-39 800 SC Meter Freestyle

1	Boyko, Arthur	39	Metro Masters-MR							9:43.08
	31.69 35.60 36.55 36.55 36.64 36.80 36.88 36.65									
	36.85 36.43 36.83 37.19 37.97 38.01 37.59 34.85									
2	Klare, Marl	38	Unattached							11:01.17
	36.62 39.52 40.46 40.82 39.44 40.54 41.52 42.51									
	41.29 42.78 42.97 43.13 43.50 43.31 41.89 40.87									

Men 35-39 1500 SC Meter Freestyle

1	Murray, Jay	36	Metro Masters-MR							24:18.24
	40.07 43.69 45.37 47.15 48.12 48.37 49.65 49.79									
	49.59 50.18 50.37 49.83 49.69 49.74 49.54 49.24									
	49.67 49.83 49.87 49.58 49.38 49.28 49.48 49.47									
	49.75 49.83 49.30 48.61 48.95 44.85									

(Men 35-39 1500 SC Meter Freestyle)

---	Blevens, Lincoln	38	DutchessBlues Masters							DQ
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2005 Empire State Games - 7/30/05 to 7/31/05**Results**

42.68			52.38	55.00	53.00	52.25	53.11
54.72	52.63	52.28	52.63	52.02	51.73	53.08	51.94
52.13	51.95	54.42	51.84	51.91	51.80	50.81	51.57
50.21	51.80	51.60	50.91	49.37	46.11		

Men 35-39 50 SC Meter Backstroke

1 Dwyer, Edward	38	Niagara Masters-NI	38.22
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Men 35-39 100 SC Meter Backstroke

1 Dwyer, Edward	38	Niagara Masters-NI	1:26.86
43.66	43.20		
2 Thomas., Jr., Donald	39	Unattached	1:27.01
41.81	45.20		

Men 35-39 200 SC Meter Backstroke

1 Klare, Marl	38	Unattached	2:43.70
38.40	41.67	42.24	41.39
2 Dwyer, Edward	38	Niagara Masters-NI	3:09.39
42.24	47.96	49.86	49.33
3 Thomas., Jr., Donald	39	Unattached	3:12.95
43.33	51.09		

Men 35-39 50 SC Meter Breaststroke

1 Boyko, Arthur	39	Metro Masters-MR	31.92
2 Mccloe, Bill	39	Unattached	38.74

Men 35-39 100 SC Meter Breaststroke

1 Boyko, Arthur	39	Metro Masters-MR	1:09.56
33.54	36.02		
2 Mccloe, Bill	39	Unattached	1:24.41
39.64	44.77		
3 Blevens, Lincoln	38	DutchessBlues Masters	1:45.92
48.92	57.00		

Men 35-39 50 SC Meter Butterfly

1 Dwyer, Edward	38	Niagara Masters-NI	33.27
2 Mccloe, Bill	39	Unattached	34.55

Men 35-39 100 SC Meter Butterfly

1 Klare, Marl	38	Unattached	1:16.07
35.09	40.98		
2 Dwyer, Edward	38	Niagara Masters-NI	1:19.10
37.21	41.89		

Men 35-39 100 SC Meter IM

1 Mccloe, Bill	39	Unattached	1:18.46
36.73	41.73		
2 Dwyer, Edward	38	Niagara Masters-NI	1:23.10
38.32	44.78		

Men 35-39 200 SC Meter IM

1 Boyko, Arthur	39	Metro Masters-MR	2:22.22
29.46	39.27	40.18	33.31

(Men 35-39 200 SC Meter IM)

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

2 Klare, Marl	38 Unattached	2:44.85
33.07 41.29 52.53	37.96	

Men 40-44 50 SC Meter Freestyle

1 Strothenke, Paul	41 Adirondack District Masters Sw-AD	26.83
2 Foley, Bryan	41 Unattached	28.36
3 Wooley, Scott	40 Metro Masters-MR	28.42
4 Danner, Llawrence	43 Adirondack District Masters Sw-AD	33.48
--- Suba, Scott	41 Adirondack District Masters Sw-AD	DQ

Men 40-44 100 SC Meter Freestyle

1 Strothenke, Paul	41 Adirondack District Masters Sw-AD	59.52
28.38 31.14		
2 Wooley, Scott	40 Metro Masters-MR	1:01.70
30.03 31.67		
3 Foley, Bryan	41 Unattached	1:08.18
32.75 35.43		
4 Danner, Llawrence	43 Adirondack District Masters Sw-AD	1:18.58
37.97 40.61		

Men 40-44 200 SC Meter Freestyle

1 Strothenke, Paul	41 Adirondack District Masters Sw-AD	2:11.68
30.32 33.91 34.70	32.75	
2 Wooley, Scott	40 Metro Masters-MR	2:19.60
32.27 35.00 36.63	35.70	
--- Barra, David	40 Adirondack District Masters Sw-AD	DQ

Men 40-44 400 SC Meter Freestyle

1 Strothenke, Paul	41 Adirondack District Masters Sw-AD	4:44.50
32.84 35.65 36.45	36.47 36.96 37.10 35.97 33.06	
2 Wooley, Scott	40 Metro Masters-MR	5:06.63
32.65 35.32 37.91	39.01 39.81 41.08 40.99 39.86	

