

**2011**  
**Crazy 11 Swim**  
**10 mile or 11 mile swim**

Dear Masters and USA Swimmers,

Last year we organized the 2010 Crazy 10 mile swim. It was quite a successful event. And as tradition goes, it's now 2011, so you can join in the 11 mile swimming marathon. You can actually choose to swim 10 or 11 miles.

The event will take place on Sunday Dec 4<sup>th</sup> (Snow Date Sunday Dec 11<sup>th</sup>) in the Aquatics Center of Ravena High School. We will fill the event in the order in which we will receive the entry form with payment.

Swimming will start at 8 a.m. At 7:40 a.m. you will be required to attend the rule/safety meeting (if we have a higher number of participants than can be accommodated in the first heat, the second heat will start around 2 p.m.). Swimmers will be allowed to leave the pool only for bio break. Refreshment/drinks are to be taken while standing in the water (shallow end of the pool). You do not have to swim continuously; you can develop your own strategy to reach the target. However the swim has to be done in 1000 yard increments/sets. The event will be stopped after nine hours. No paddles, pull buoys, no kick boards and no fins are allowed.

Every swimmer will receive an official certificate with achieved mileage and time regardless if he/she decides to finish the event prior achieving 10/11 miles or does not complete the event within 9 hour limit. Every Swimmer who swims 10 or 11 miles, will receive an event trophy.

You will be responsible for counting and filling in a sheet in 1000 yard increments; a simple random auditing procedure will be explained in the briefing prior to start.

Entry fee is \$75 is based on the need to cover a full day of pool rent and lifeguards as well as the awards. **Please make your checks payable to Ravena swim club and send them together with entry form to Martin Turecky, 148 Hasgate drive, Delmar, NY, 12054.** Please mail your entries on or before Nov 10<sup>th</sup>, 2011.

If there is lack of entries, we will be forced to cancel this event. To cover the cost of the event we will need a certain minimum of swimmers. Please return the form with payment ASAP to prevent this from happening; there will be no deck entries.

***Let's go for it!***  
**Entry Form**

Name:

Age:

Registration number:

Emergency contact:

Your target speed, please select one:

- A) 3000y/hour or more
- B) 2500 – 3000y/h
- C) 2000 – 2500 y/h

Your target distance, please select one:

- A) 10 miles
- B) 11miles

Phone number/ email address to let you know if you are entered or event is overbooked:

In the case the event is overbooked, please choose from following options (circle):

- A) I am interested to participate in the second event
- B) Discard my check
- C) Send me my check back (address, + please incl. stamp)