Men 40-44 800 SC Meter Freestyle

1 Strothenke, Paul	41 Adirondack District Masters Sw-AD	9:57.10
33.28 36.22 36.56	36.96 37.33 37.82 37.78 37.72	
37.39 38.16 38.46	38.38 38.43 38.35 36.82 37.44	
2 Wooley, Scott	40 Metro Masters-MR	10:55.55
32.48 35.53 38.76	39.32 40.19 41.05 41.39 41.96	
42.39 42.86 42.62	42.95 43.46 43.66 44.42 42.51	
3 Heilmann, Keith	42 Unattached	15:17.52
46.88 54.52 58.39	58.26 59.31 58.36 59.82 59.69	
59.79 59.35 56.34	59.26 58.41 58.52 57.67 52.95	

Men 40-44 1500 SC Meter Freestyle

1 Barra, David	40 Adirondack District Masters Sw-AD	19:30.73
34.53 37.13 37.83	38.47 38.68 39.13 39.41 39.18	
39.63 38.89 39.16	39.14 39.31 38.87 39.22 38.87	
39.25 39.78 39.75	39.57 39.49 39.20 39.76 39.70	
39.60 39.25 39.62	39.37 40.55 38.39	
2 Dwyer, Charles	43 Unattached	31:00.12
44.46 50.74 56.30	59.18 1:01.61 1:02.83 1:02.40 1:03.84	
1:02.91 1:02.84 1:04.22	1:03.27 1:02.82 1:04.57 1:04.02 1:05.00	
1:05.25 1:05.01 1:04.38	1:04.44 1:02.73 1:03.43 1:02.39 1:02.22	

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

1:03.62 1:04.31 1:04.19 1:03.17 1:03.72 1:00.25

(Men 40-44 1500 SC Meter Freestyle)

--- Suba, Scott 41 Adirondack District Masters Sw-AD DQ

Men 40-44 50 SC Meter Backstroke

1 Wooley, Scott 40 Metro Masters-MR 33.81

Men 40-44 100 SC Meter Backstroke1 Wooley, Scott 40 Metro Masters-MR 1:11.43
35.83 35.60**Men 40-44 50 SC Meter Breaststroke**1 Sims, John 42 Unattached 39.70
2 Evans, Lance 44 Unattached 40.14
3 Heilmann, Keith 42 Unattached 42.89
4 Danner, Llawrence 43 Adirondack District Masters Sw-AD 44.54**Men 40-44 100 SC Meter Breaststroke**1 Sims, John 42 Unattached 1:26.84
41.13 45.71
2 Evans, Lance 44 Unattached 1:30.16
42.29 47.87
3 Heilmann, Keith 42 Unattached 1:40.73
48.42 52.31
4 Danner, Llawrence 43 Adirondack District Masters Sw-AD 1:46.71
51.04 55.67**Men 40-44 200 SC Meter Breaststroke**1 Sims, John 42 Unattached 3:12.37
43.57 49.88 50.04 48.88
2 Evans, Lance 44 Unattached 3:17.63
44.46 50.84 50.96 51.37
3 Heilmann, Keith 42 Unattached 4:17.46
51.63 1:02.45 1:14.18 1:09.20**Men 40-44 50 SC Meter Butterfly**1 Foley, Bryan 41 Unattached 36.04
2 Sims, John 42 Unattached 37.08**Men 40-44 100 SC Meter Butterfly**--- Barra, David 40 Adirondack District Masters Sw-AD DQ
--- Suba, Scott 41 Adirondack District Masters Sw-AD DQ**Men 40-44 100 SC Meter IM**1 Sims, John 42 Unattached 1:24.35
39.37 44.98
2 Evans, Lance 44 Unattached 1:31.32
46.03 45.29**Men 40-44 200 SC Meter IM**1 Wooley, Scott 40 Metro Masters-MR 2:41.06
32.56 40.46 48.78 39.26

2005 Empire State Games - 7/30/05 to 7/31/05**Results****Men 45-49 50 SC Meter Freestyle**

1	Noone, Charles	47	Unattached	29.45
2	Herman, Timothy	49	Unattached	30.24
3	Macmahon, Timothy	46	Unattached	30.46

(Men 45-49 50 SC Meter Freestyle)

4	Masler, Mark	45	Unattached	31.15
5	Taber, Michael	48	Unattached	34.25
6	Paul, Howard	47	Unattached	36.35

Men 45-49 100 SC Meter Freestyle

1	Macmahon, Timothy	46	Unattached	1:08.38
	32.86 35.52			
2	Noone, Charles	47	Unattached	1:09.04
	31.40 37.64			
3	Herman, Timothy	49	Unattached	1:10.11
	33.75 36.36			
4	Paul, Howard	47	Unattached	1:24.63
	38.03 46.60			

Men 45-49 200 SC Meter Freestyle

1	Herman, Timothy	49	Unattached	2:43.12
	36.63 43.01 43.27 40.21			
2	Masler, Mark	45	Unattached	2:54.02
	36.84 44.17 47.21 45.80			

Men 45-49 400 SC Meter Freestyle

1	Herman, Timothy	49	Unattached	5:59.38
	41.20 46.84 46.99 46.33 46.20 46.20 44.62 41.00			
2	Masler, Mark	45	Unattached	6:37.23
	42.85 48.05 49.43 50.64 51.54 49.41			

Men 45-49 800 SC Meter Freestyle

1	Pagano, Paul	48	Unattached	12:01.01
	41.46 43.92 45.31 45.41 45.89 45.61 45.39 45.43			
	45.26 45.47 45.18 44.94 46.24 45.86 45.52 44.12			
2	Herman, Timothy	49	Unattached	12:04.12
	40.15 45.95 46.46 46.50 46.73 46.53 46.56 45.86			
	45.79 45.65 46.21 45.95 45.92 44.83 44.34 40.69			

Men 45-49 1500 SC Meter Freestyle

1	Macmahon, Timothy	46	Unattached	23:43.37
	41.42 44.88 46.04 46.87 47.58 47.68 48.14 47.64			
	47.81 47.67 47.96 48.35 47.82 47.99 47.49 48.00			
	48.14 48.24 48.57 48.89 48.35 47.83 48.16 48.16			
	48.39 48.51 48.43 47.99 46.19 44.18			
2	Taber, Michael	48	Unattached	23:47.55
	39.76 46.29 46.71 48.62 46.66			
	48.32 46.29 49.31			
	43.85			

Men 45-49 50 SC Meter Backstroke

1	Kennedy, Mike	46	Unattached	37.99
2	Henzler, David	48	Unattached	39.00

2005 Empire State Games - 7/30/05 to 7/31/05**Results****Men 45-49 100 SC Meter Backstroke**

1	Henzler, David	48	Unattached	1:22.32
	41.18 41.14			
2	Kennedy, Mike	46	Unattached	1:24.78
	41.19 43.59			

(Men 45-49 100 SC Meter Backstroke)

3	Herman, Timothy	49	Unattached	1:31.19
	44.28 46.91			

Men 45-49 200 SC Meter Backstroke

1	Kennedy, Mike	46	Unattached	3:06.26
	42.71 45.92 1:37.63			
2	Henzler, David	48	Unattached	3:17.03
	44.22 47.64 57.81 47.36			
3	Masler, Mark	45	Unattached	3:54.74
	51.41 1:00.06 1:02.46 1:00.81			

Men 45-49 50 SC Meter Breaststroke

1	Noone, Charles	47	Unattached	38.27
2	Pagano, Paul	48	Unattached	39.88

Men 45-49 100 SC Meter Breaststroke

1	Pagano, Paul	48	Unattached	1:30.79
	42.85 47.94			
2	Henzler, David	48	Unattached	1:35.79
	45.83 49.96			

Men 45-49 50 SC Meter Butterfly

1	Kennedy, Mike	46	Unattached	36.15
2	Masler, Mark	45	Unattached	38.92
3	Paul, Howard	47	Unattached	40.76

Men 45-49 100 SC Meter Butterfly

1	Herman, Timothy	49	Unattached	1:27.83
	41.56 46.27			
2	Kennedy, Mike	46	Unattached	1:30.07
	44.60 45.47			

Men 45-49 200 SC Meter Butterfly

1	Herman, Timothy	49	Unattached	3:28.85
	45.96 55.16 56.54 51.19			
2	Masler, Mark	45	Unattached	3:40.22
	47.45 54.95 59.53 58.29			

Men 45-49 100 SC Meter IM

1	Noone, Charles	47	Unattached	1:20.37
	37.18 43.19			
2	Kennedy, Mike	46	Unattached	1:23.74
	37.91 45.83			
3	Macmahon, Timothy	46	Unattached	1:25.05
4	Henzler, David	48	Unattached	1:26.06
	39.36 46.70			
5	Masler, Mark	45	Unattached	1:33.13

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

40.98 52.15

Men 45-49 200 SC Meter IM

1 Kennedy, Mike	46 Unattached	2:59.72
36.11 46.96 52.99 43.66		
2 Herman, Timothy	49 Unattached	3:00.24
39.27 47.08 55.78 38.11		

(Men 45-49 200 SC Meter IM)

3 Henzler, David	48 Unattached	3:07.58
39.90 45.80 55.97 45.91		
4 Masler, Mark	45 Unattached	3:28.43
39.27 53.48 1:08.71 46.97		

Men 45-49 400 SC Meter IM

1 Herman, Timothy	49 Unattached	6:39.17
42.94 51.15 51.87 51.18 59.83 58.61 42.38 41.21		
2 Kennedy, Mike	46 Unattached	6:51.13
45.25 50.82 49.93 50.62 57.28 58.14 48.08 51.01		
3 Masler, Mark	45 Unattached	7:34.36
47.27 54.19 1:00.33 1:01.56 1:08.41 1:06.66 50.22 45.72		

Men 50-54 50 SC Meter Freestyle

1 Gianniny, Bruce	54 Unattached	28.13
2 Millere, Steven	51 Unattached	28.56
3 Fay, Jonathan	51 Unattached	29.43
4 Anderson, David	51 Unattached	31.10

Men 50-54 100 SC Meter Freestyle

1 Humphreys, Jeffrey	50 Niagara Masters-NI	1:01.46
29.57 31.89		
2 Millere, Steven	51 Unattached	1:02.88
29.78 33.10		
3 Anderson, David	51 Unattached	1:08.78
32.53 36.25		
4 Fay, Jonathan	51 Unattached	1:10.34
30.96 39.38		

Men 50-54 200 SC Meter Freestyle

1 Humphreys, Jeffrey	50 Niagara Masters-NI	2:17.90
31.68 35.47 36.20 34.55		
2 Millere, Steven	51 Unattached	2:22.33
32.87 35.46 36.85 37.15		
3 Anderson, David	51 Unattached	2:43.55
36.81 41.81 44.70 40.23		

Men 50-54 400 SC Meter Freestyle

1 Millere, Steven	51 Unattached	5:08.34
35.76 38.15 39.15 39.01 39.14 39.64 39.51 37.98		
2 Anderson, David	51 Unattached	5:50.59
37.80 42.57 45.78 46.28 46.04 45.01 45.11 42.00		
3 Beyerbach, Bill	50 Niagara Masters-NI	6:04.16
42.13 47.11 46.26 46.82 45.80 45.54 46.43 44.07		

2005 Empire State Games - 7/30/05 to 7/31/05**Results****Men 50-54 800 SC Meter Freestyle**

1	Millere, Steven			51	Unattached					11:03.66
	36.94	39.61	40.12	40.06	40.32	40.69	41.37	41.32		
	42.22	42.83	43.35	43.08	42.90	43.19	43.24	42.42		
2	Anderson, David			51	Unattached					11:42.59
	37.86	41.49	44.43	43.71	45.04	45.25	45.26	44.94		
	45.63	45.25	44.95	44.92	44.38	43.77	43.64	42.07		

Men 50-54 1500 SC Meter Freestyle

1	Gianniny, Bruce			54	Unattached					19:43.39
	36.59	38.71	39.56	39.74	39.82	40.12	39.95	39.62		
	40.03	39.90	40.04	39.82	39.93	40.06	39.77	39.70		
	39.77	39.57	39.84	39.85	39.26	40.02	39.47	39.44		
	39.57	39.66	39.73	39.88	38.33	35.64				

Men 50-54 50 SC Meter Backstroke

1	Gianniny, Bruce			54	Unattached					35.96
2	Anderson, David			51	Unattached					42.85

Men 50-54 200 SC Meter Backstroke

1	Beyerbach, Bill			50	Niagara Masters-NI					2:56.30
	41.80	44.91	45.36	44.23						

Men 50-54 50 SC Meter Breaststroke

1	Beyerbach, Bill			50	Niagara Masters-NI					39.65
2	Fay, Jonathan			51	Unattached					39.83
3	Anderson, David			51	Unattached					40.09
4	Briete, Marshall			53	Unattached					46.95
5	Jekel, Edward			52	Unattached					47.64

Men 50-54 100 SC Meter Breaststroke

1	Beyerbach, Bill			50	Niagara Masters-NI					1:27.44
	41.70	45.74								
2	Anderson, David			51	Unattached					1:32.21
	43.92	48.29								
3	Briete, Marshall			53	Unattached					1:43.28
	49.34	53.94								
4	Jekel, Edward			52	Unattached					1:51.08
	48.80	1:02.28								

Men 50-54 200 SC Meter Breaststroke

1	Beyerbach, Bill			50	Niagara Masters-NI					3:09.65
	44.03	49.10	48.78	47.74						
2	Anderson, David			51	Unattached					3:30.73
	46.68	53.23	56.20	54.62						
3	Briete, Marshall			53	Unattached					4:15.68
	53.65	1:03.00	1:12.45	1:06.58						

Men 50-54 50 SC Meter Butterfly

1	Humphreys, Jeffrey			50	Niagara Masters-NI					30.63
2	Millere, Steven			51	Unattached					32.55

Men 50-54 100 SC Meter Butterfly

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

1	Gianniny, Bruce	54	Unattached	1:18.32
	36.15 42.17			
2	Beyerbach, Bill	50	Niagara Masters-NI	1:41.37
	43.27 58.10			

Men 50-54 200 SC Meter Butterfly

1	Beyerbach, Bill	50	Niagara Masters-NI	3:37.45
	46.69 55.84 1:00.75		54.17	

Men 50-54 100 SC Meter IM

1	Humphreys, Jeffrey	50	Niagara Masters-NI	1:11.60
	33.51 38.09			

(Men 50-54 100 SC Meter IM)

2	Gianniny, Bruce	54	Unattached	1:14.56
	33.94 40.62			
3	Beyerbach, Bill	50	Niagara Masters-NI	1:21.09
	39.27 41.82			
4	Anderson, David	51	Unattached	1:24.79
	41.09 43.70			

Men 50-54 200 SC Meter IM

1	Humphreys, Jeffrey	50	Niagara Masters-NI	2:36.27
	32.02 40.56 46.89		36.80	
2	Beyerbach, Bill	50	Niagara Masters-NI	3:01.76
	40.49 48.66 48.63		43.98	

Men 50-54 400 SC Meter IM

1	Beyerbach, Bill	50	Niagara Masters-NI	6:56.94
	44.07 54.91 55.02		52.60 54.22 54.12 51.83 50.17	

Men 55-59 50 SC Meter Freestyle

1	Long, Bob	56	Unattached	31.60
2	Andrews, Mark	55	DutchessBlues Masters	33.38
3	Cox, Gerry	58	Niagara Masters-NI	48.22

Men 55-59 100 SC Meter Freestyle

1	Marchant, Richard	55	Unattached	1:06.65
	32.72 33.93			
2	Cothren, Jack	56	Metro Masters-MR	1:08.22
	33.12 35.10			
3	Andrews, Mark	55	DutchessBlues Masters	1:15.62
	36.34 39.28			
4	Sherry, John	57	Niagara Masters-NI	1:15.89
	36.71 39.18			
5	Cox, Gerry	58	Niagara Masters-NI	1:41.07
	49.04 52.03			

Men 55-59 200 SC Meter Freestyle

1	Mcclintock, Paul	55	Connecticut Maasters-CT	2:36.36
	37.40 39.88 40.51		38.57	
2	Sherry, John	57	Niagara Masters-NI	2:46.82
	38.10 41.92 44.16		42.64	
3	Andrews, Mark	55	DutchessBlues Masters	2:53.94

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

	39.55	44.01	46.99	43.39				
4 Cox, Gerry				58	Niagara Masters-NI			3:41.51
	51.87	56.31	57.47	55.86				

Men 55-59 400 SC Meter Freestyle

1 Mcclintock, Paul				55	Connecticut Maasters-CT			5:22.33
	38.31	40.91	41.40	41.59	41.26	41.71	39.46	37.69
2 Cothren, Jack				56	Metro Masters-MR			5:38.34
	37.41	41.28	42.45	42.85	42.87	44.04	45.46	41.98
3 Garfunkel, Alan				58	Metro Masters-MR			5:52.30
	43.30	44.86	45.27	45.21	44.89	44.77	43.72	40.28
4 Sherry, John				57	Niagara Masters-NI			5:55.26
	40.45	44.15	45.29	45.85	46.04	45.89	44.83	42.76

(Men 55-59 400 SC Meter Freestyle)

5 Andrews, Mark				55	DutchessBlues Masters			6:11.09
	42.93	46.90	48.36	48.30	47.35	47.44	47.56	42.25
6 Kruschke, Floyd				58	Unattached			6:35.77
	45.08	49.82	49.90	51.86	51.66	50.86	49.62	46.97

Men 55-59 800 SC Meter Freestyle

1 Mcclintock, Paul				55	Connecticut Maasters-CT			10:46.77
	37.22	39.29	40.29	40.20	40.21	40.88	40.41	40.44
	40.87	40.54	41.25	41.43	41.32	41.22	40.62	40.58
2 Sherry, John				57	Niagara Masters-NI			12:06.03
	40.39	43.81	44.89	46.22	45.17	45.53	45.95	46.31
	46.30	45.42	45.76	46.21	46.76	45.81	45.67	45.83

Men 55-59 1500 SC Meter Freestyle

1 Cothren, Jack				56	Metro Masters-MR			22:27.82
	39.08	43.14	44.25	44.67	44.50	44.32	44.49	45.20
	44.88	44.92	45.33	45.43	45.07	45.29	45.16	44.95
	45.60	46.16	46.04	45.71	46.35	45.84	46.38	46.30
	45.61	45.66	45.28	45.39	44.58	42.24		
2 Kruschke, Floyd				58	Unattached			25:16.80
	43.41	47.37	50.25	50.86	51.08	50.97	51.23	51.04
	51.61	50.42	51.87	51.31	51.50	51.31	51.85	51.41
	52.54	51.07	51.42	50.83	51.07	51.12	51.32	51.21
	50.85	50.19	51.24	51.22	49.33	45.90		

Men 55-59 50 SC Meter Backstroke

1 Marchant, Richard				55	Unattached			37.92
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Men 55-59 100 SC Meter Backstroke

1 Marchant, Richard				55	Unattached			1:22.25
	39.52	42.73						

Men 55-59 200 SC Meter Backstroke

1 Marchant, Richard				55	Unattached			3:00.05
	43.10	45.62	46.40	44.93				
2 Mcclintock, Paul				55	Connecticut Maasters-CT			3:00.47
	44.46	45.28	46.05	44.68				

Men 55-59 50 SC Meter Breaststroke

1 Long, Bob				56	Unattached			37.47
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2005 Empire State Games - 7/30/05 to 7/31/05**Results**

2	Andrews, Mark	55	DutchessBlues Masters	43.54
3	Kruschke, Floyd	58	Unattached	44.96

Men 55-59 100 SC Meter Breaststroke

1	Long, Bob	56	Unattached	1:23.93
	38.65 45.28			
2	Kruschke, Floyd	58	Unattached	1:36.13
	46.02 50.11			
---	Andrews, Mark	55	DutchessBlues Masters	DQ
	47.35 49.00			

Men 55-59 200 SC Meter Breaststroke

1	Long, Bob	56	Unattached	3:20.55
	42.96 50.25 53.70 53.64			

(Men 55-59 200 SC Meter Breaststroke)

2	Garfunkel, Alan	58	Metro Masters-MR	3:26.49
	48.90 54.06 52.75 50.78			
3	Andrews, Mark	55	DutchessBlues Masters	3:33.51
	50.63 55.21 55.85 51.82			
4	Kruschke, Floyd	58	Unattached	3:41.23
	49.46 54.50 57.94 59.33			

Men 55-59 50 SC Meter Butterfly

1	Marchant, Richard	55	Unattached	32.94
2	Cothren, Jack	56	Metro Masters-MR	33.25
3	Mcclintock, Paul	55	Connecticut Maasters-CT	36.49
4	Sherry, John	57	Niagara Masters-NI	40.42
5	Cox, Gerry	58	Niagara Masters-NI	59.49

Men 55-59 100 SC Meter Butterfly

1	Marchant, Richard	55	Unattached	1:17.27
	36.25 41.02			
2	Mcclintock, Paul	55	Connecticut Maasters-CT	1:22.08
	38.78 43.30			
3	Andrews, Mark	55	DutchessBlues Masters	1:49.77
	51.34 58.43			

Men 55-59 200 SC Meter Butterfly

1	Mcclintock, Paul	55	Connecticut Maasters-CT	3:09.74
	40.74 49.96 50.61 48.43			
2	Andrews, Mark	55	DutchessBlues Masters	4:10.60
	1:01.80 1:05.76 1:06.65 56.39			

Men 55-59 100 SC Meter IM

1	Marchant, Richard	55	Unattached	1:19.51
	36.70 42.81			
2	Mcclintock, Paul	55	Connecticut Maasters-CT	1:26.23
	39.75 46.48			
3	Andrews, Mark	55	DutchessBlues Masters	1:29.85
	43.06 46.79			
4	Kruschke, Floyd	58	Unattached	1:32.08
	45.12 46.96			
5	Cox, Gerry	58	Niagara Masters-NI	2:07.52

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

59.49 1:08.03

Men 55-59 200 SC Meter IM

1	Marchant, Richard	55	Unattached						2:50.66
	34.39 45.71 52.58	37.98							
2	Mcclintock, Paul	55	Connecticut Maasters-CT						2:58.95
	37.78 47.27 55.19	38.71							
3	Sherry, John	57	Niagara Masters-NI						3:14.55
	41.99 54.21 57.40	40.95							
4	Kruschke, Floyd	58	Unattached						3:18.53
	42.36 53.24 56.29	46.64							

Men 55-59 400 SC Meter IM

1	Mcclintock, Paul	55	Connecticut Maasters-CT						6:28.07
	45.24 48.20 49.25	48.21 57.13 56.63	42.48	40.93					

(Men 55-59 400 SC Meter IM)

2	Garfunkel, Alan	58	Metro Masters-MR						6:58.27
	49.61 53.42 56.44	55.58 56.17 57.39	45.33	44.33					
3	Kruschke, Floyd	58	Unattached						7:24.83
	45.56 55.56 1:01.43	1:02.47 1:01.05 1:01.39	50.73	46.64					

Men 60-64 50 SC Meter Freestyle

1	Healy, Martin	61	Unattached						33.23
2	Kilroy, Thomas	63	Unattached						37.11
3	Niu, Tyanfaun	60	Unattached						39.78
4	Mcginnis, Peter	61	Metro Masters-MR						41.49

Men 60-64 100 SC Meter Freestyle

1	Healy, Martin	61	Unattached						1:16.39
	35.80 40.59								
2	Kilroy, Thomas	63	Unattached						1:25.48
	38.82 46.66								

Men 60-64 200 SC Meter Freestyle

1	Healy, Martin	61	Unattached						2:53.87
	39.56 45.42 46.21	42.68							
2	Kilroy, Thomas	63	Unattached						3:16.75
	42.33 51.19 52.20	51.03							
---	Fitzgeraid, Tom	64	Unattached						DQ
---	Mcginnis, Peter	61	Metro Masters-MR						DQ

Men 60-64 400 SC Meter Freestyle

1	Healy, Martin	61	Unattached						6:24.88
	40.64 47.08 48.13	49.51 49.58 51.92	50.73	47.29					
2	Kilroy, Thomas	63	Unattached						7:05.00
	44.38 53.65 55.94	56.15 54.16 53.79	54.97	51.96					

Men 60-64 800 SC Meter Freestyle

1	Kilroy, Thomas	63	Unattached						14:18.93
	46.21 53.22 54.44	53.01 54.13 54.67	55.50	56.76					
	55.76 54.24 54.81	54.44 54.13 54.56	52.76	50.29					
2	Mcginnis, Peter	61	Metro Masters-MR						15:26.53
	47.43 55.14 57.18	58.12 56.82 58.32	58.93	1:00.18					

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

59.24	59.52	58.95	1:00.20	59.84	59.04	59.51	58.11	
3 Dwan, Timothy			64 Unattached					17:16.10
57.09	1:01.52	1:01.66	1:02.80	1:04.01	1:04.40	1:05.69	1:06.96	
1:06.60	1:08.16	1:07.24	1:06.20	1:06.25	1:07.04	1:07.27	1:03.21	

Men 60-64 1500 SC Meter Freestyle

1 Healy, Martin			61 Unattached					25:05.20
43.68	47.47	50.26	51.21	51.43	49.09	50.09	49.30	
49.07	50.87	50.43	52.41	50.26	52.39	52.25	51.90	
49.31	50.35	51.34	50.49	51.85	49.71	50.90	50.31	
50.05	50.62	50.74	50.83	49.59	47.00			

Men 60-64 50 SC Meter Backstroke

1 Dwan, Timothy			64 Unattached					1:05.04
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Men 60-64 100 SC Meter Backstroke

1 Dwan, Timothy			64 Unattached					2:36.17
1:15.57	1:20.60							

Men 60-64 200 SC Meter Backstroke

1 Fitzgerald, Tom			64 Unattached					4:51.44
1:10.54	1:12.92	1:15.84	1:12.14					
2 Dwan, Timothy			64 Unattached					5:41.75
1:19.07	1:27.57	1:29.32	1:25.79					

Men 60-64 50 SC Meter Breaststroke

1 Niu, Tyanfaun			60 Unattached					45.17
2 Kilroy, Thomas			63 Unattached					47.30

Men 60-64 100 SC Meter Breaststroke

1 Kilroy, Thomas			63 Unattached					1:47.69
51.10	56.59							
1 Niu, Tyanfaun			60 Unattached					1:47.69
49.34	58.35							

Men 60-64 200 SC Meter Breaststroke

1 Niu, Tyanfaun			60 Unattached					3:59.00
51.02	59.42	1:03.61	1:04.95					

Men 60-64 50 SC Meter Butterfly

1 Kilroy, Thomas			63 Unattached					44.85
2 Dwan, Timothy			64 Unattached					1:01.99

Men 60-64 100 SC Meter IM

1 Healy, Martin			61 Unattached					1:36.95
45.93	51.02							

Men 60-64 200 SC Meter IM

1 Fitzgerald, Tom			64 Unattached					4:44.42
1:03.09	1:12.20	1:27.51	1:01.62					
--- Dwan, Timothy			64 Unattached					DQ
56.63	1:23.78	1:43.37	59.63					

Men 65-69 50 SC Meter Freestyle

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

44.70	50.62				
2	Foley, Walter		74	Niagara Masters-NI	1:43.25
48.14	55.11				
3	Konitz, Clifford		70	Metro Masters-MR	1:58.87
52.89	1:05.98				

Men 70-74 200 SC Meter Freestyle

1	Ellis, Richard		73	Unattached	3:47.75
53.78	59.12	1:00.13	54.72		
2	Konitz, Clifford		70	Metro Masters-MR	4:20.71
56.15	1:08.07	1:09.70	1:06.79		

Men 70-74 400 SC Meter Freestyle

1	Konitz, Clifford		70	Metro Masters-MR	9:10.26
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Men 70-74 800 SC Meter Freestyle

1	Ellis, Richard		73	Unattached	18:28.19		
1:05.99	1:12.03	1:11.55	1:11.36	1:15.22	1:11.71	1:11.57	1:10.33
1:08.73	1:08.74	1:06.57	1:10.30	1:11.62	1:06.85	1:05.10	1:00.52

Men 70-74 1500 SC Meter Freestyle

1	Konitz, Clifford		70	Metro Masters-MR	34:53.13		
1:00.14	1:05.45	1:06.62	1:07.86	1:06.78	1:09.05	1:09.30	1:09.06
1:09.52	1:10.65	1:10.41	1:09.77	1:11.32	1:10.68	1:10.16	1:10.66
1:11.84	1:10.16	1:10.99	1:10.77	1:10.45	1:11.95	1:11.73	1:12.21
1:12.00	1:12.25	1:11.34	1:12.82	1:10.53	1:06.66		

Men 70-74 50 SC Meter Backstroke

1	Swanson, Norman		71	Adirondack District Masters Sw-AD	52.08
2	Ellis, Richard		73	Unattached	53.22

Men 70-74 100 SC Meter Backstroke

1	Ellis, Richard		73	Unattached	1:56.50
58.07	58.43				
2	Konitz, Clifford		70	Metro Masters-MR	2:19.70
1:04.68	1:15.02				

Men 70-74 200 SC Meter Backstroke

1	Ellis, Richard		73	Unattached	5:58.46
1:28.10	1:40.60	1:32.60	1:17.16		

Men 70-74 50 SC Meter Breaststroke

1	Swanson, Norman		71	Adirondack District Masters Sw-AD	50.91
2	Foley, Walter		74	Niagara Masters-NI	1:00.39

Men 70-74 100 SC Meter Breaststroke

1	Swanson, Norman		71	Adirondack District Masters Sw-AD	1:58.78
54.21	1:04.57				

Men 70-74 200 SC Meter Breaststroke

1	Swanson, Norman		71	Adirondack District Masters Sw-AD	4:23.06
58.47	1:06.75	1:09.86	1:07.98		

Men 70-74 50 SC Meter Butterfly

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

1 Swanson, Norman	71 Adirondack District Masters Sw-AD	54.29
2 Ellis, Richard	73 Unattached	1:03.84
3 Simpson, Pickett	70 Adirondack District Masters Sw-AD	1:17.35

Men 70-74 100 SC Meter IM

1 Swanson, Norman	71 Adirondack District Masters Sw-AD	1:58.45
54.85 1:03.60		
2 Foley, Walter	74 Niagara Masters-NI	2:20.48
1:06.13 1:14.35		
3 Simpson, Pickett	70 Adirondack District Masters Sw-AD	2:39.38
1:18.91 1:20.47		

Men 70-74 200 SC Meter IM

1 Simpson, Pickett	70 Adirondack District Masters Sw-AD	5:40.14
1:19.93 1:36.87 1:35.68 1:07.66		

Men 75-79 50 SC Meter Freestyle

1 Pitts, James	75 Florida Mavericks Maasters-FL	36.29
2 Lockhart, Merton	75 Unattached	53.18
--- Sheridan, John	79 Unattached	DQ

Men 75-79 100 SC Meter Freestyle

1 Pitts, James	75 Florida Mavericks Maasters-FL	1:24.11
40.46 43.65		
2 Lockhart, Merton	75 Unattached	2:03.89
59.12 1:04.77		
3 Tebbens, Arthur	76 Unattached	2:05.74
1:00.84 1:04.90		

Men 75-79 200 SC Meter Freestyle

1 Pitts, James	75 Florida Mavericks Maasters-FL	3:22.76
46.44 53.07 53.46 49.79		
--- Tebbens, Arthur	76 Unattached	DQ

Men 75-79 400 SC Meter Freestyle

1 Pitts, James	75 Florida Mavericks Maasters-FL	7:16.78
46.73 55.23 57.51 57.67 58.29 56.87 54.36 50.12		
2 Tebbens, Arthur	76 Unattached	9:20.50
1:04.26 1:08.07 1:10.31 1:12.07 1:11.84 1:10.24 1:12.60 1:11.11		

Men 75-79 800 SC Meter Freestyle

1 Tebbens, Arthur	76 Unattached	19:12.14
1:03.10	1:11.88 1:13.73 1:13.84	
1:14.48 1:12.89	1:13.91 1:11.78 1:13.77 1:11.37	

Men 75-79 1500 SC Meter Freestyle

1 Pitts, James	75 Florida Mavericks Maasters-FL	29:44.97
48.54 57.58 59.30 59.01 59.63 1:00.30 1:00.69 59.19		
1:00.68 1:00.94 1:01.45 1:00.39 59.84 1:00.74 1:00.98 1:01.38		
1:00.86 1:01.11 1:02.44 1:01.28 59.98 1:00.99 1:01.10 1:01.47		
1:00.44 1:00.21 58.49 57.97 55.92 52.07		

Men 75-79 50 SC Meter Butterfly

2005 Empire State Games - 7/30/05 to 7/31/05**Results**

2:09.55 2:21.21

Men 80-84 200 SC Meter Breaststroke

1	Radzivila, Raymond	82	Unattached	4:52.42
	1:05.81 1:16.19 1:16.12 1:14.30			
2	Charles, Jay	83	Metro Masters-MR	7:04.48
	1:33.21 1:50.25 1:51.96 1:49.06			
3	Mneil, Dan	82	Unattached	8:45.30
	2:12.77 2:24.88 2:10.14 1:57.51			

Men 80-84 50 SC Meter Butterfly

1	Charles, Jay	83	Metro Masters-MR	1:25.18
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Men 80-84 100 SC Meter Butterfly

---	Charles, Jay	83	Metro Masters-MR	DQ
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Men 80-84 200 SC Meter Butterfly

1	Charles, Jay	83	Metro Masters-MR	7:29.50
	1:39.40 1:54.97 2:00.57 1:54.56			

Men 80-84 100 SC Meter IM

1	Radzivila, Raymond	82	Unattached	2:16.18
	1:06.90 1:09.28			
2	Witkowski, Wolfgang	80	Unattached	2:46.17
	1:17.92 1:28.25			
3	Charles, Jay	83	Metro Masters-MR	2:48.96
	1:21.38 1:27.58			

Men 80-84 200 SC Meter IM

1	Mneil, Dan	82	Unattached	8:29.34
	2:34.21 1:37.19 2:30.47 1:47.47			
---	Charles, Jay	83	Metro Masters-MR	DQ

Men 80-84 400 SC Meter IM

1	Charles, Jay	83	Metro Masters-MR	13:30.30
	1:38.67 1:54.71 1:54.45 1:26.33 1:20.54			

(Men 80-84 400 SC Meter IM)

---	Mneil, Dan	82	Unattached	DQ
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